

# Βασικές αρχές μηχανικής υποστήριξης της αναπνοής

**Θεόδωρος Βασιλακόπουλος**

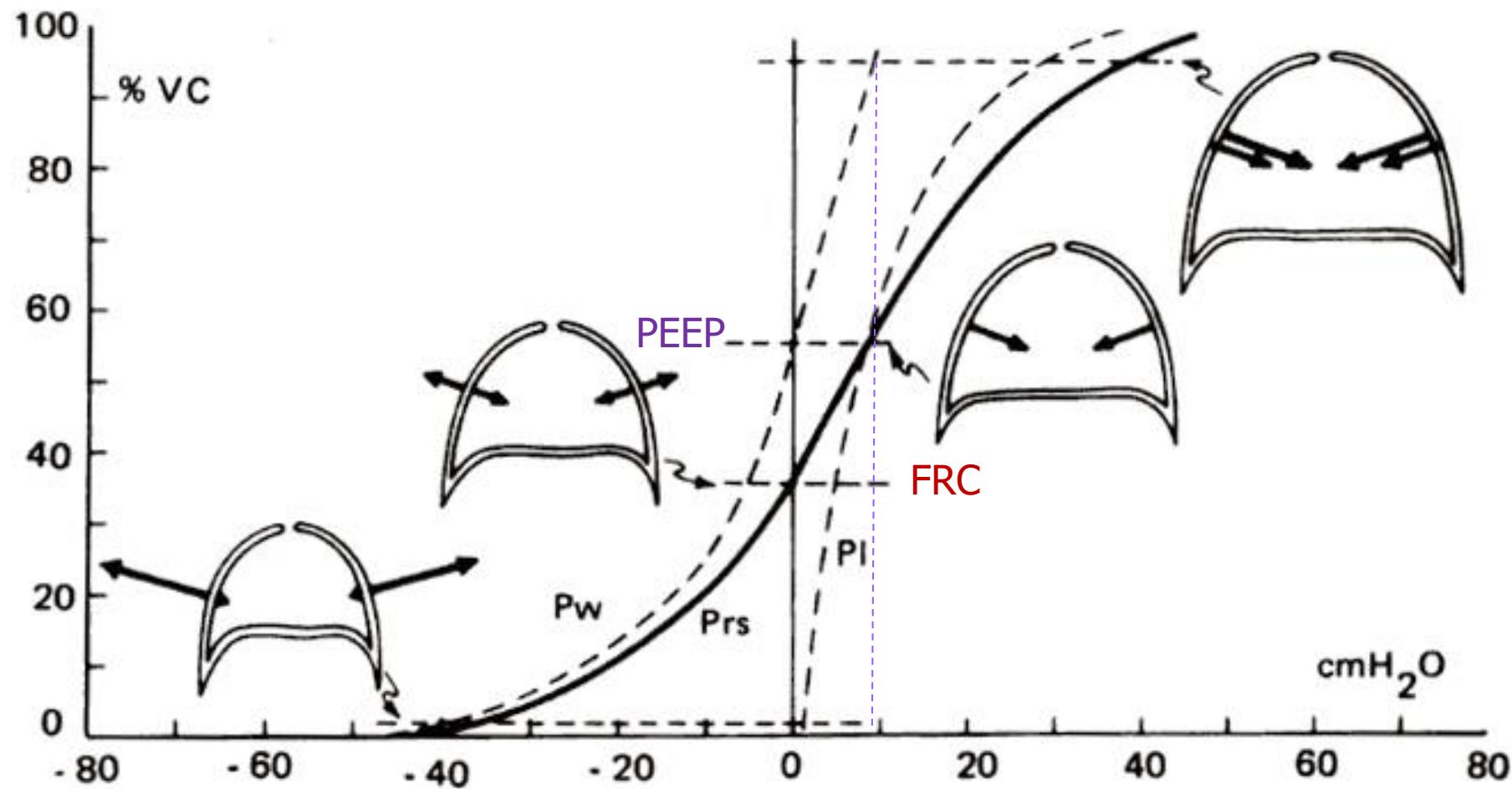
Καθηγητής Πνευμονολογίας-Εντατικής Θεραπείας  
Εθνικό και Καποδιστριακό Πανεπιστήμιο Αθηνών

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Διευθυντής Γ' Κλινικής Εντατικής Θεραπείας,  
Ευγενίδειο Θεραπευτήριο

