

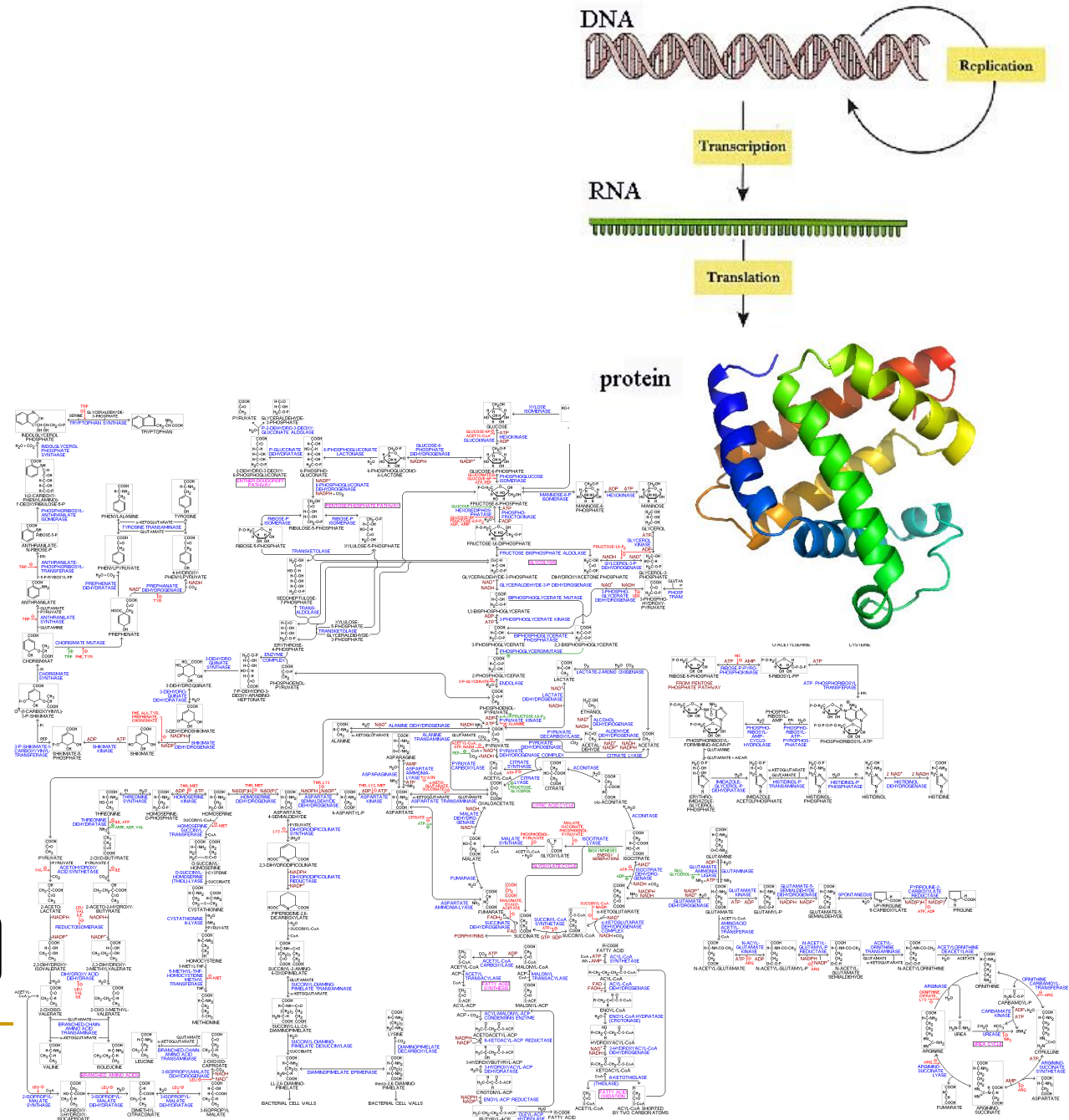
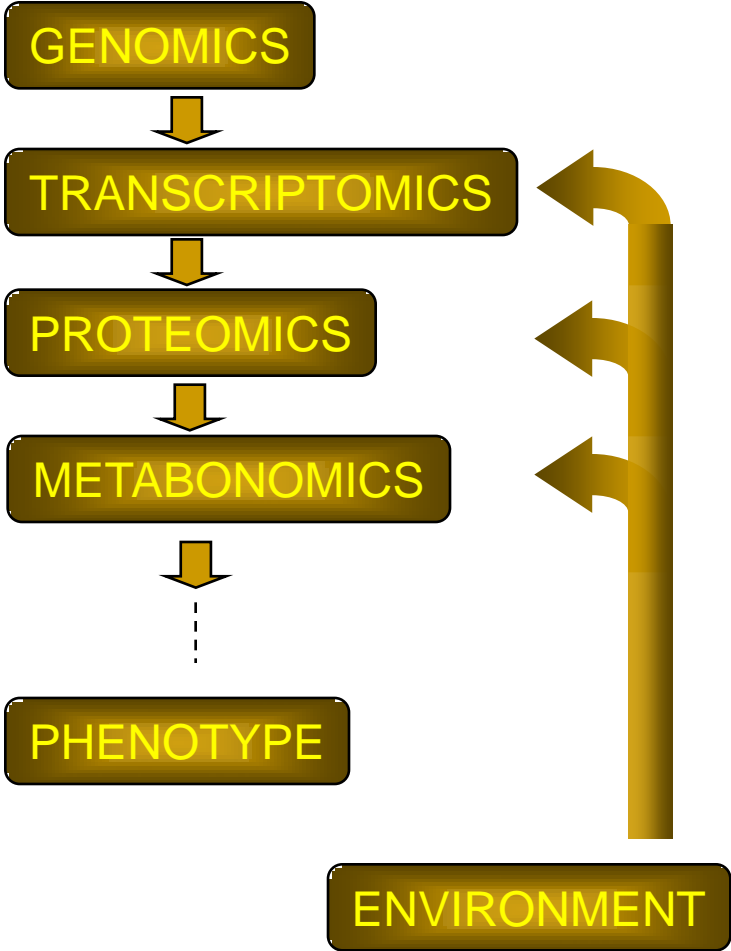
---

# Μεταβολομικη

---

**E. Mikros**  
**Faculty of Pharmacy**  
**University of Athens**

# -OMICS



---

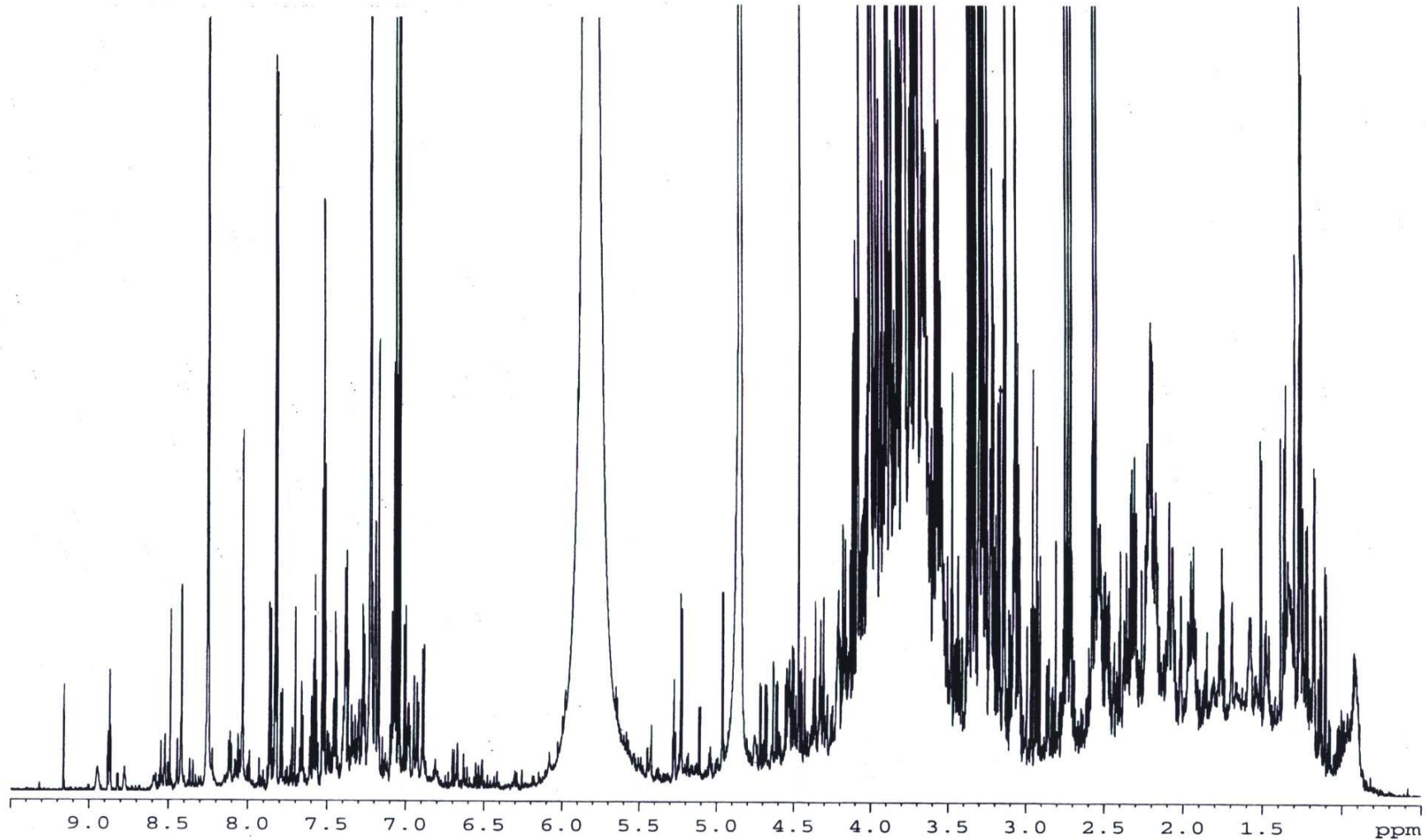
# Metabonomics

*Quantitative measurement of multivariate metabolic responses of multicellular systems to pathophysiological stimuli or genetic modification*

*J.K. Nicholson 1999*

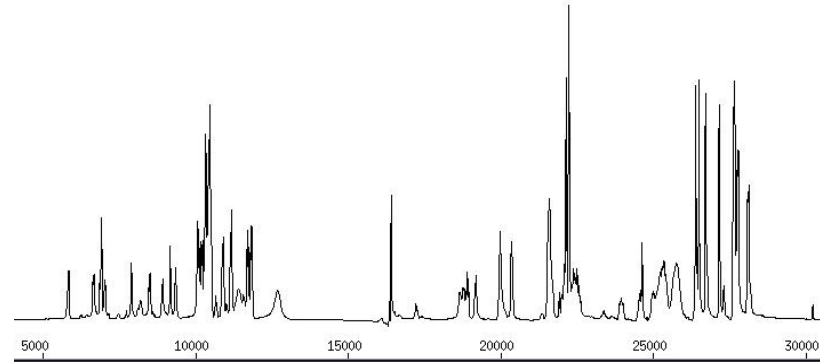
---

# NMR and complex mixtures

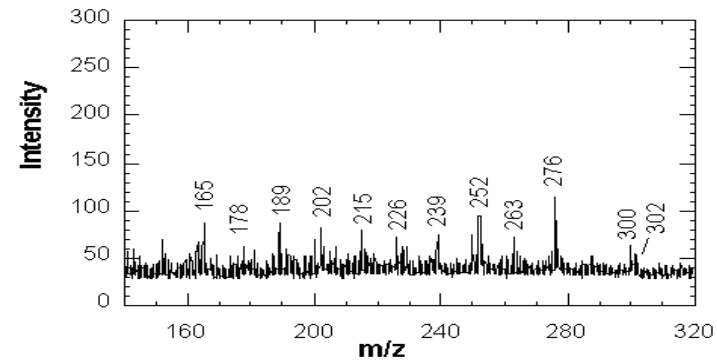


**$^1\text{H}$  NMR Spectrum of Untreated Human Urine**

# Analytical Approaches



NMR



MS

## CHEMOMETRIC ANALYSIS

(pattern recognition for classification, diagnostics & biomarker analysis)

---

# Metabolites

- Any organic molecule detectable in the body with a MW < 1000 Da
  - Includes peptides, oligonucleotides, sugars, nucleosides, organic acids, ketones, aldehydes, amines, amino acids, lipids, steroids, alkaloids and drugs (xenobiotics)
  - Includes mammalian & microbial products
  - Concentration > 1  $\mu$ M
-

---

# What's the Difference Between Metabonomics and Traditional Clinical Chemistry?

## Throughput

*(more metabolites, greater accuracy,  
higher speed)*

---

---

# Advantages

- Measure multiple (10's to 100's) of metabolites at once – no separation!!
  - Allows metabolic profiles or “fingerprints” to be generated
  - Mostly automated, relatively little sample preparation or derivatization
  - Can be quantitative (esp. NMR)
  - Analysis & results in ~15 min
-



---

# *NMR versus MS*

## NMR

- Quantitative, fast
- Requires no work up or separation
- Allows ID of 300+ cmpds at once
- Intact tissues
- Robustness
- Not sensitive
- Needs MS or 2D NMR for positive ID

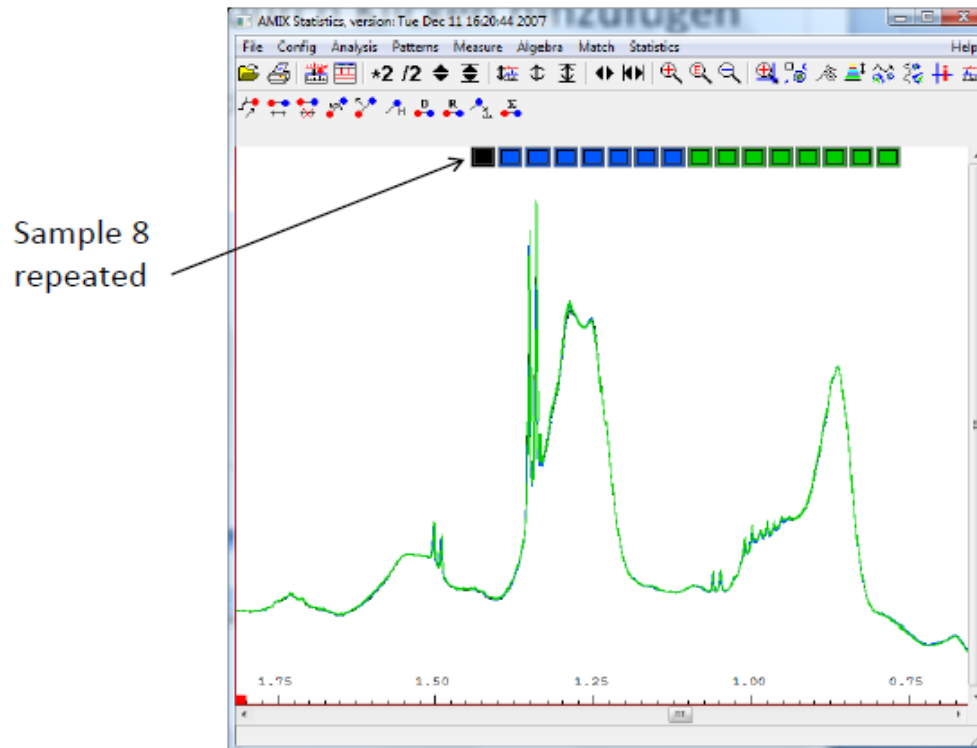
## MS

- Very fast
  - Very sensitive
  - Allows analysis or ID of 3000+ cmpds at once
  - Not quantitative
  - Ion suppression
  - Requires work-up
  - Needs NMR for ID
  - Peak alignment of LC-MS
-