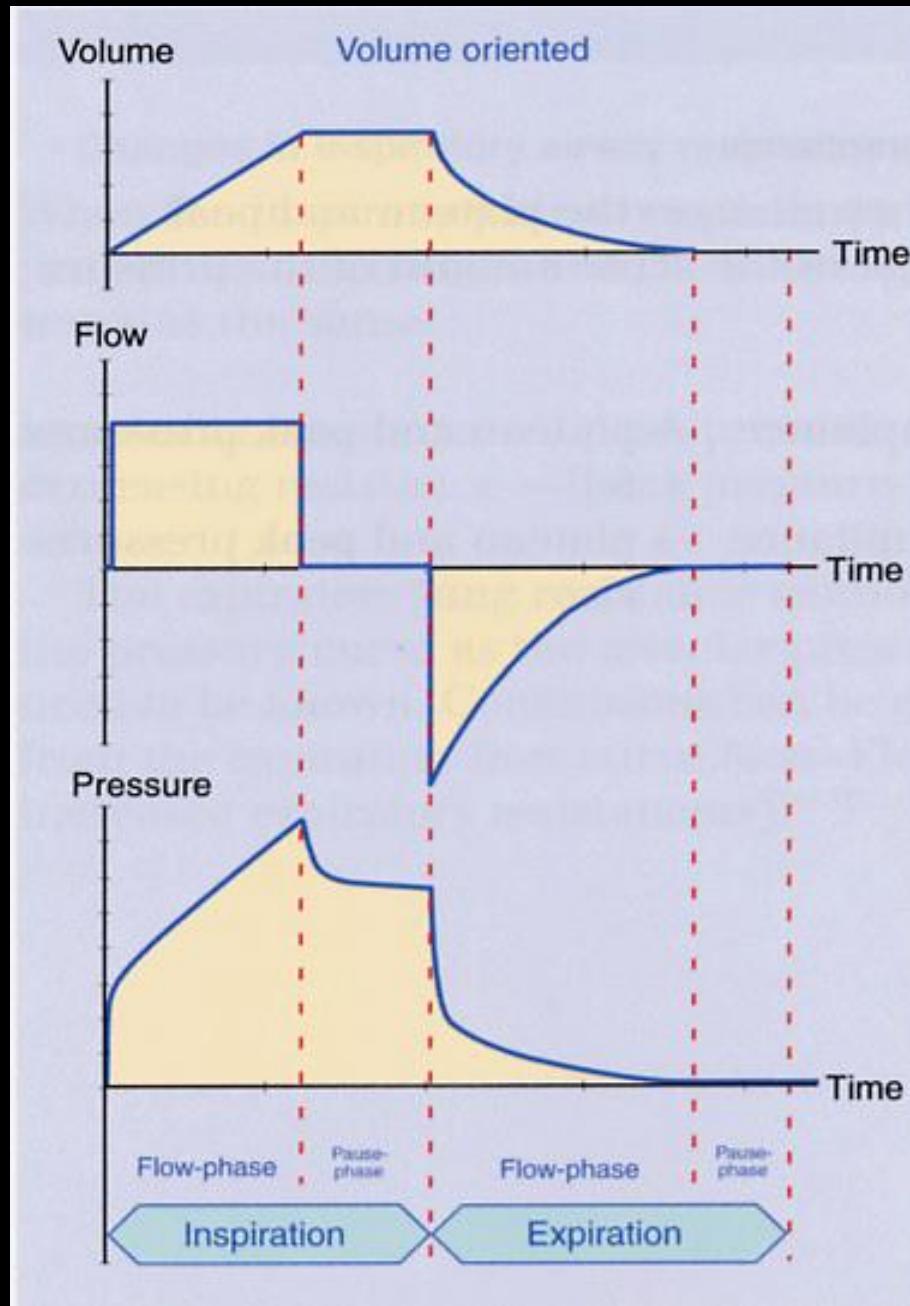
# Baσικά modes

- ▶ Control modes
- ▶ Assisted modes

# Διάγραμμα Rahn



# Volume Control



# Volume Control: Settings

05/11 11 48

Ppeak (cmH<sub>2</sub>O) 41  
35

Pmean (cmH<sub>2</sub>O) 12  
5

PEEP (cmH<sub>2</sub>O) 5

RR (b/min) 40  
20 5

O<sub>2</sub> (%) 26  
19 18

Ti (s) 0.60  
Ti/Ttot

MVe (l/min) 40.0  
7.6 5.0

VTi (ml) 397

VTe (ml) 380

Additional values

Set Ventilation Mode

Volume Control Automode I:E 1:2.0 MV 8.0 l/min

Basic	Insp. times	Trigger
Tidal Volume <b>400</b> 100 ml 4000	Ti <b>0.60</b> 0.10 s 5.00	Trigger sensitivity V -20 0
Resp. Rate <b>20</b> 4 b/min 150	T pause <b>0.40</b> 0.00 s 1.50	T insp. rise <b>0.05</b> 0.00 s 0.40
PEEP <b>5</b> 0 cmH <sub>2</sub> O 50		
O <sub>2</sub> conc. <b>21</b> 21 % 100		