# NMR reproducibility

## Plasma NMR

2 sample sets split into 2 aliquots each  
1 measured in Germany, 1 in Holland



Bruker  
LUMC

Leiden  
University  
Medical  
Center

---

# *NMR reproducibility*

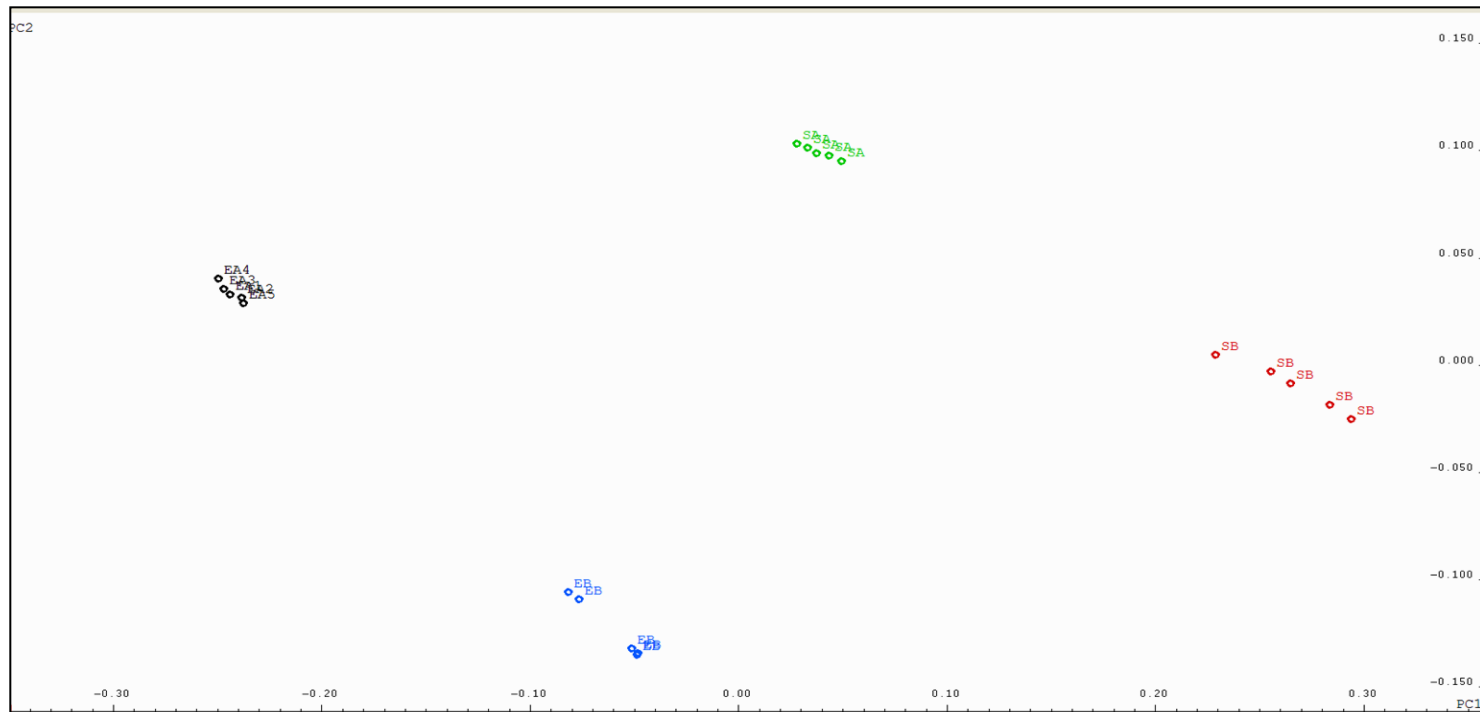
## Urine samples Athens

- Buffer A (PBS pH=7.4): original from Bruker with  $\text{NaN}_3$
  - Buffer B (PBS pH=7.4): local preparation
  
  - Urine:
    - Sample 1-5 person E buffer A 1EA – 5EA
    - Sample 1-5 person E buffer B 1EB – 5EB
    - Sample 1-5 person S buffer A 1SA – 5SA
    - Sample 1-5 person S buffer B 1SB – 5SB
-

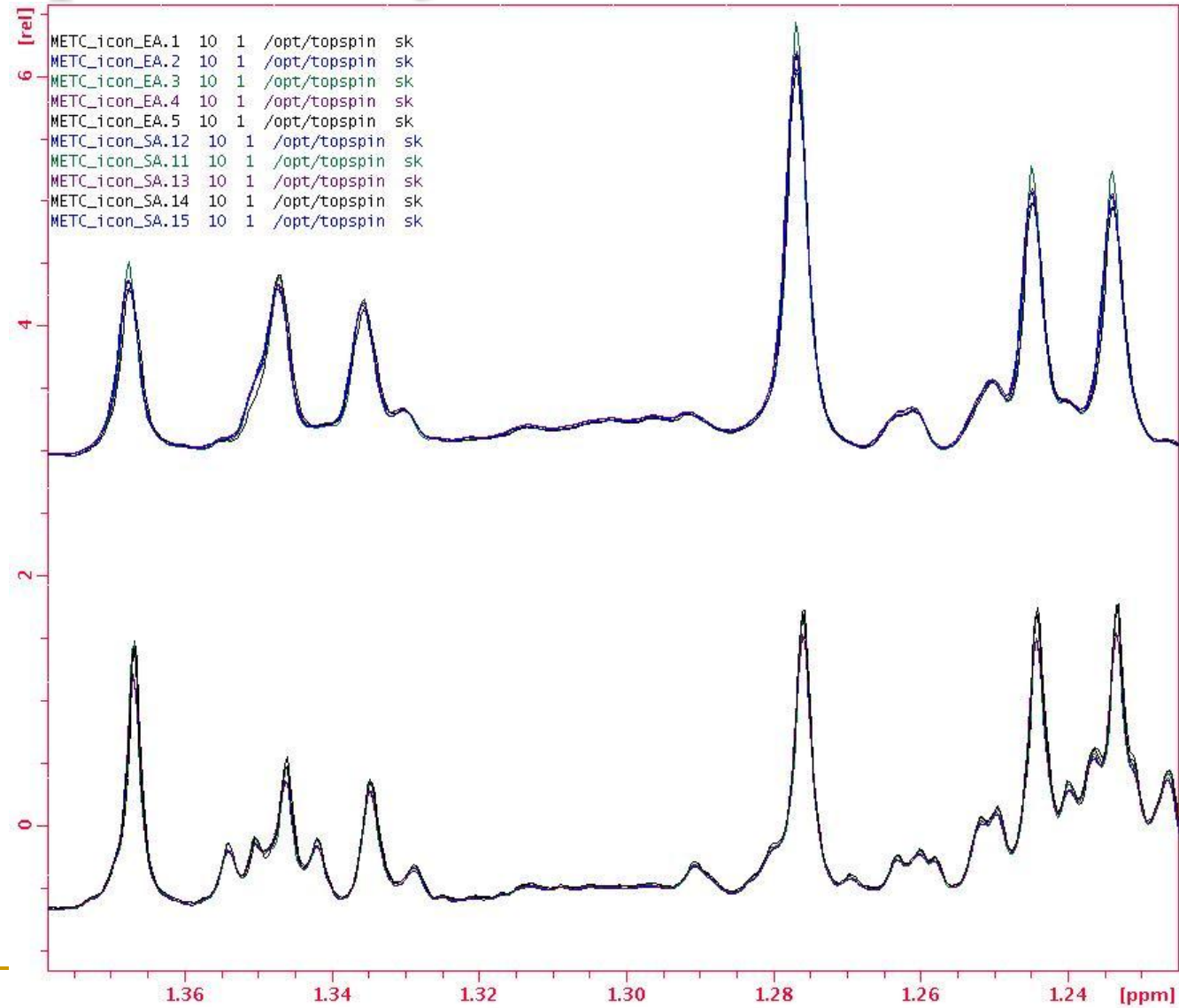
# NMR reproducibility

Spectral data scaled on TSP

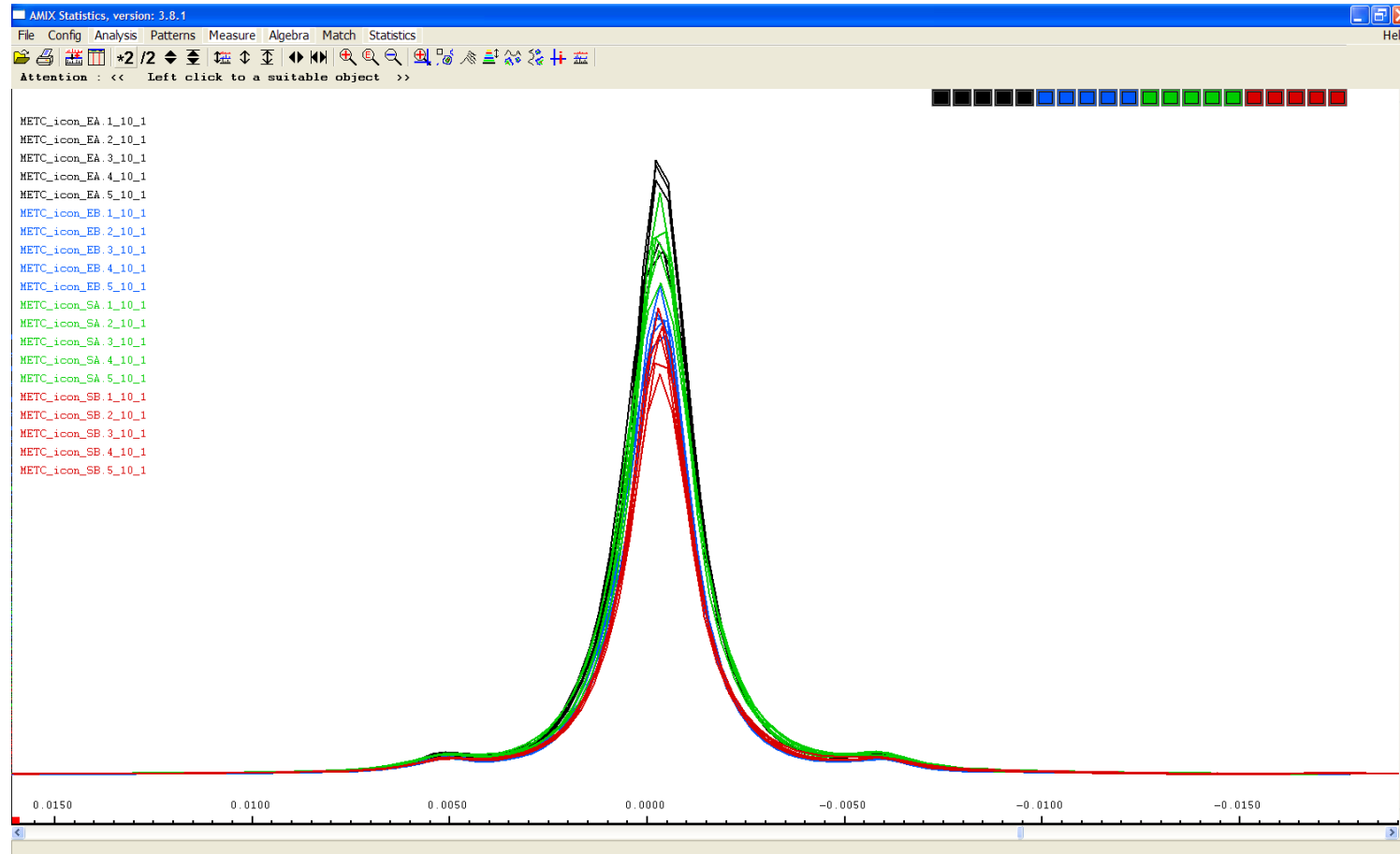
in-group variance mainly caused by variation urine/buffer mixing procedure



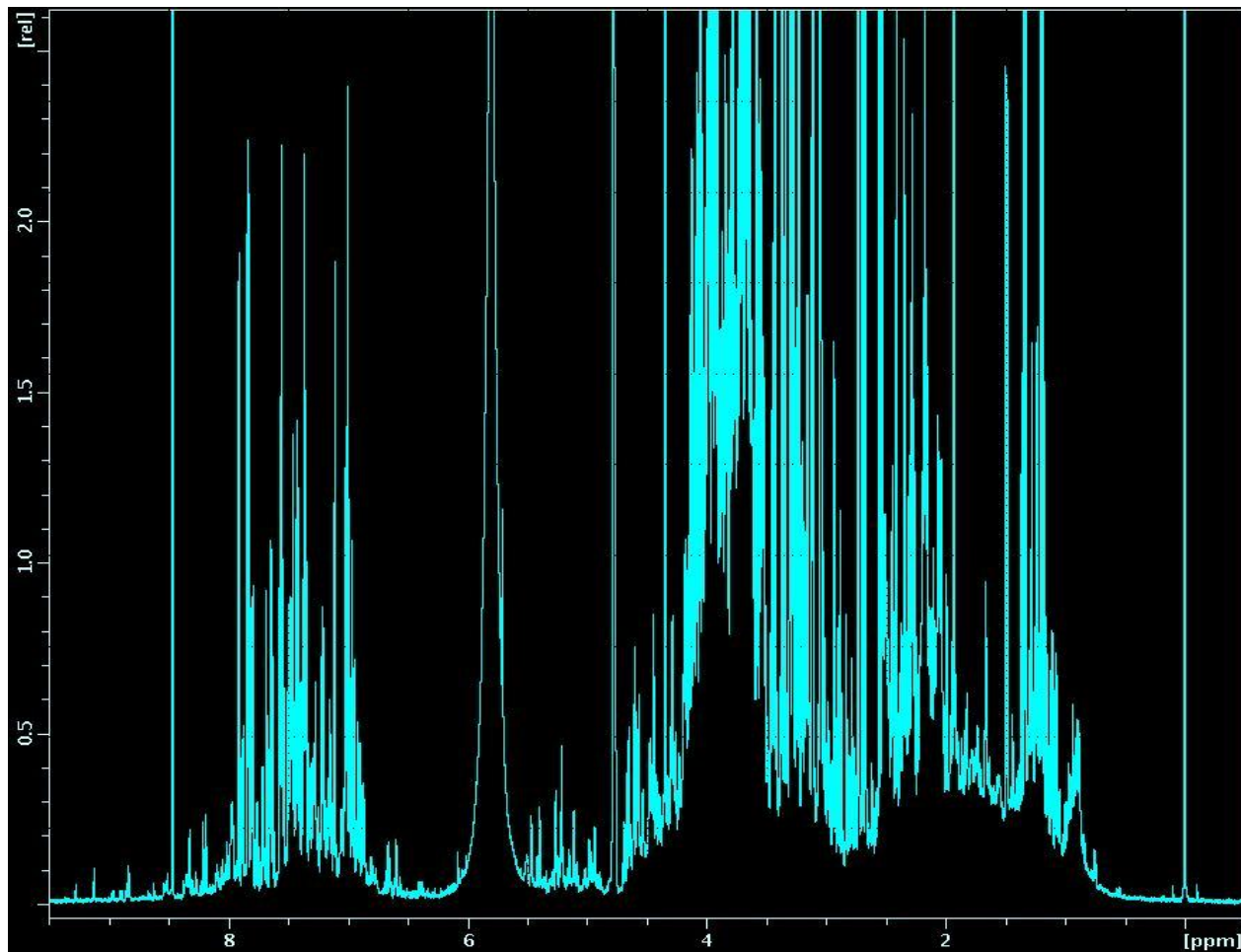
# NMR reproducibility



# NMR reproducibility



## Resulting 1D NOESY spectra of urine



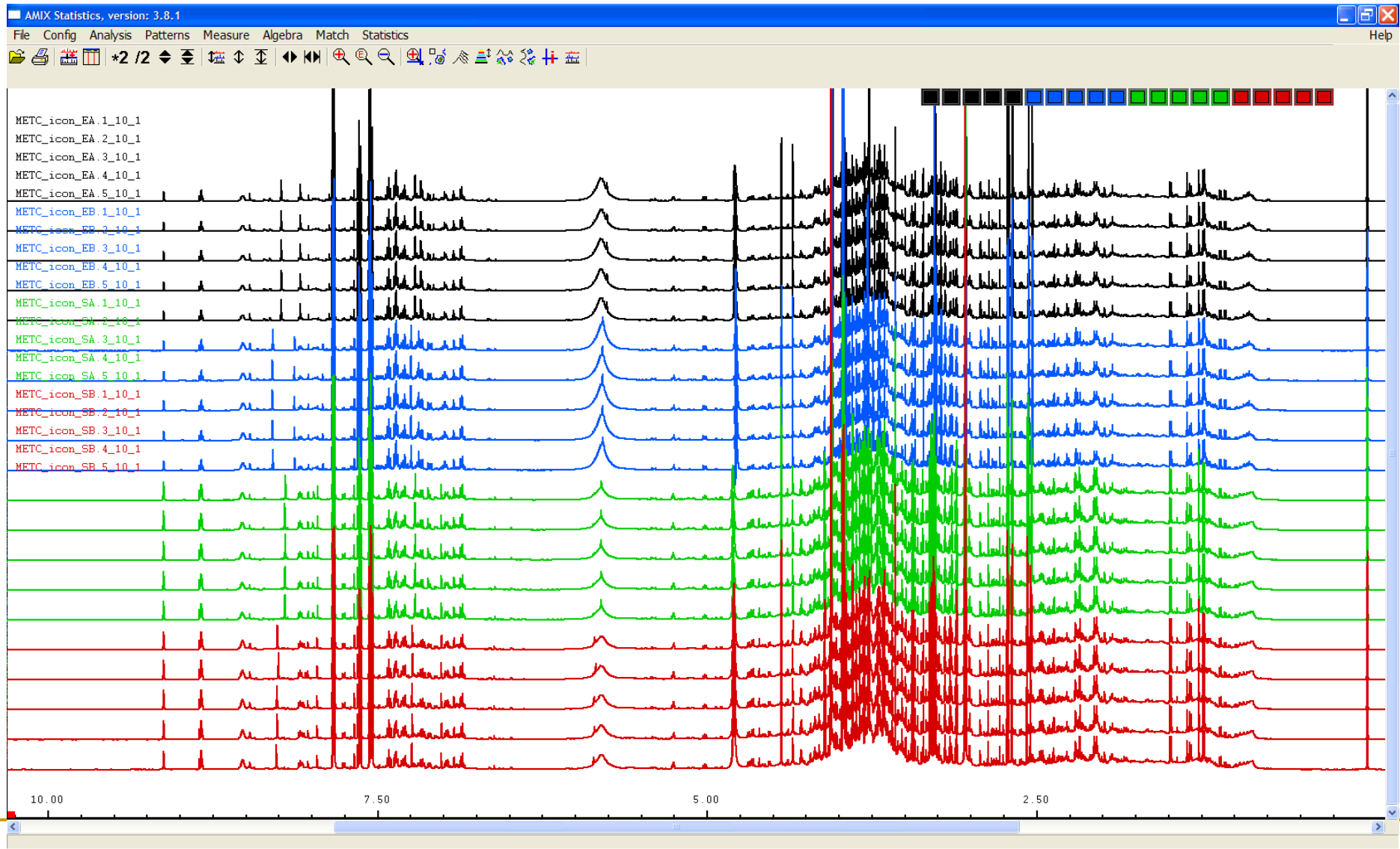
600 MHz 1D NOESY spectrum of urine

Assignment process  
Literature and  
web databases (HMDB)