Show Previous Mode time: 11:44 Cancel Accept Additional values

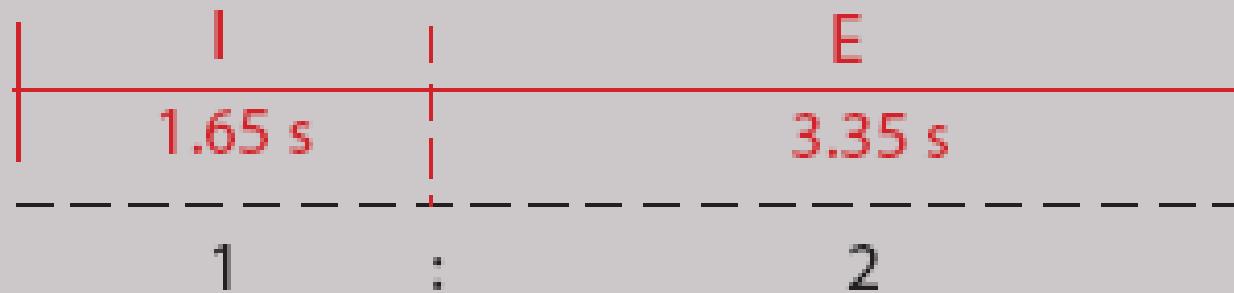
$$V_T = 500 \text{ ml}$$

$$\text{Resp Rate} = 12 \text{ breaths/min}$$

$$\text{Time for each breath} = 60/12 = 5 \text{ s}$$