Urine spectra:  
Highly complex  
Contains tens or hundreds of  
metabolites

Assignment cannot be  
unambiguous without  
additional tools

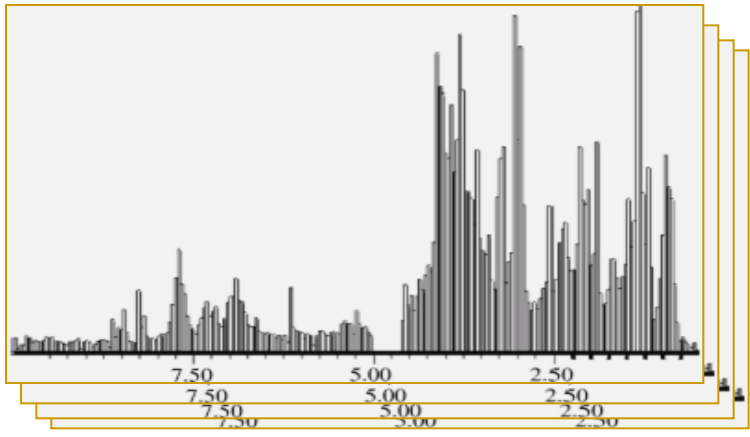
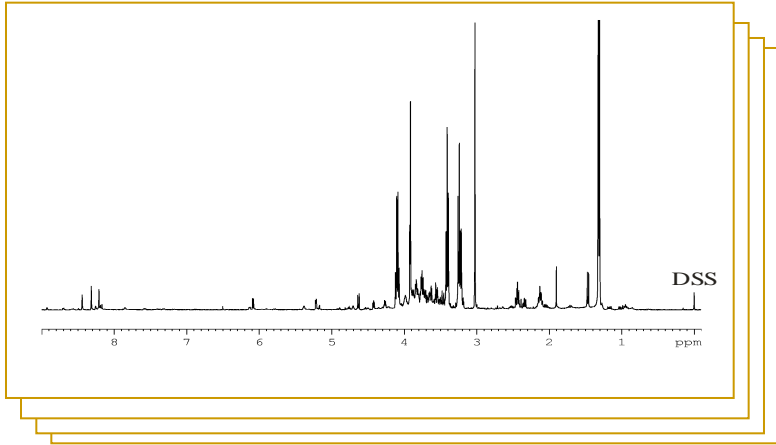
# Need for chemometrics



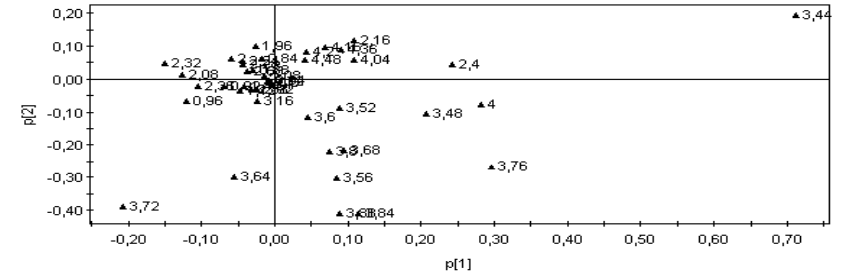


# Standard Procedure

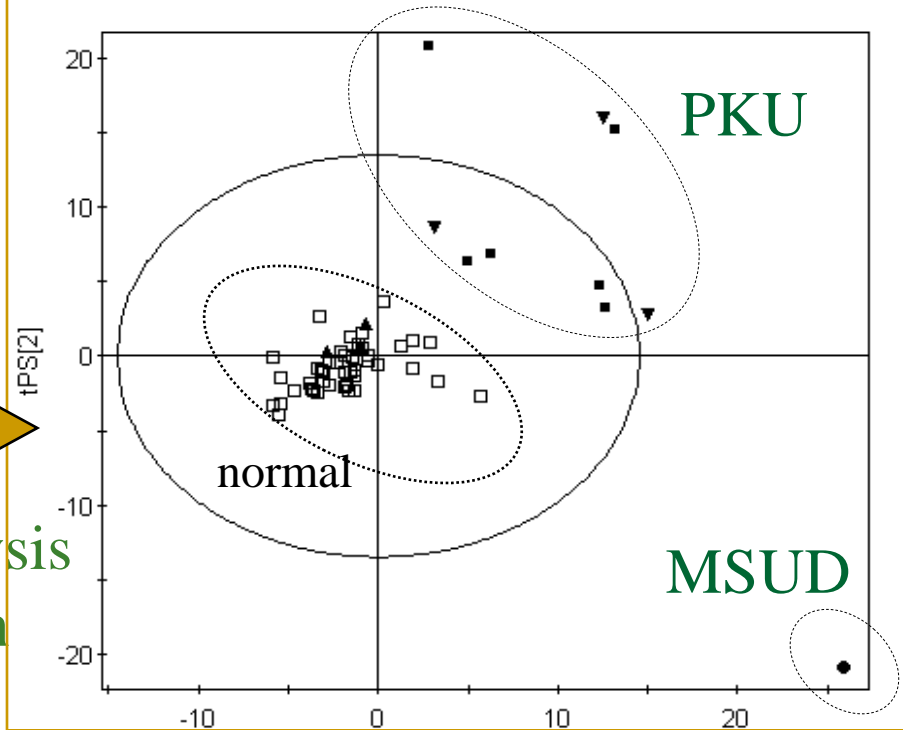
Measure the metabolite profile



statistical analysis  
classification



gain mechanistic insight



Application of NMR spectroscopy combined with principal component analysis in detecting inborn errors of metabolism using 1000 spots. A metabonomic approach

M.A. Constantinou, E. Papakonstantinou, M. Spraul, K. Shulpis, M.A. Koupparis, E. Mikros *Analytica Chimica Acta*, 511, 303-312, 2004

---

# Principal Component Analysis PCA

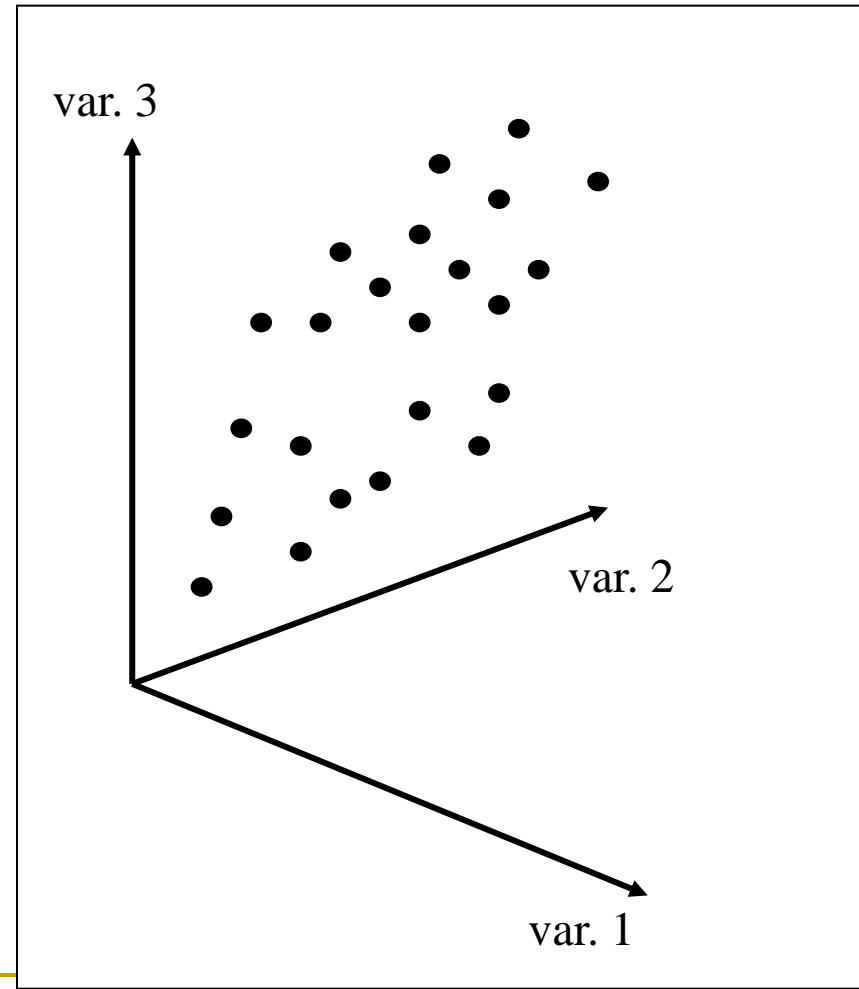
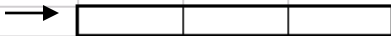
A multivariate statistical approach that facilitates the identification of differences or similarities between groups

---

# Data preparation

Data table  $\rightarrow$  variable space

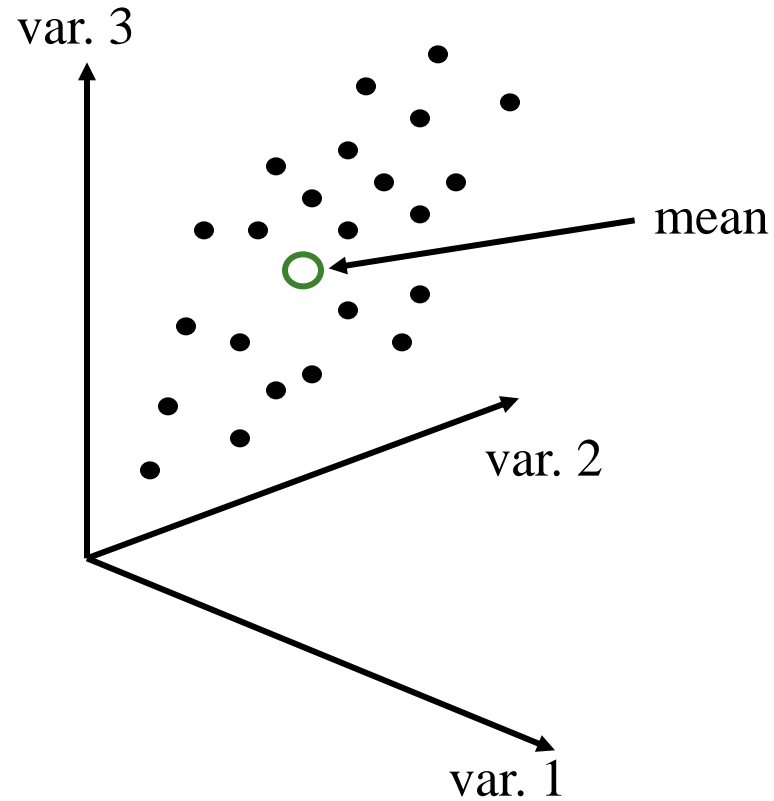
	var. 1	var. 2	var. 3
1			
2			
3			
4			
5			
6			
N			



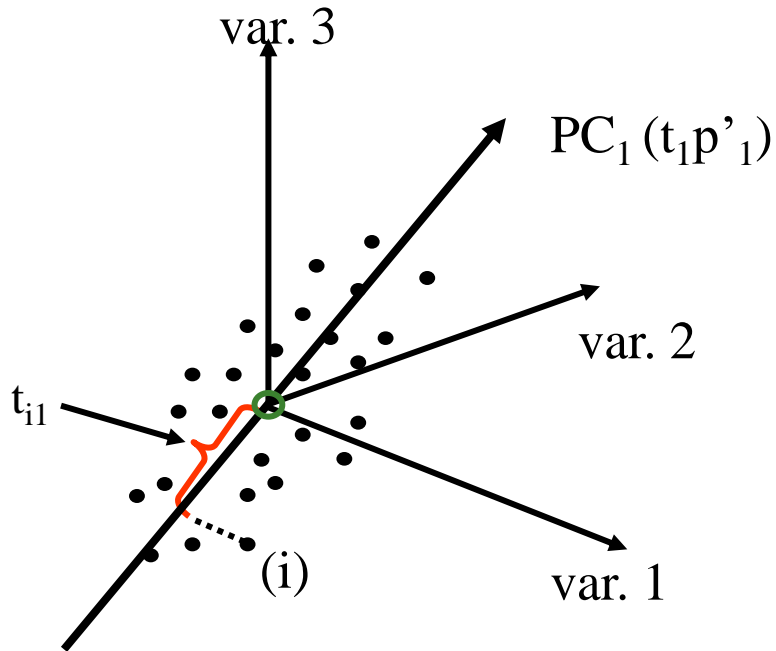
The whole table yields a swarm of points  
in variable space

# Pre-processing

- Centering – move centre of point swarm to the variable origin



# PCA theory – step by step



The first principal component ( $PC_1$ ) is set to describe the largest variation in the data, which is the same as the direction in which the points spread most in the variable space

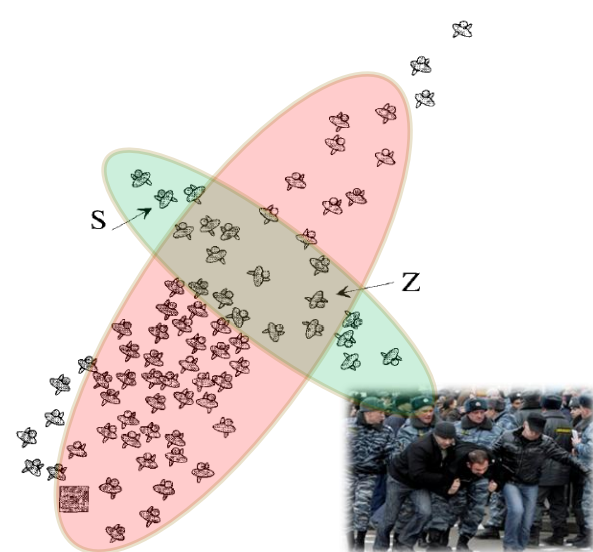
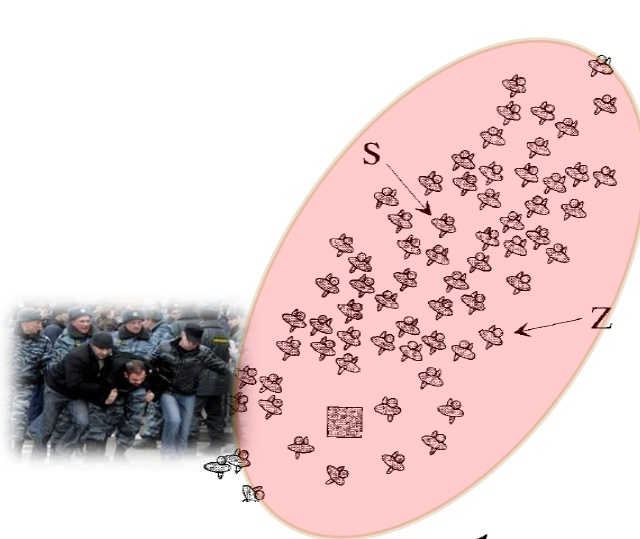
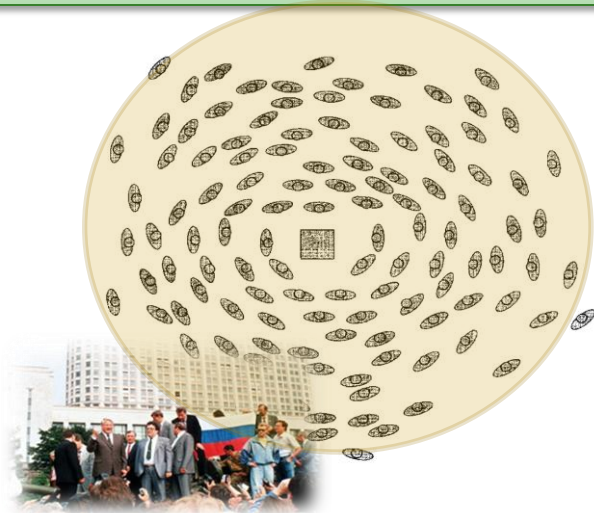
The Score value ( $t_{i1}$ ) for the point  $i$  is the distance from the projection of the point on the 1:st component to the origin.

$PC_1$  hence is the first latent variable in a new coordinate system that describes the variation in the data.

# Πολυ-μεταβλητή ανάλυση δεδομένων πολυ-γρήγορα – το παράδειγμα του Yeltsin

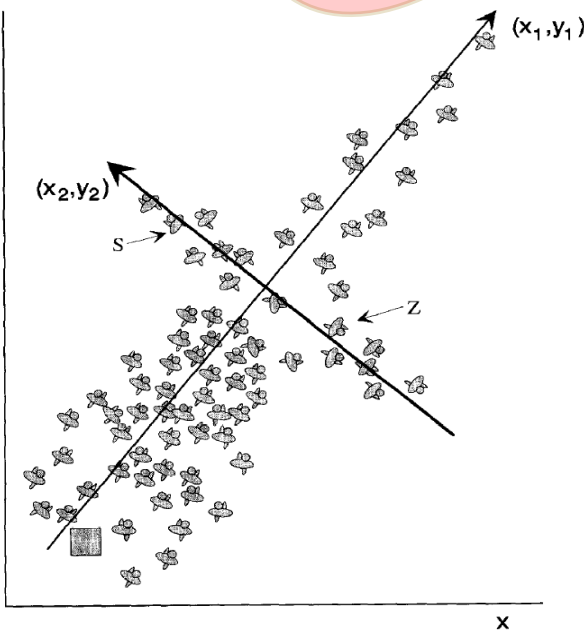
Introduction to multivariate methodology, an alternative way?

Olav H.J. Christie, Chemometrics and Intelligent Laboratory Systems 29 (1995) 1777188



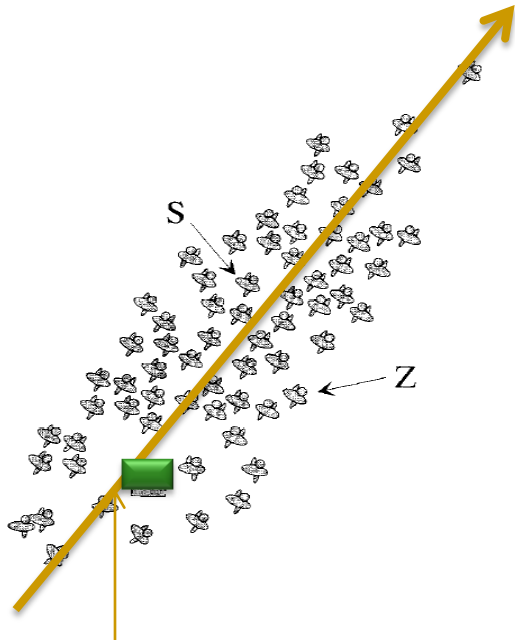
Εαν μια διαδικασία επηρεάζει ένα σύστημα δημιουργεί μια δομή στα δεδομένα και... Αντίστροφα

Η επέμβαση της αστυνομίας δημιουργήσε ροή στην κατεύθυνση των θεατών



π.χ. αν υπάρχει μια ασθένεια τότε δημιουργεί μια δομή δεδομένων στους μεταβολίτες

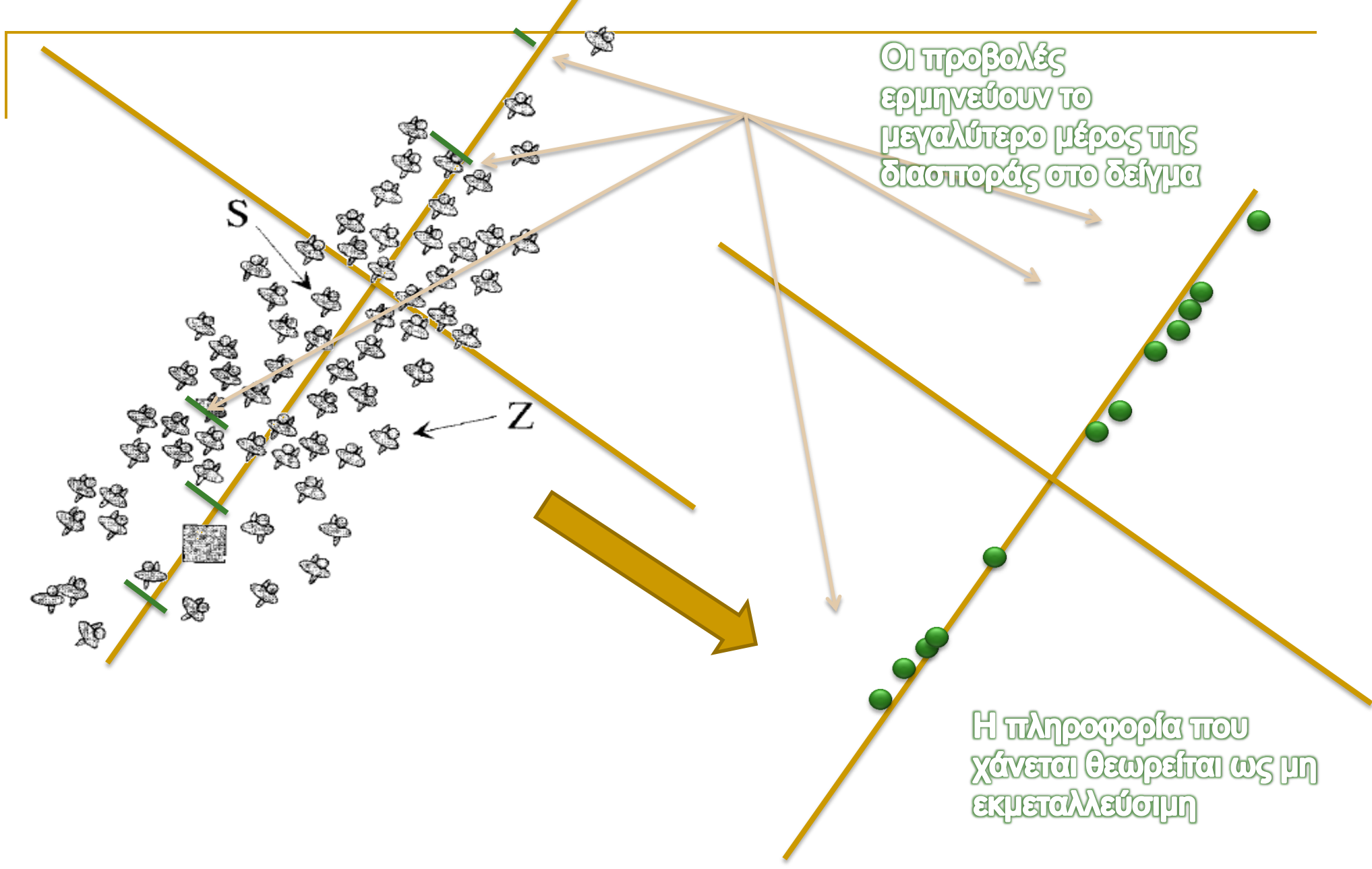
## Μας ενδιαφέρει η κύρια δομή στα δεδομένα



Οι διαδηλωτές  
απομακρύνονται από  
την εξέδρα



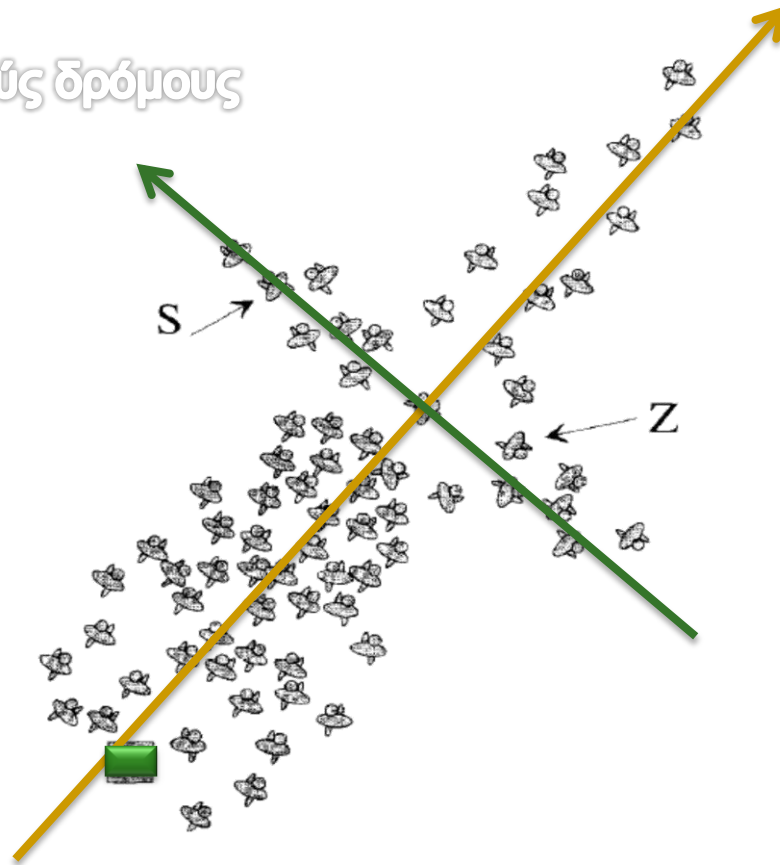
Η πληροφορία (variability)  
βρίσκεται προς αυτή την  
κατεύθυνση



**Αλλά τώρα είναι πολύ πιο εύκολη η ερμηνεία!!!**

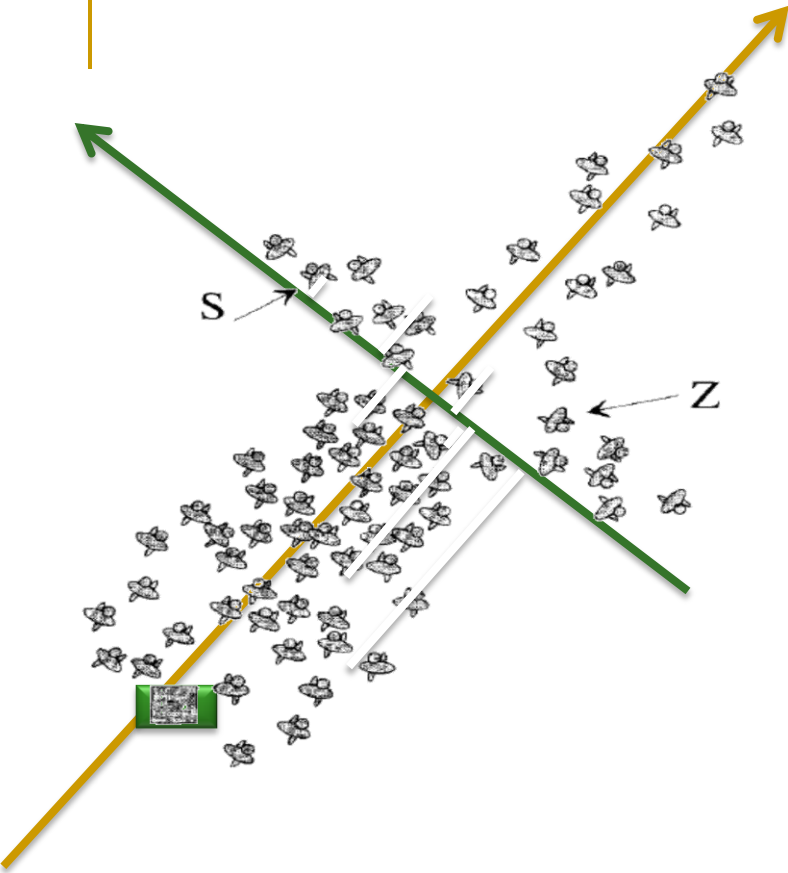


## Διασπορά σε γειτονικούς δρόμους

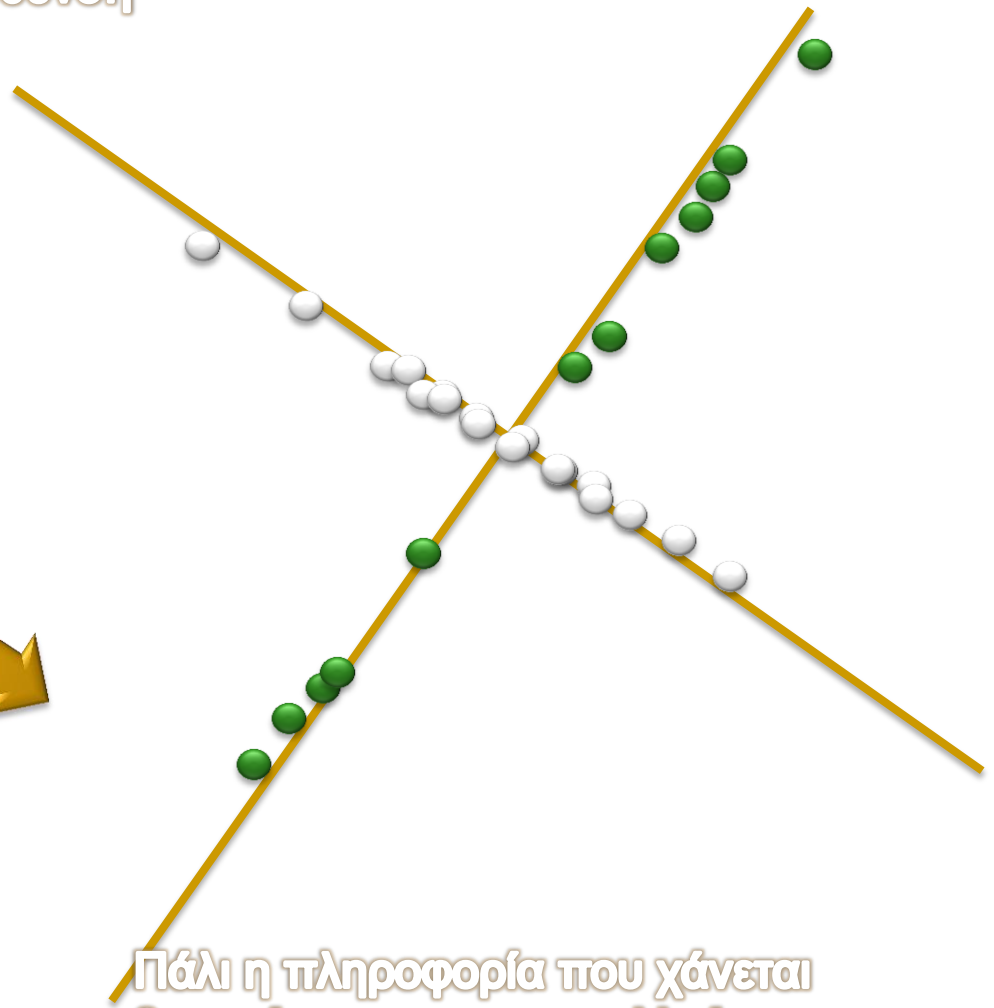
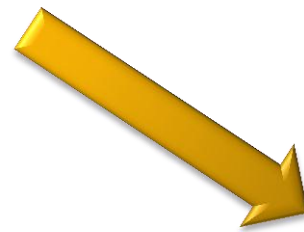


Η πληροφορία - διασπορά (variability) βρίσκεται τώρα και προς αυτή την **κατεύθυνση** που είναι ορθογώνια (ασυσχέτιστη) ως προς την πρώτη

Προβολή στον άξονα των Y: Ερμηνεύουν το δεύτερο μεγαλύτερο μέρος της διασποράς στο δείγμα που δεν συσχετίζεται με την πρώτη κατεύθυνση



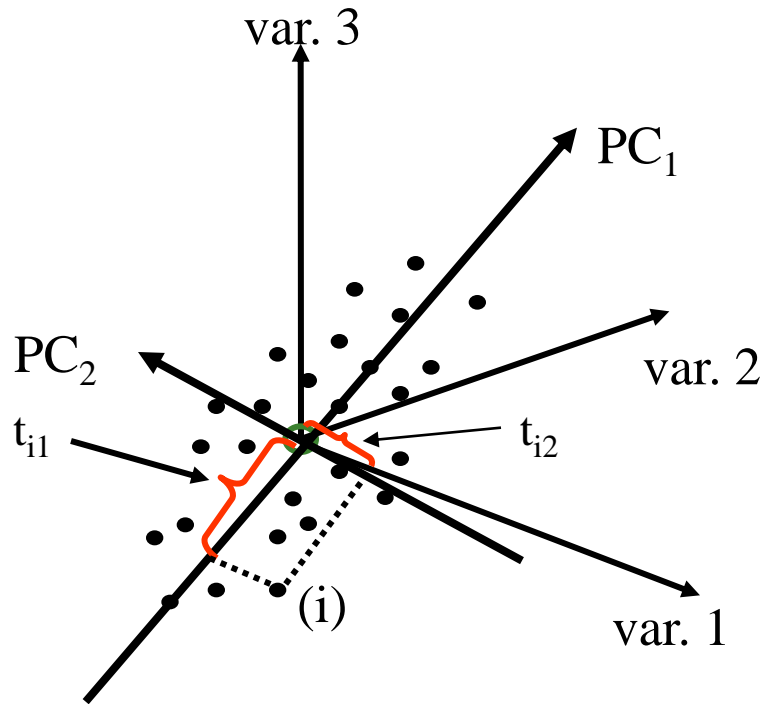
**Principal Component Analysis**  
(ανάλυση κυρίων συνιστωσών)



Πάλι η πληροφορία που χάνεται θεωρείται ως μη εκμεταλλεύσιμη (redundant)