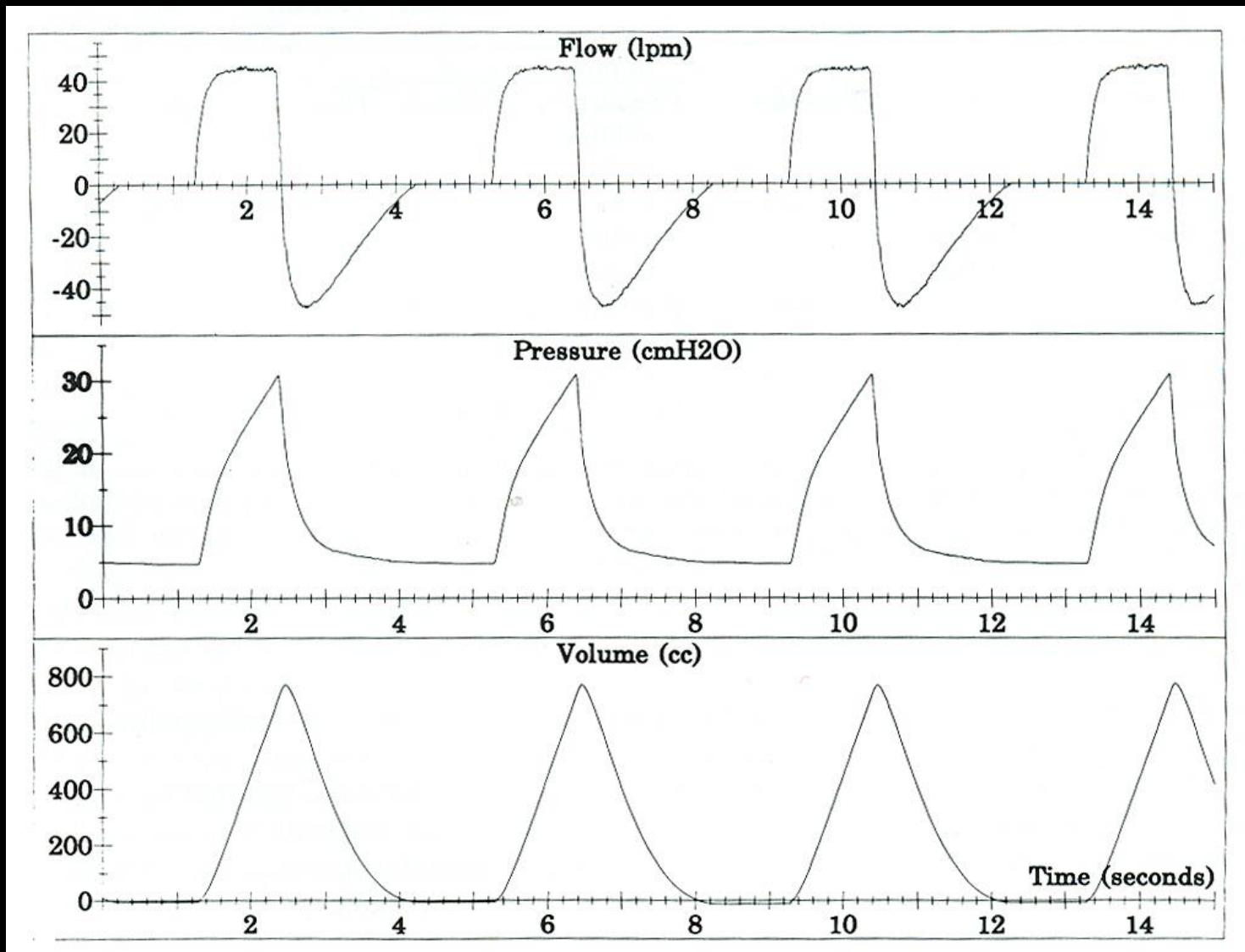
$$T_i = 1.65 \text{ s}$$

$$T_{\text{Pause}} = 0 \text{ s}$$

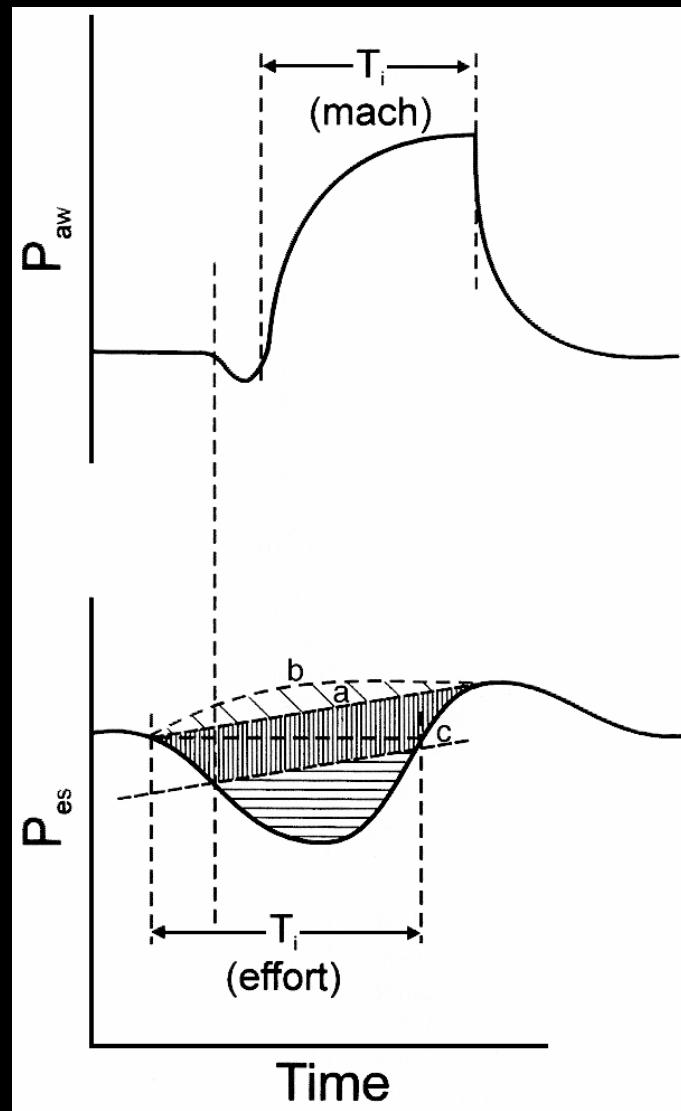


# Controlled Mechanical Ventilation