# PCA theory – step by step

---

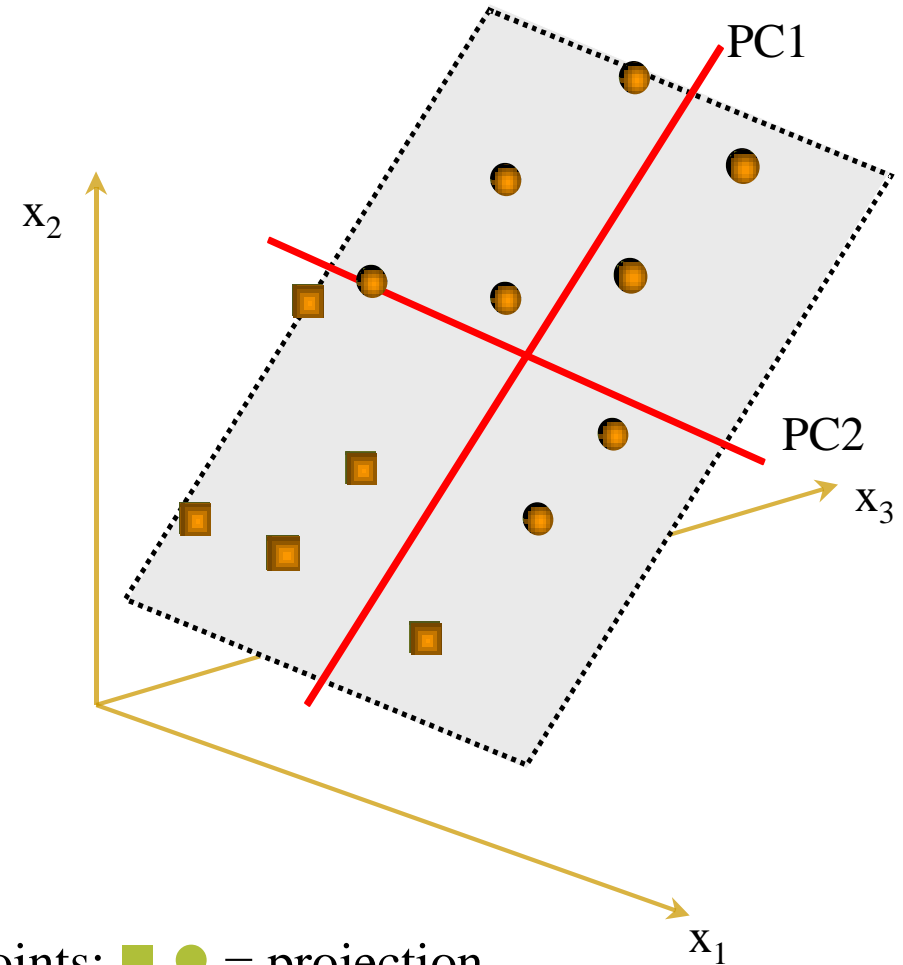


The second principal component ( $PC_2$ ) is set to describe the largest variation in the data, Perpendicular (orthogonal) to the 1:st component

---

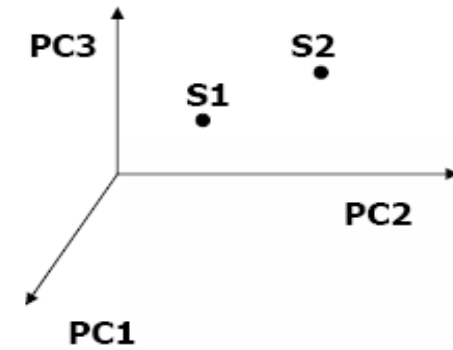
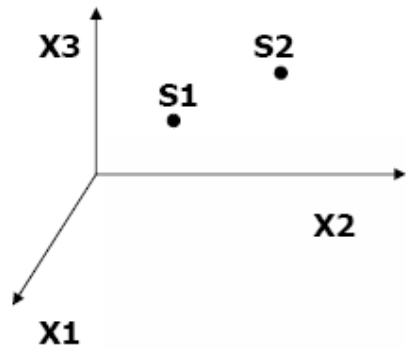
# PCA theory – step by step

- Two PCs make a plane (window) in the K-dimensional variable space. The points are projected down onto the plane which is lifted out and viewed as a two dimensional plot.
- This is the scores plot
  - similarities or differences between samples can now be seen.
- A corresponding loading plot describes the variables relationships
  - allows interpretation of the scores plot by showing which variables are responsible for similarities and differences between samples.



■, ● = data points; ■, ● = projection

# PCA

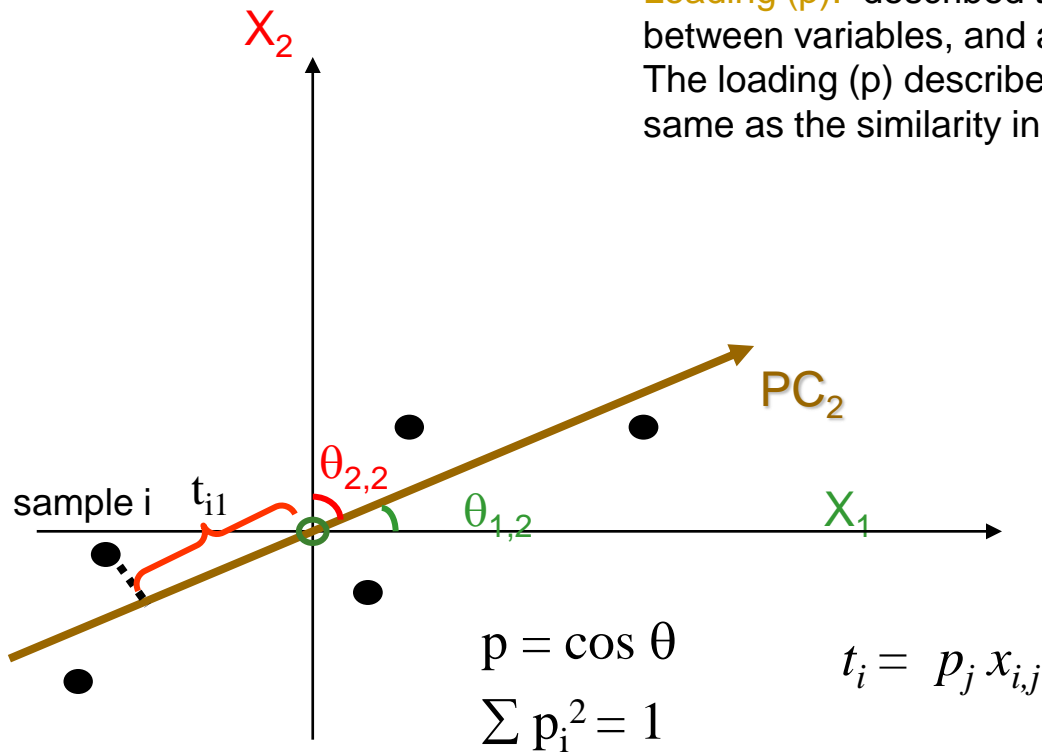


	X1	X2	X3
S1	a11	a12	a13
S2	a21	a22	a23

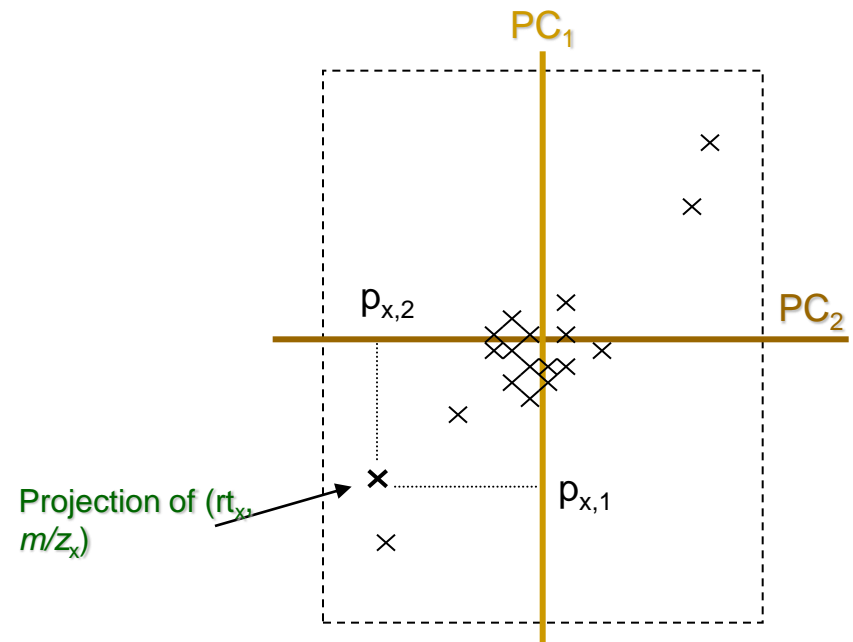
	PC1	PC2	PC3
S1	t11	t12	t13
S2	t21	t22	t23

# The Loadings Plots

**Loading (p):** described the variation in the variable direction i.e. similarity/ dissimilarity between variables, and also explains the variation in scores. The loading (p) describes the original variables importance for respective PC. This is the same as the similarity in direction between the original variable and the PC.

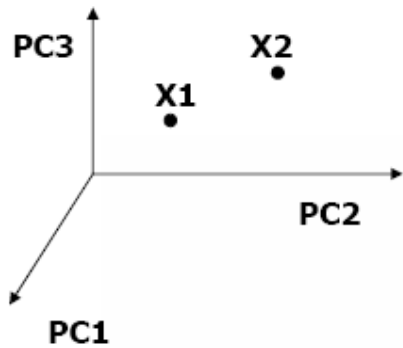


The **loading (p)** is described as the cosine of the angle between the original variable and the PC.

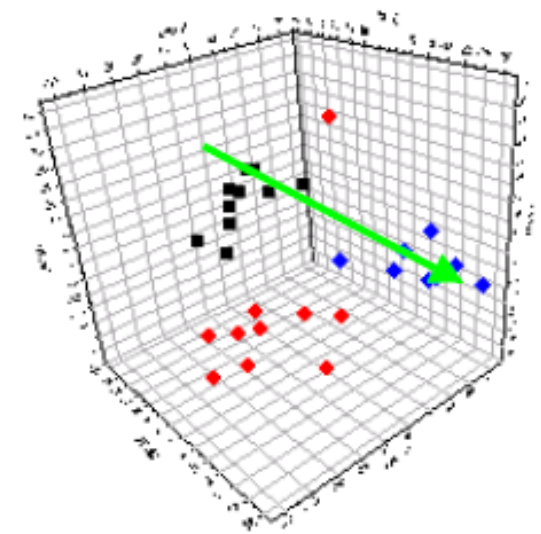
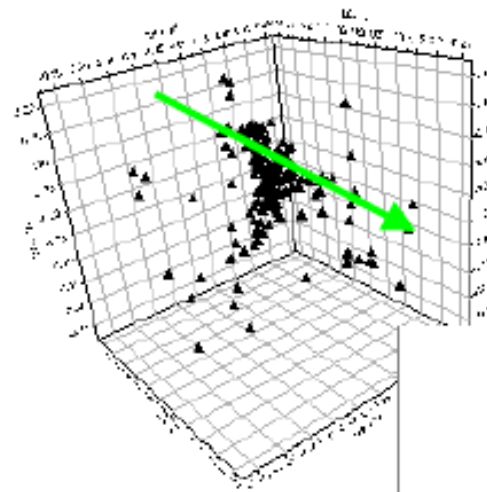


With  $p_{x,1} = \cos(\theta_{x,1})$  and  $p_{x,2} = \cos(\theta_{x,2})$   
 and  $\theta_{x,1}$  : angle between axe  $(rt_x, m/z_x)$  and PC1  
 and  $\theta_{x,2}$  : angle between axe  $(rt_x, m/z_x)$  and PC2

# The Loadings Plots

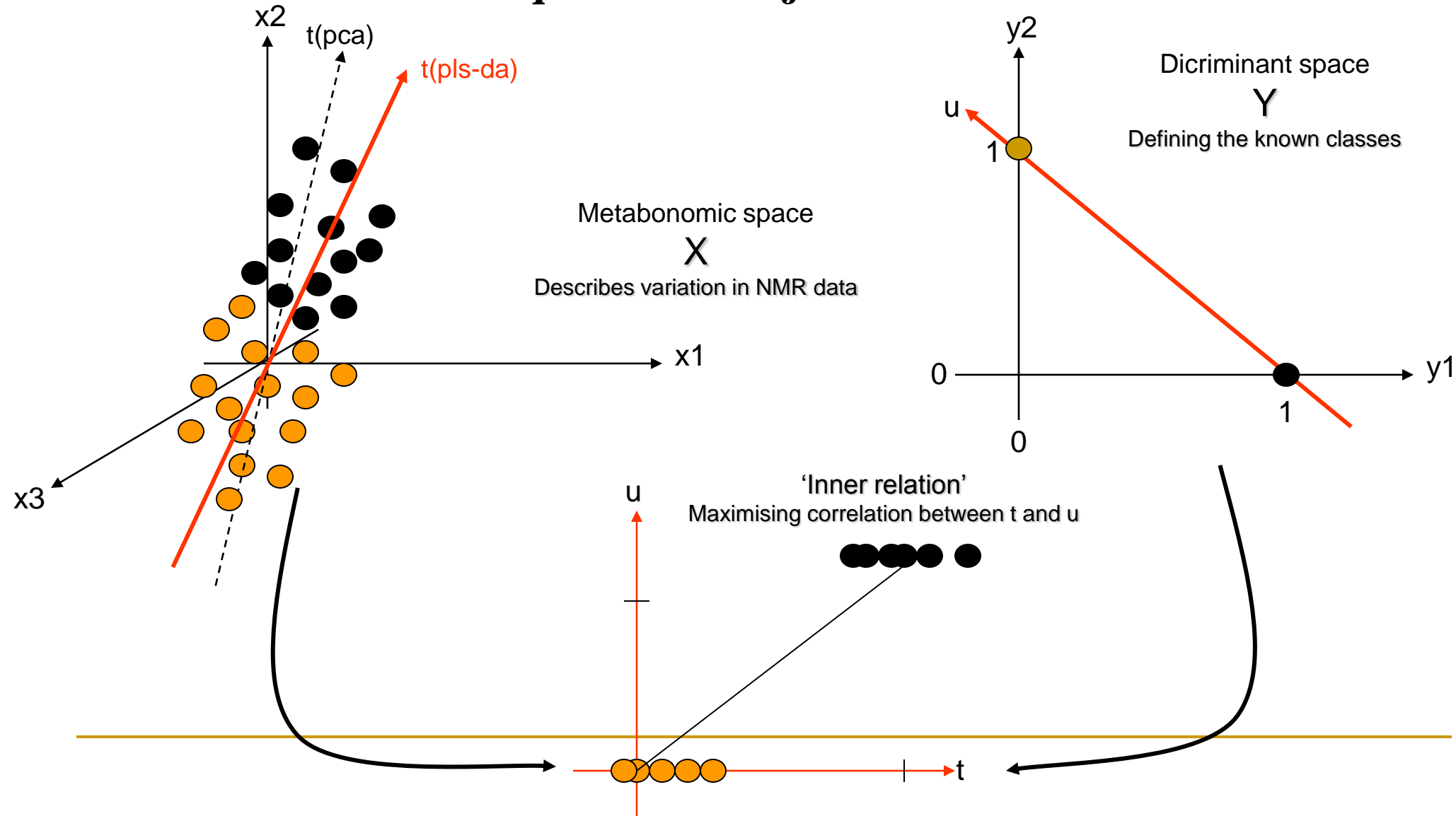


	PC1	PC2	PC3
X1	p11	p12	p13
X2	p21	p22	p23



# PLS-DA

Partial Least Squares or Projection to latent structure.





# PLS

## PLS Partial Least Squares ή Projections to Latent Structures

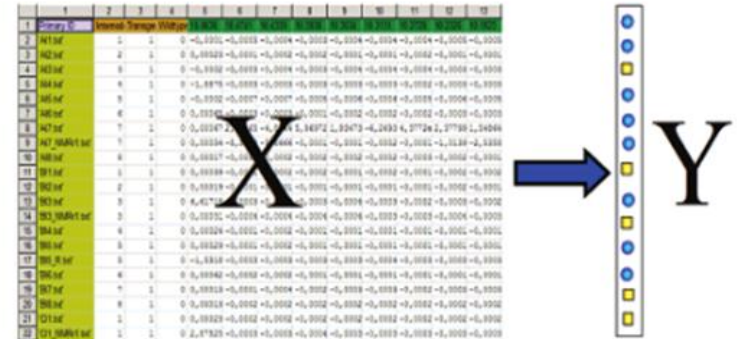
Παρόμοια αρχή με PCA

Χρησιμοποιούνται δύο πίνακες εισαγωγής δεδομένων: ένας  $X$  (όπως στο PCA) και ένας  $Y$  που περιέχει ποιοτικές μεταβλητές όπως π.χ.

βιολογική αππόκριση

Ο αλγόριθμος μεγιστοποιεί την συμμεταβολή μεταξύ των  $X$  και  $Y$ .

Εποπτευόμενη μέθοδος → π.χ. ο χρήστης αποδίδει σε ομάδες τις παρατηρήσεις → κατασκευή μοντέλου → χρήση ως μοντέλου πρόβλεψης

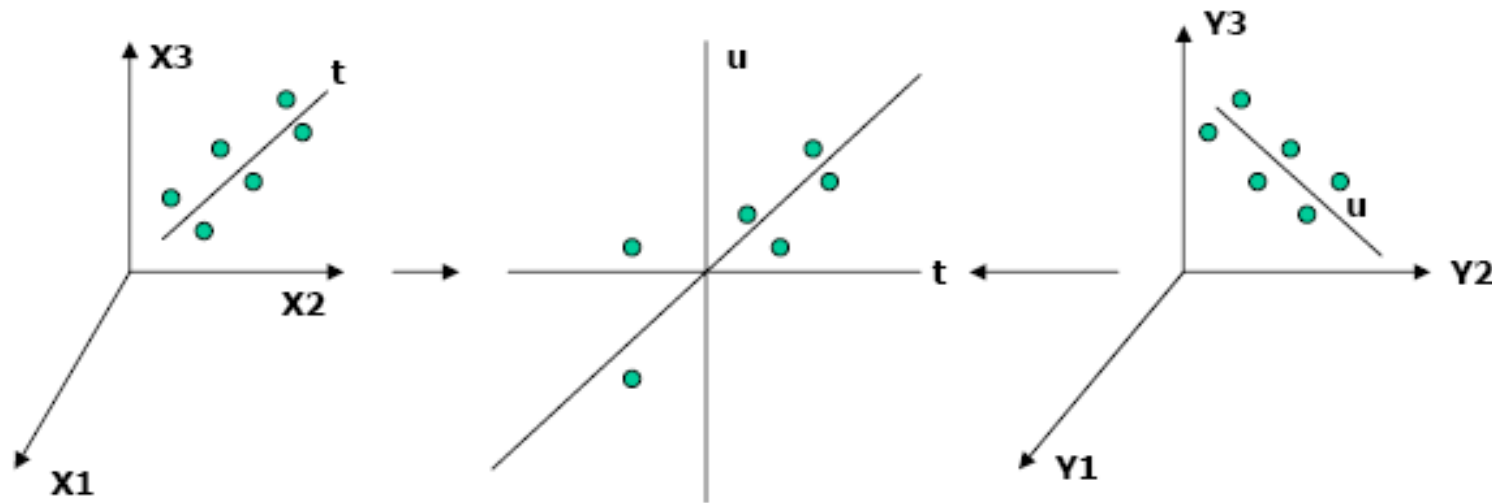


Class information can also be used to construct an additional matrix, hereinafter called the  $Y$  matrix, consisting of a discrete 'dummy' variable where [1]/[0] indicate the class belonging.

# PLS-DA

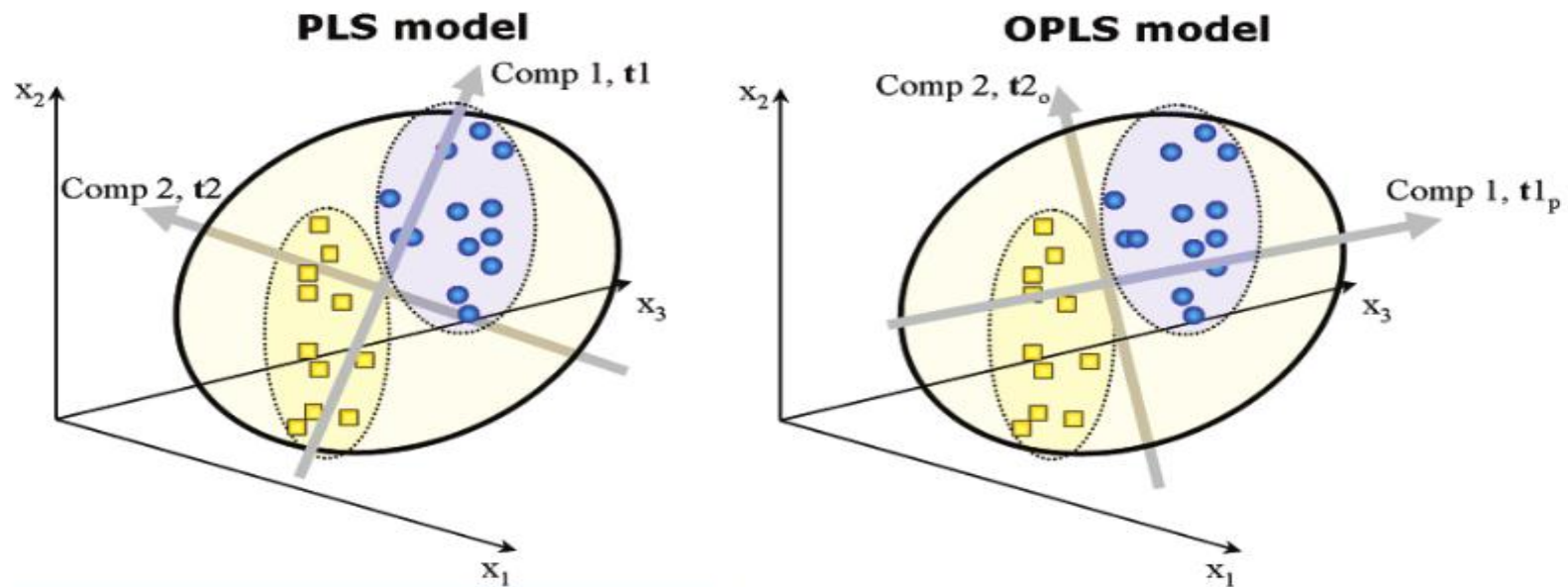
## Partial Least Squares or Projection to latent structure.

Partial least squares (PLS) is a method for constructing predictive models when the factors are many and highly collinear.



**Models both the X & Y matrices simultaneously to find the latent variables in x that will predict the latent variables in Y the best.**

**These PLS-Components are similar to principal components and will also be referred to as PCs.**



A geometrical illustration of the difference between the PLS-DA and OPLS-DA models. In the left panel, the PLS components cannot separate the between-class variation from the within-class variation, and the resulting PLS component loadings mixes both types of variations. In the right panel, the OPLS components are able to separate these two different variations. Component 1 ( $t_{1p}$ ) is the predictive component and displays the between-class ([blue circles], [yellow squares]) variation of the samples. The corresponding loading profile can be used for identifying variables important for the class separation. Component 2 ( $t_{2o}$ ) is the  $Y$ -orthogonal component and models the within group (within-class) variation.

---

# *Metabonomics*

# *Applications*

- ❑ Diagnosis
  - ❑ Drug toxicity
  - ❑ Phenotype variations
-

# *Inborn Errors of Metabolism (IEM)*

**APS**  
EDITION

Arbeitsgemeinschaft für Pädiatrische Stoffwechselstörungen

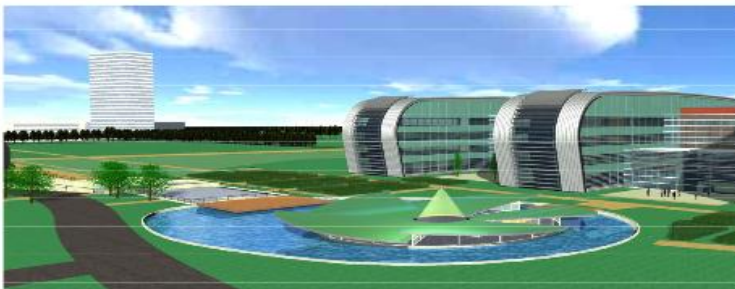
in der Deutschen Gesellschaft für Kinderheilkunde und Jugendmedizin

## **Handbook of $^1\text{H}$ -NMR spectroscopy**

### **in inborn errors of metabolism:**

body fluid NMR spectroscopy and  
in vivo MR spectroscopy

U.F.H. Engelke, S.H. Moolenaar, S.M.G.C. Hoenderop,  
E. Morava, M. van der Graaf, A. Heerschap and R.A. Wevers



UMC  St Radboud

NMR-based newborn screening

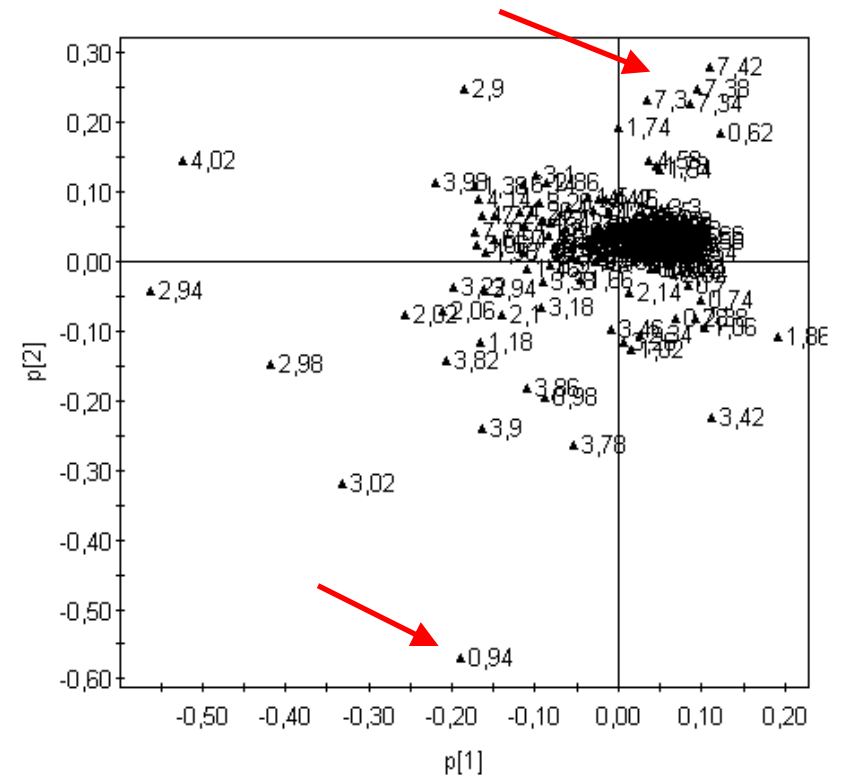
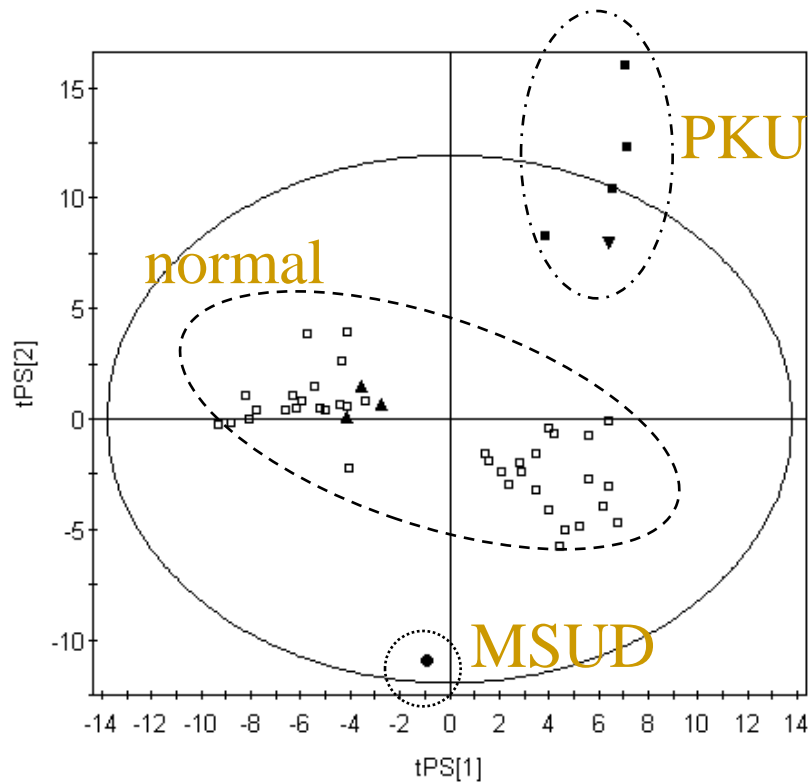
Targeted and non-targeted screening  
method

R.A. Wevers (2007)

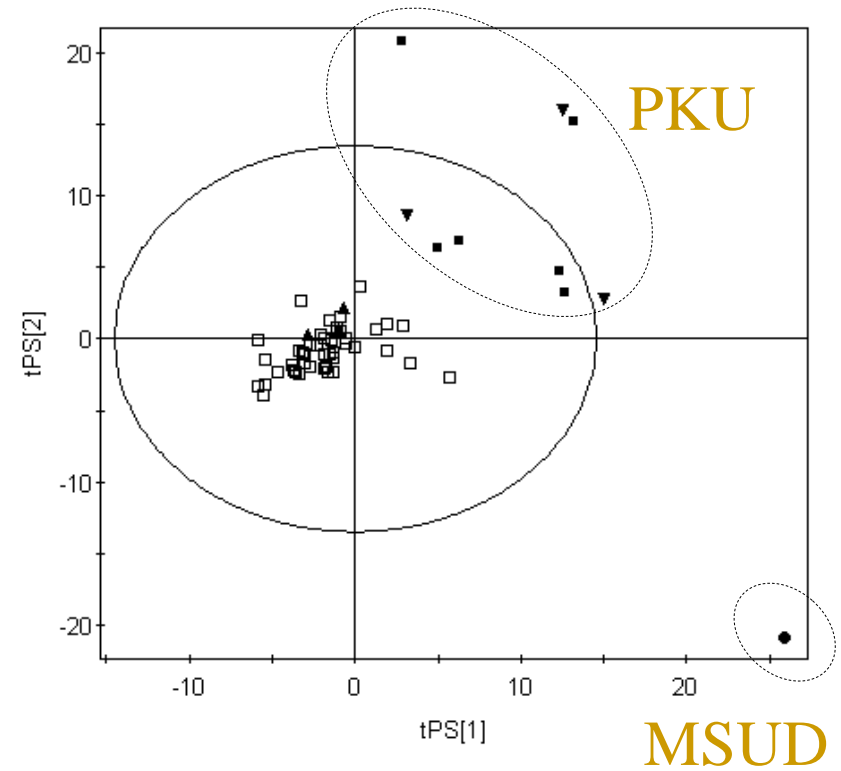
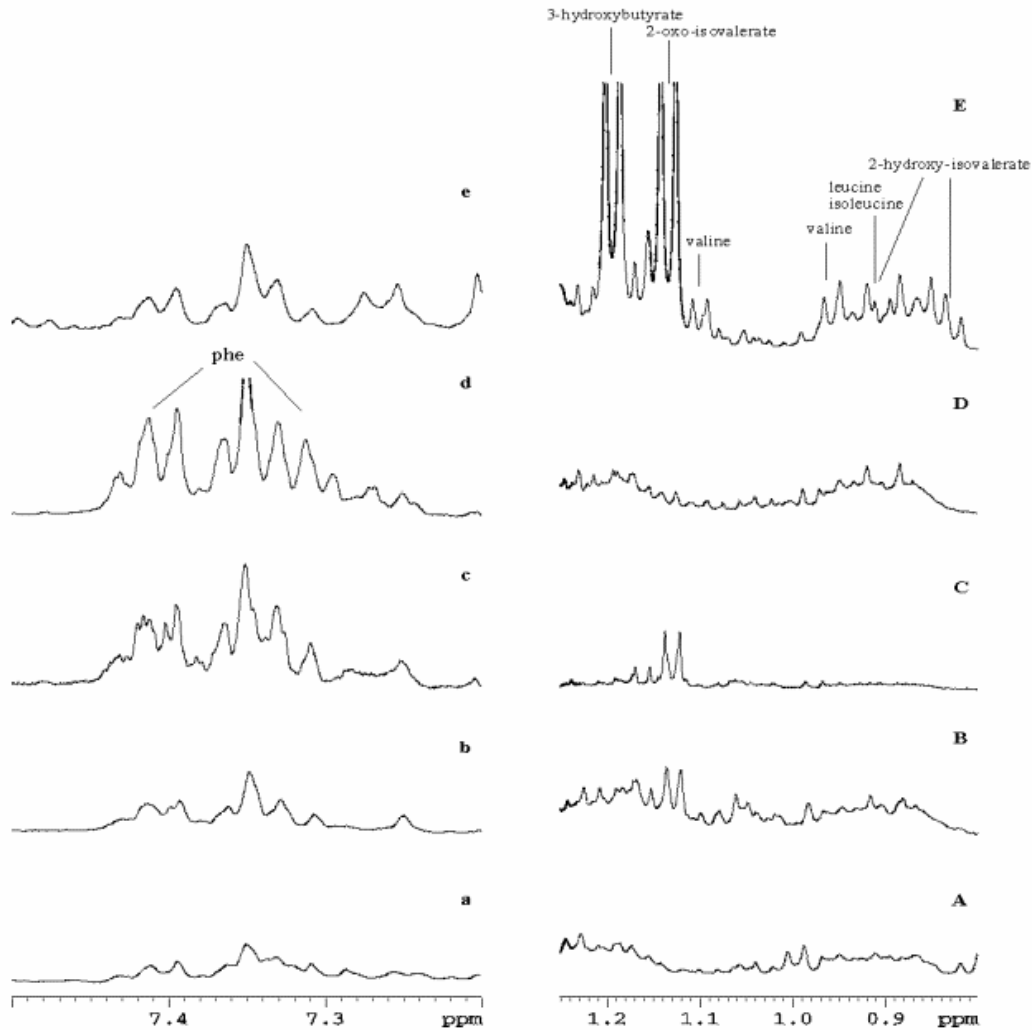
Includes the  $^1\text{H}$  NMR spectra of urine (mainly) from  
82 IEM

# Inborn errors of metabolism (IEM)

## Blood spot extraction



# Urine



PLS-DA

Constantinou MA, Papakonstantinou E, Spraul, M, Sevastiadou S, Costalos C, Koupparis MA,

Shulpis K, Tsantili-Kakoulidou A, Mikros E\* *Anal. Chim. Acta* 542 169-177, 2005

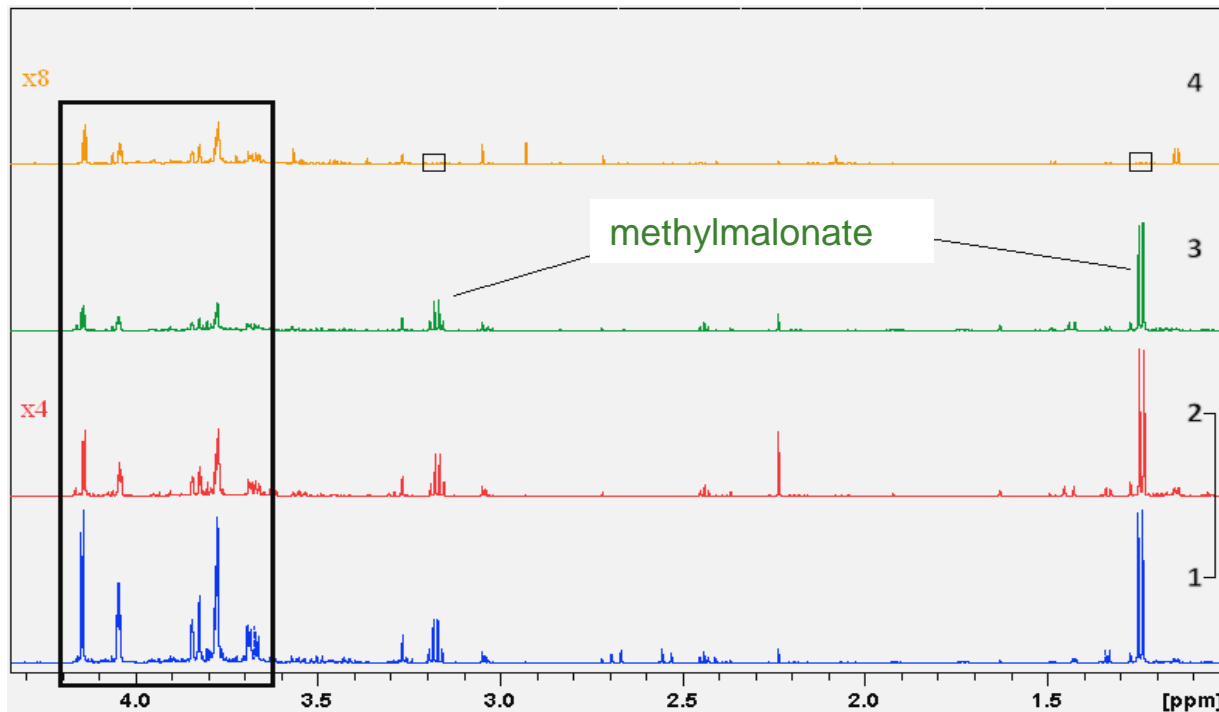
# Newborns Metabolic Profile

## Example 1

### Methyl Malonic Acidurea

Characterized by high levels of methylmalonate

Conventional newborn screening: high levels of methylmalonate



NMR (urine):

- increased levels of methylmalonate (expected)

- increased levels of urocanate (biomarker for Urocanic Acidurea)

- urocanate was not detected by conventional screening and remains unknown whether Urocanic Acidurea is related to Methylmalonic Acidurea or the newborn had both IEM.