## Volume Control

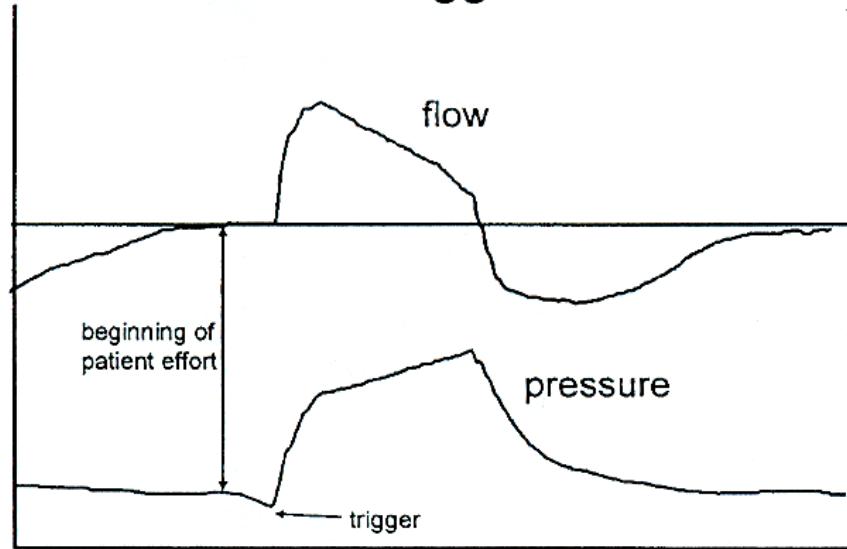


# Triggering

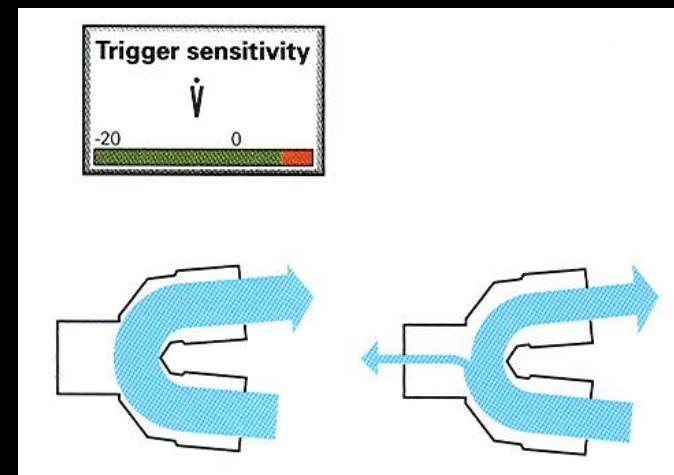
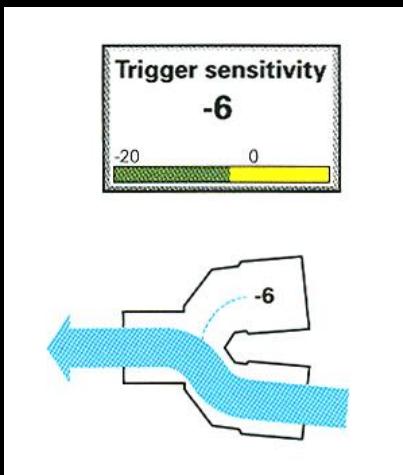
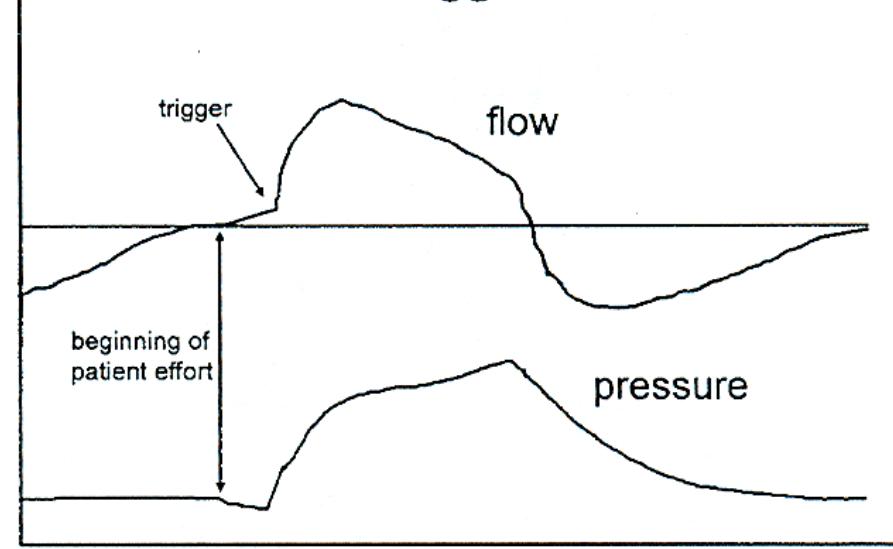