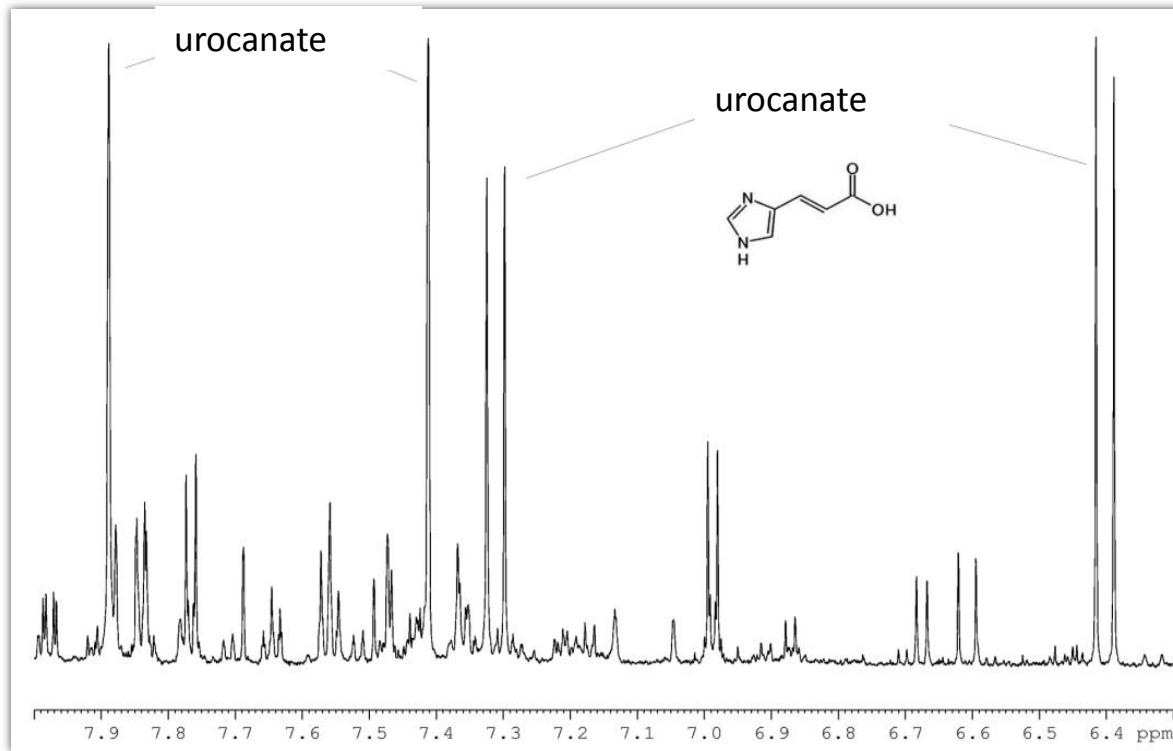
# Newborns Metabolic Profile

## Example 1

### Methyl Malonic Acidurea

Characterized by high levels of methylmalonate

Conventional newborn screening: high levels of methylmalonate



NMR (urine):

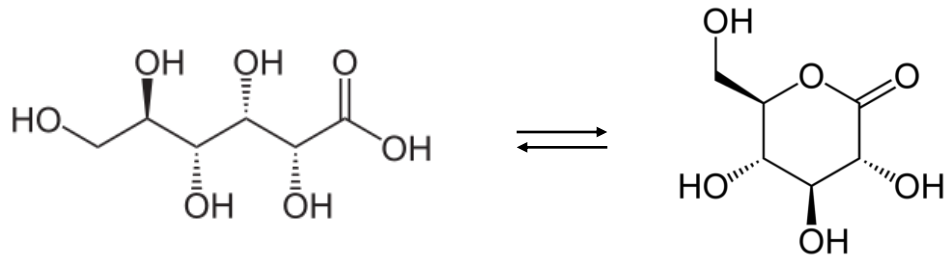
- increased levels of methylmalonate (expected)
- increased levels of urocanate (biomarker for Urocanic Acidurea)
- urocanate was not detected by NEOLAB and remains unknown whether Urocanic Acidurea is related to Methylmalonic Acidurea or the newborn had both IEM.

# Newborns Metabolic Profile

## Example 2

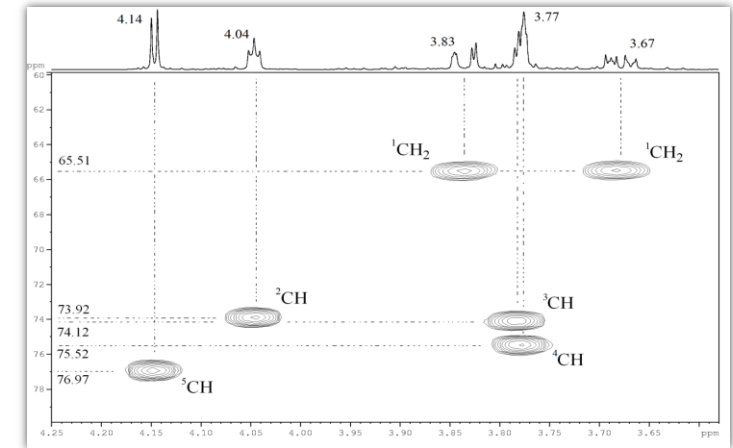
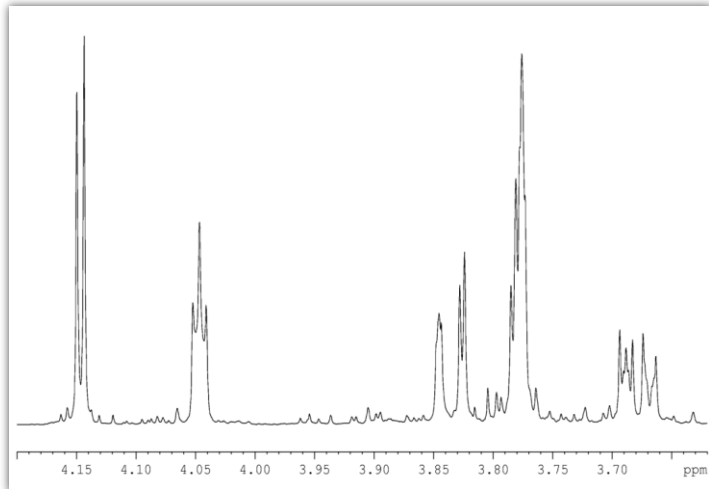
Unknown metabolite with characteristic NMR peak pattern

Assigned in 4 newborns urine samples

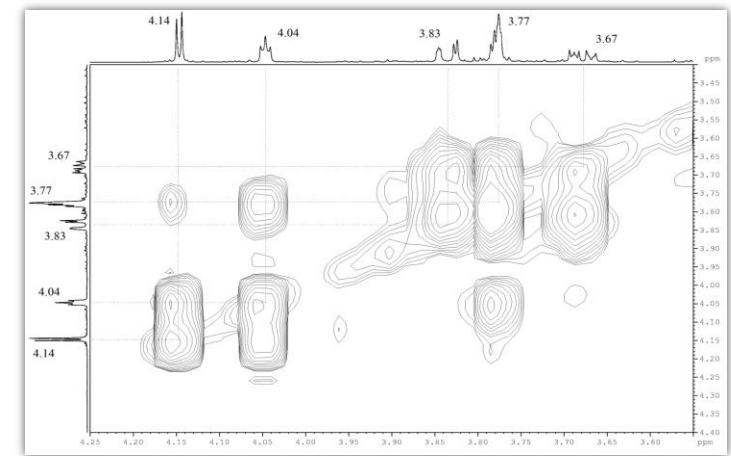


Gluconic acid

Gluconolactone

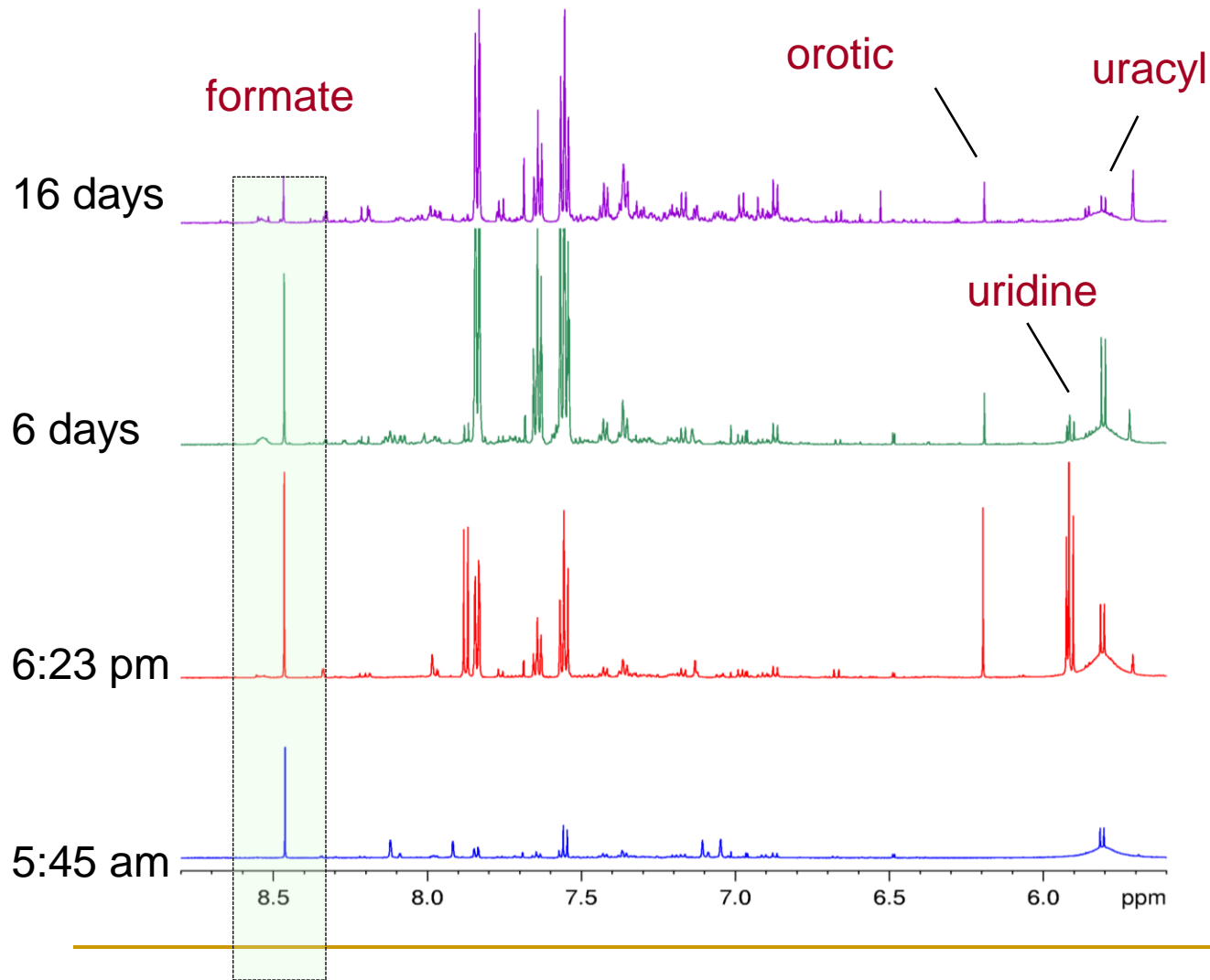


<sup>1</sup>H-<sup>13</sup>C HSQC-DEPT135



<sup>1</sup>H-<sup>1</sup>H TOCSY

Newborn urines. Appearance of formic acid just before (blue) and during crisis of OTC disease



Newborn 10 months old, diagnosed with OTC and follow medical treatment

NMR (urine):

- increased levels of uridine, uracil and orotic acid during crisis (expected)
- Appearance of formic acid just before (blue) and during crisis of OTC disease

Published online 14 December 2009 | Nature | doi:10.1038/news.2009.1128

News

## Surgeons get real-time tissue profiling

Nuclear magnetic resonance technology could reduce time spent under the knife.

[Ananyo Bhattacharya](#)



Could tomorrow's surgeons be guided by nuclear magnetic resonance?

R. McVay/Getty

“This is huge for NMR.”

---

# *Metabonomics*

## ■ **Kidney cortical toxins**

- ❑ mercury II chloride
- ❑ *p*-aminophenol
- ❑ uranyl nitrate
- ❑ the anticancer drug ifosfamide
- ❑ cephaloridine
- ❑ the kidney medullary and papillary toxin, propylene imine
- ❑ renal papillary toxin
- ❑ 2-bromoethanamine hydrochloride

# *Toxicity*

## ■ **Liver toxins**

- ❑ hydrazine
  - ❑ allyl alcohol
  - ❑ thioacetamide
  - ❑ 1-naphthylisothiocyanate
  - ❑ Allyl formate
  - ❑ galactosamine
  - ❑ bromobenzene
  - ❑ acetaminophen
  - ❑ carbon tetrachloride
-

---

# *Metabonomics*

# *Applications*

- ❑ Phenotype variations
  - ❑ Diagnosis
  - ❑ Drug toxicity
-

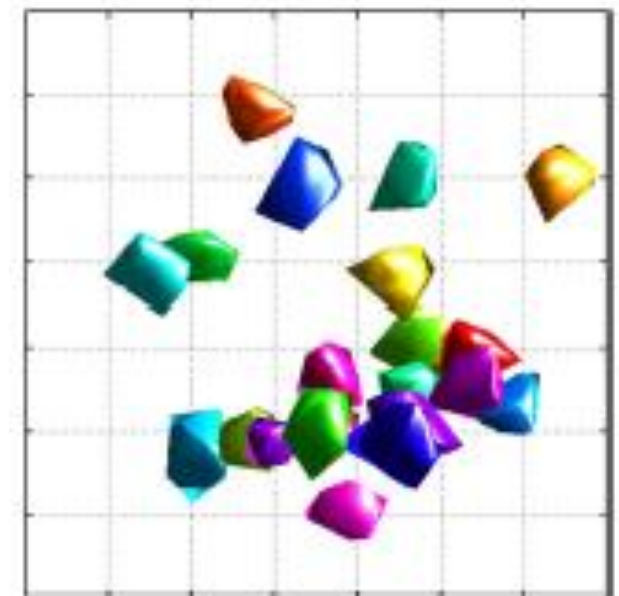
---

# Metabonomics - Phenotyping

## Evidence of different metabolic phenotypes in humans

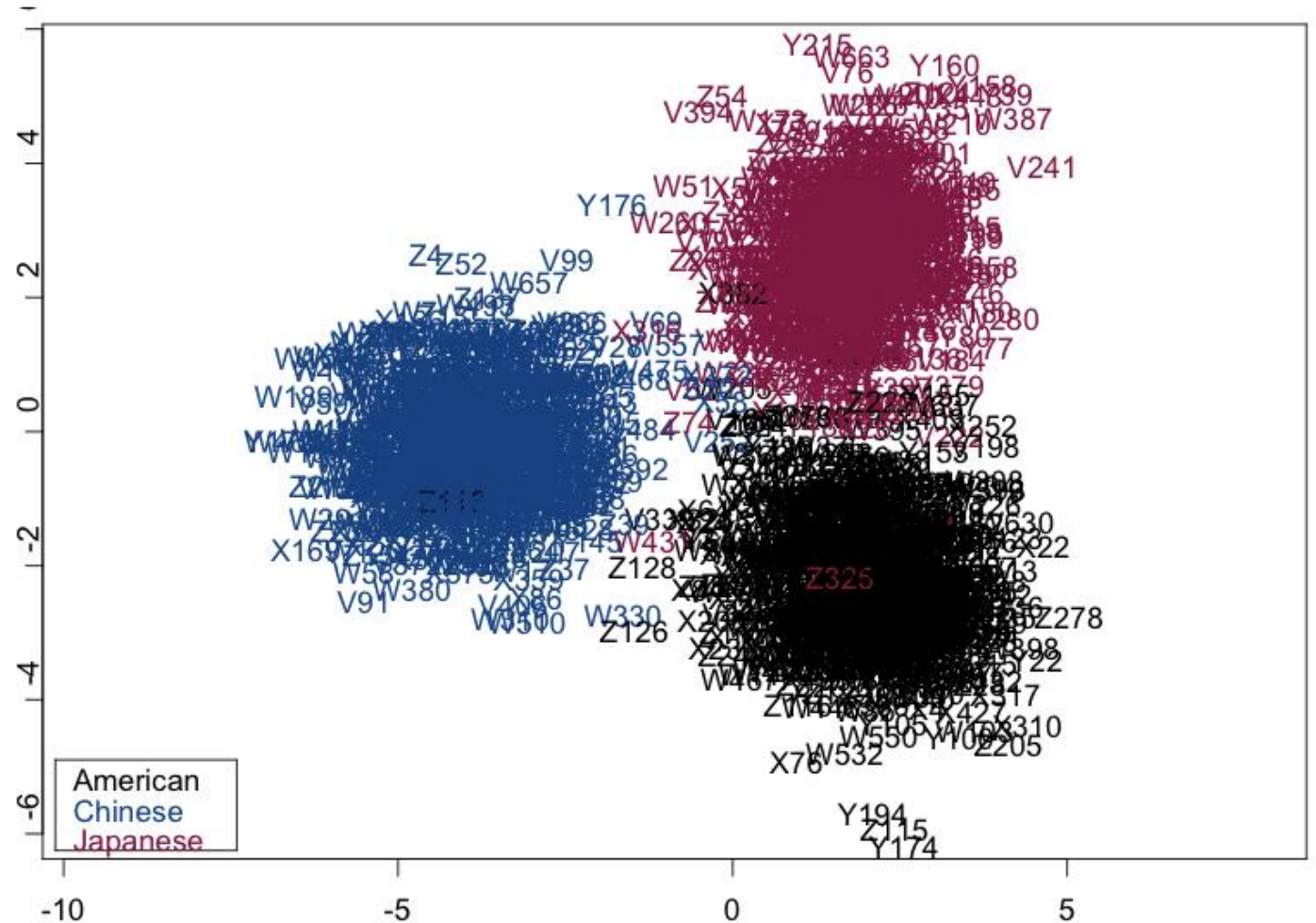
Michael Assfalg<sup>\*†</sup>, Ivano Bertini<sup>\*§¶</sup>, Donato Colangiuli<sup>||\*\*</sup>, Claudio Luchinat<sup>†††</sup>, Hartmut Schäfer<sup>‡‡</sup>, Birk Schütz<sup>‡‡</sup>, and Manfred Spraul<sup>‡‡</sup>

1420–1424 | PNAS | February 5, 2008 | vol. 105 | no. 5



# Metabotype Variability

- INTERMAP
- Nicholson and coworkers



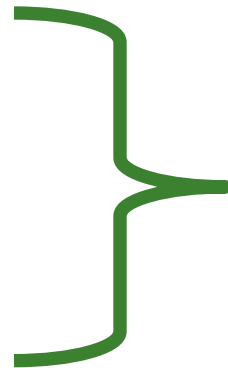


---

# *Metabonomics*

# *Applications*

- ❑ Diagnosis
- ❑ Drug toxicity
- ❑ Phenotype variations



Personalized therapy

# Pharmaco-metabonomics

nature

Clayton et al 440 (20)  
1073-1077, 2006

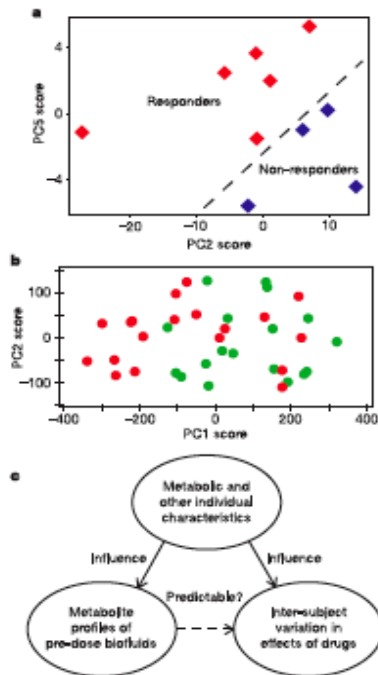
LETTERS

## Pharmaco-metabonomic phenotyping and personalized drug treatment

T. Andrew Clayton<sup>1</sup>, John C. Lindon<sup>1</sup>, Olivier Cloarec<sup>1</sup>, Henrik Antti<sup>2</sup>, Claude Charuef<sup>3</sup>, Gilles Hanton<sup>3</sup>, Jean-Pierre Provost<sup>3</sup>, Jean-Loïc Le Net<sup>3</sup>, David Baker<sup>4</sup>, Rosalind J. Walley<sup>5</sup>, Jeremy R. Everett<sup>5</sup> & Jeremy K. Nicholson<sup>1</sup>

There is a clear case for drug treatments to be selected according to the characteristics of an individual patient, in order to improve efficacy and reduce the number and severity of adverse drug reactions<sup>1,2</sup>. However, such personalization of drug treatments requires the ability to predict how different individuals will respond to a particular drug/dose combination. After initial optimism, there is increasing recognition of the limitations of the pharmacogenomic approach, which does not take account of important environmental influences on drug absorption, distribution, metabolism and excretion<sup>3,5</sup>. For instance, a major factor underlying inter-individual variation in drug effects is variation in metabolic phenotype, which is influenced not only by genotype but also by environmental factors such as nutritional status, the gut microbiota, age, disease and the co- or pre-administration of other drugs<sup>6,7</sup>. Thus, although genetic variation is clearly important, it seems unlikely that personalized drug therapy will be enabled for a wide range of major diseases using genomic knowledge alone. Here we describe an alternative and conceptually new 'pharmaco-metabonomic' approach to personalizing drug treatment, which uses a combination of metabolite profiling before drug administration and chemometrics to model and predict the responses of individual subjects. We provide proof-of-principle for this new approach, which is sensitive to both genetic and environmental influences, with a study of paracetamol (acetaminophen) administered to rats. We show pre-dose prediction of an aspect of the urinary drug metabolite profile and an association between pre-dose urinary composition and the extent of liver damage sustained after paracetamol administration.

<sup>1</sup>H nuclear magnetic resonance (NMR) spectroscopy has been widely applied as a metabolite profiling tool for metabonomic studies, as it enables many endogenous metabolites to be quantified rapidly and reproducibly without derivatization or separation<sup>8-11</sup>. In one of many potential applications, NMR-based metabonomic analysis of post-dose rodent biofluids has been developed as a



A new paradigm for personalized predictive drug metabolism and toxicology.

## Pharmaco-genomics

Individual predisposition to drug therapy due to genetic factors

exogenous factors ?

diet, foreign chemicals, environment, other drug therapies, gut microflora, age, hormonal status

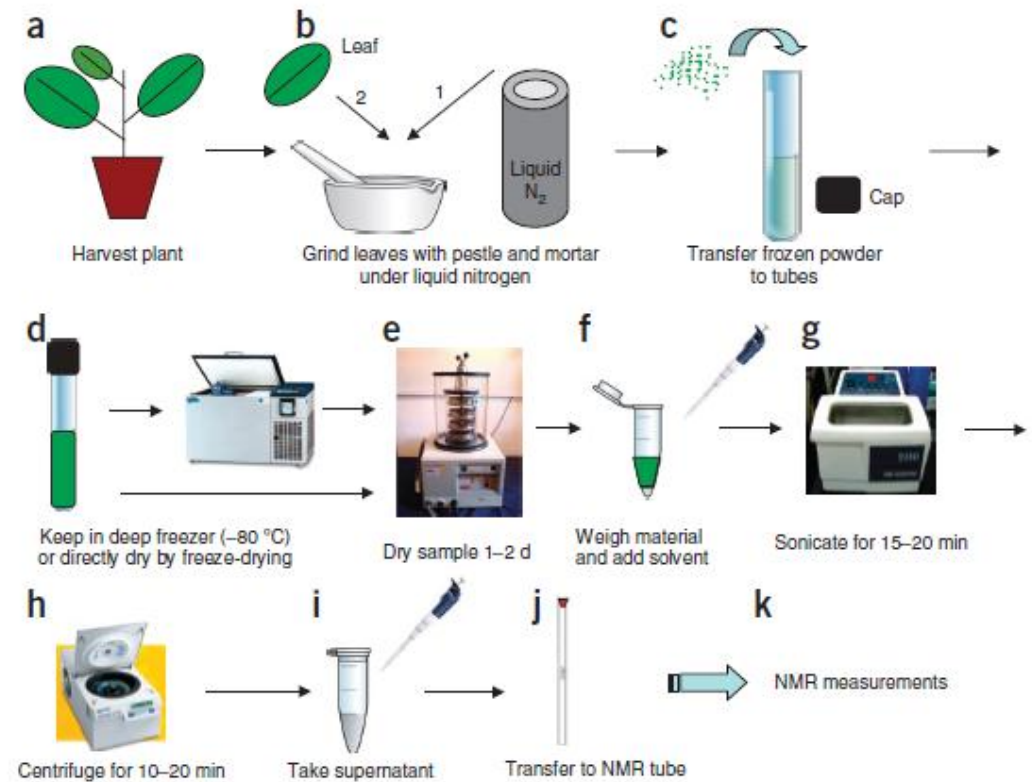
# HERBAL METABONOMICS

## PROTOCOL

### NMR-based metabolomic analysis of plants

Hye Kyong Kim, Young Hae Choi & Robert Verpoorte

536 | VOL.5 NO.3 | 2010 | NATURE PROTOCOLS



# Fruit Juices quality control

*Nutrients* 2009, 1, 148-155; doi:10.3390/nu1020148

OPEN ACCESS

*nutrients*

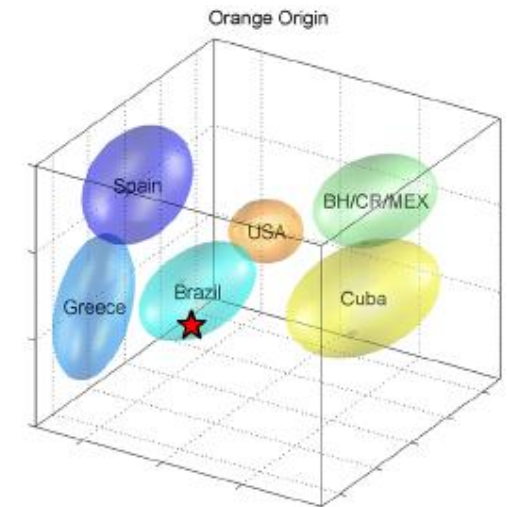
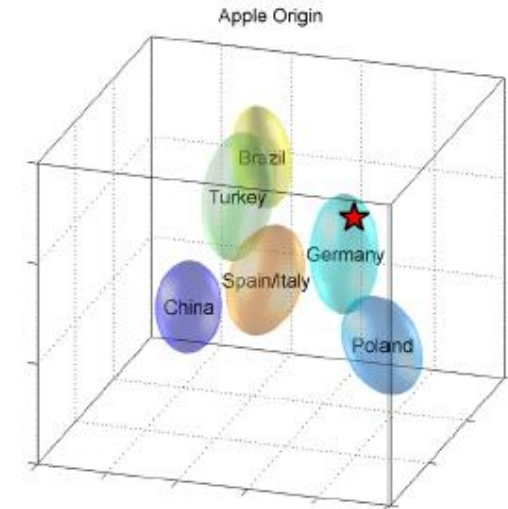
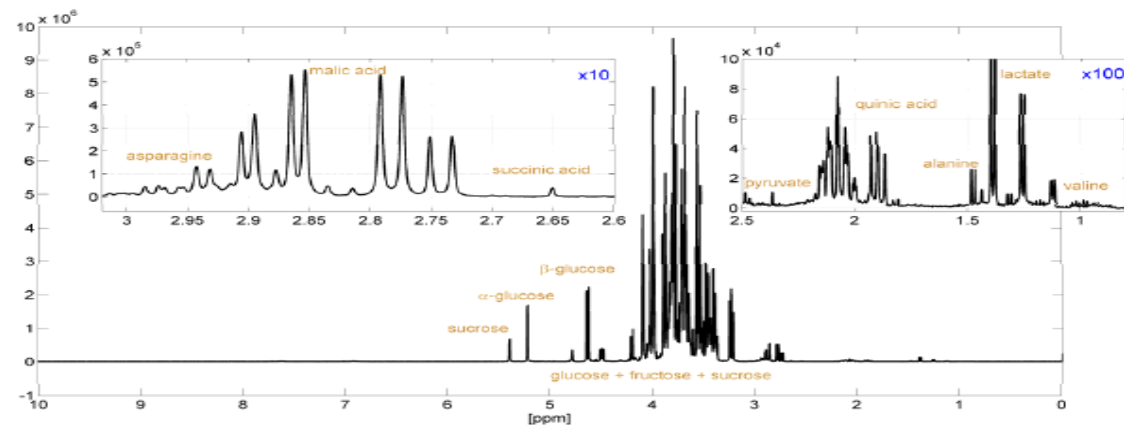
ISSN 2072-6643

www.mdpi.com/journal/nutrients

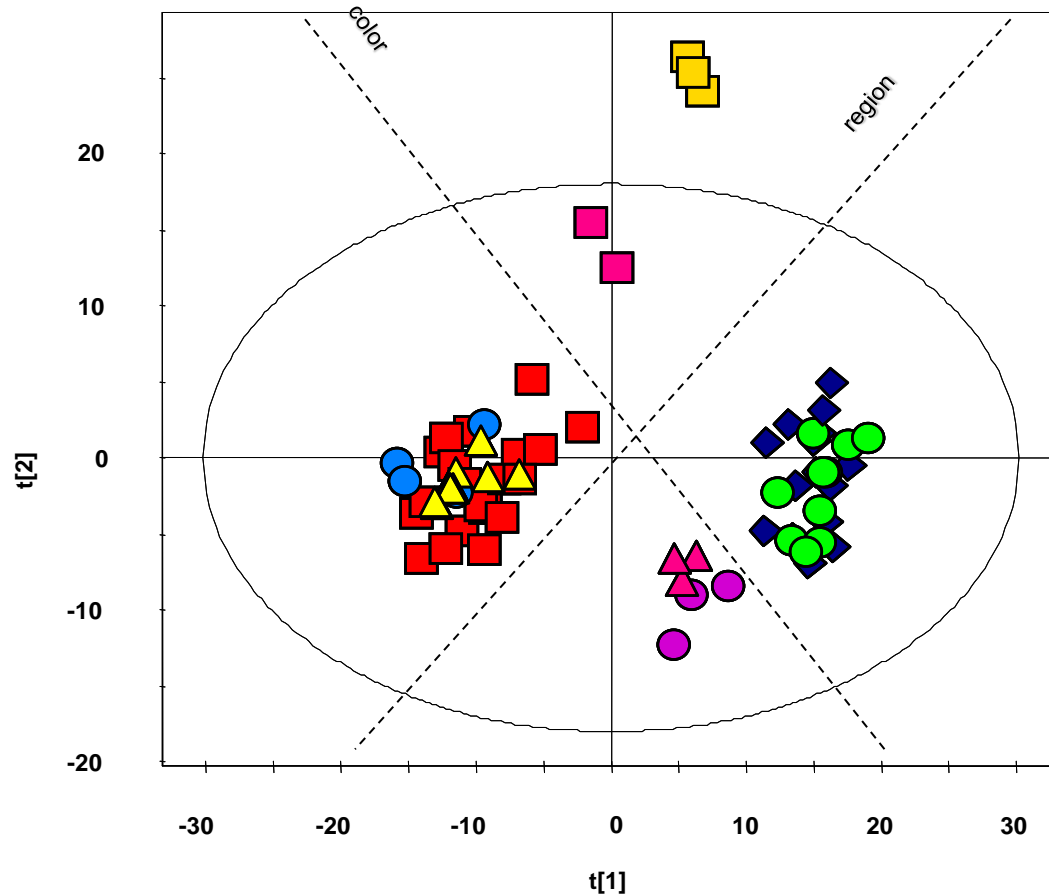
Communication

## NMR-Based Multi Parametric Quality Control of Fruit Juices: SGF Profiling

Manfred Spraul<sup>1,\*</sup>, Birk Schütz<sup>1</sup>, Peter Rinke<sup>2</sup>, Susanne Koswig<sup>2</sup>, Eberhard Humpfer<sup>1</sup>,  
Hartmut Schäfer<sup>1</sup>, Monika Mörtter<sup>1</sup>, Fang Fang<sup>1</sup>, Ute C. Marx<sup>1</sup> and Anna Minoja<sup>3</sup>



# Greek Wines classification



1H NMR-Based Metabonomics for the Classification of Greek Wines According to Variety, Region and Vintage – Comparison with HPLC Data.

Anastasiadi, M; Zira, A; Magiatis, P; Haroutounian, S; Skaltsounis, AL; Mikros E;  
*J. Agr. Food. Chem.* (2009); 57; 11067-11074