# Pressure or Flow Trigger

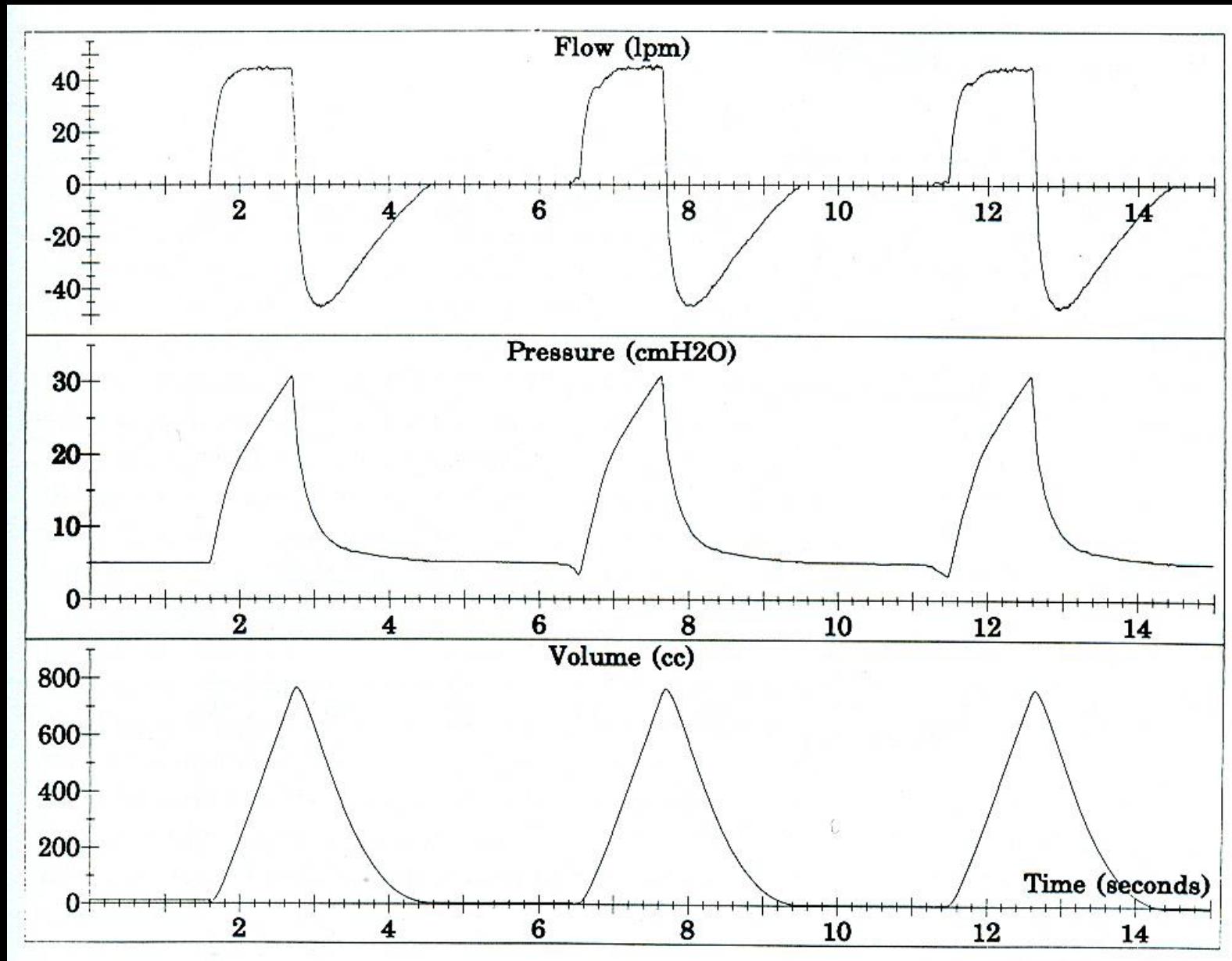
Pressure Trigger



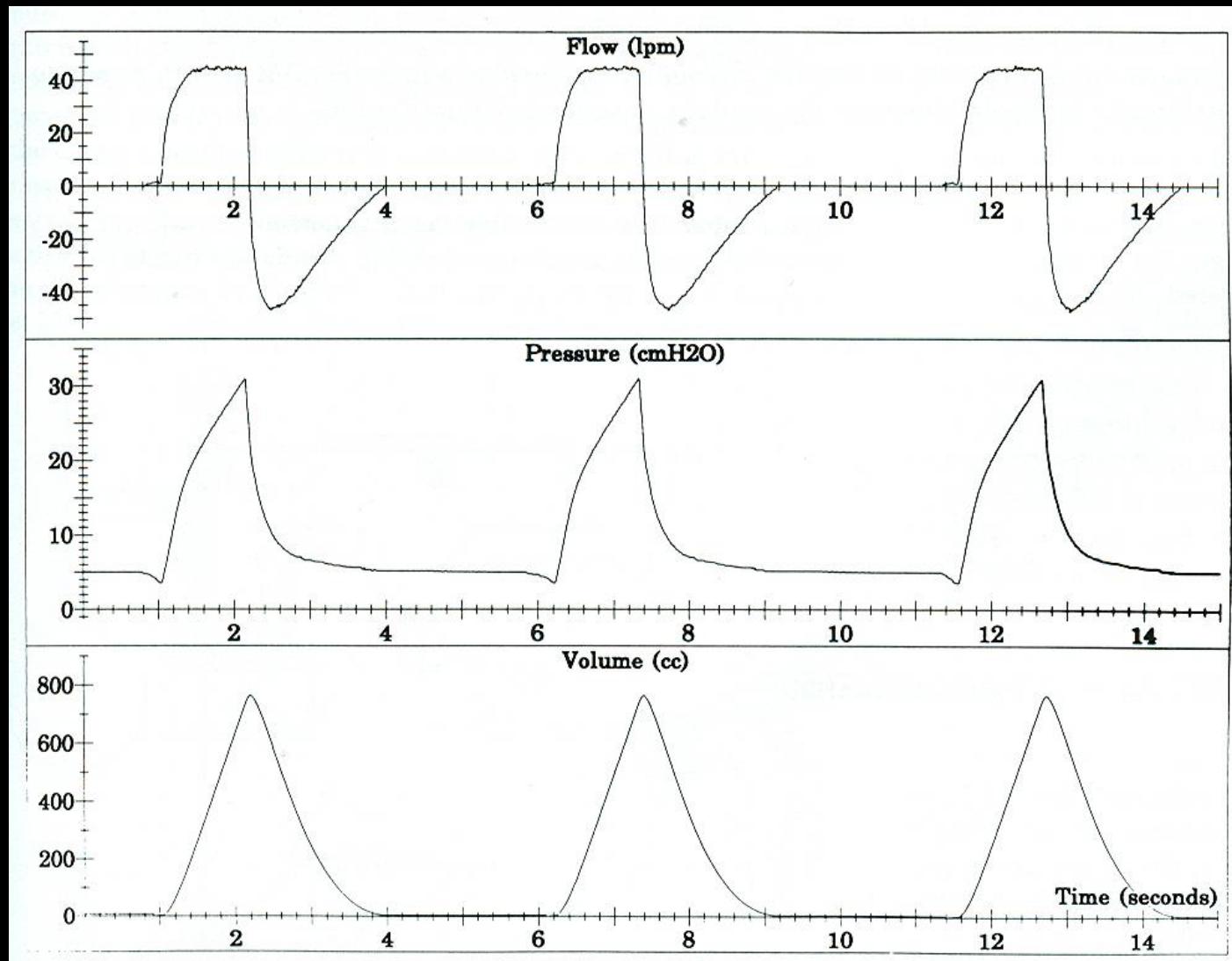
Flow Trigger



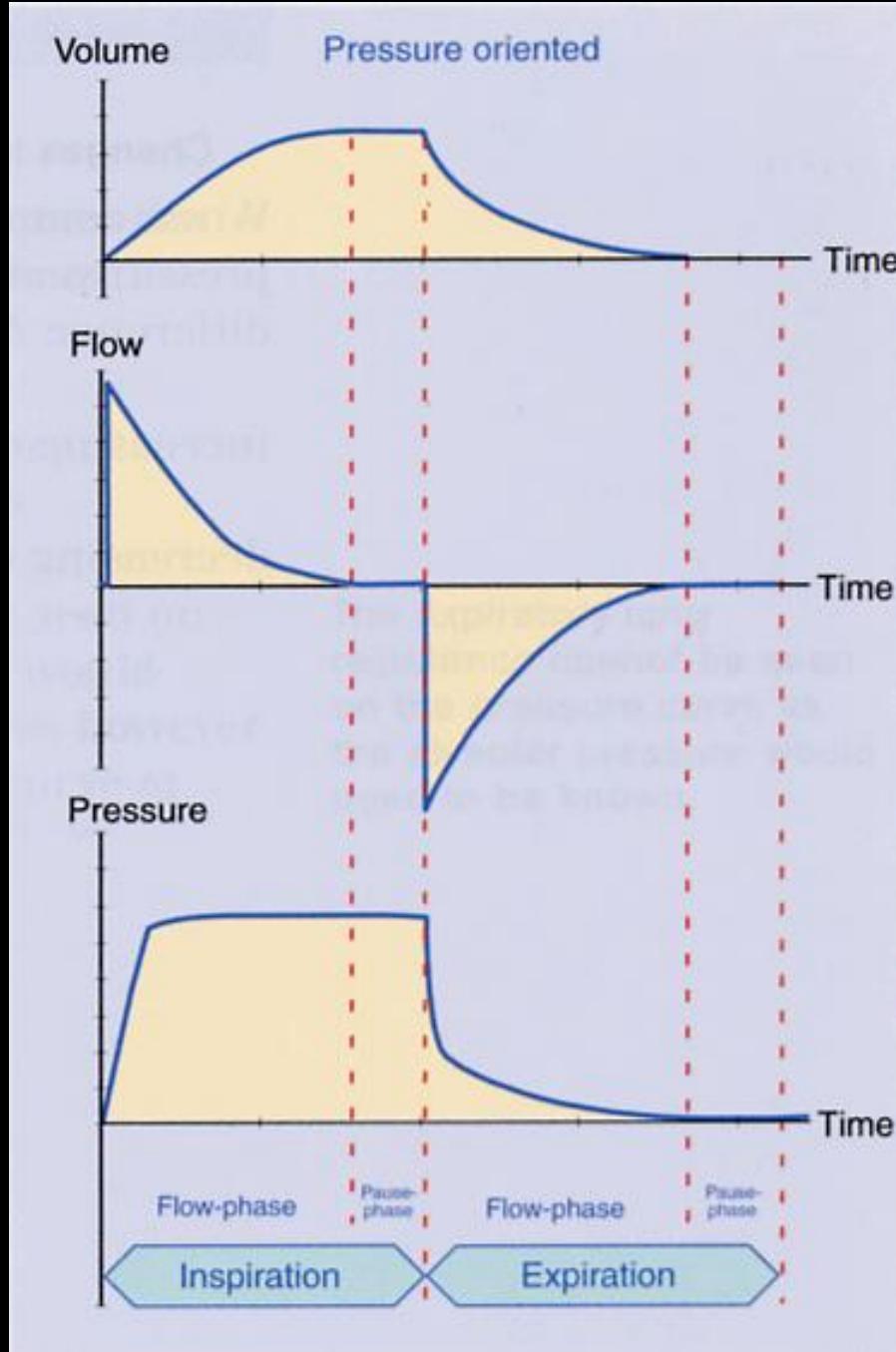
# Assist Volume Control Ventilation



# Assist Volume Control Ventilation



# Pressure Control



# Pressure Control: πυθμίσεις

Mode  
Pressure Control      Automode      MAQUET  
05/11/2003      Nebulizer      Status

05/11 13:42

Set Ventilation Mode

Pressure Control      Automode      I:E 1:1.7

Basic      Insp. times      Trigger

PC above PEEP: 18 cmH<sub>2</sub>O      Ti: 1.10 s      Trigger sensitivity: V

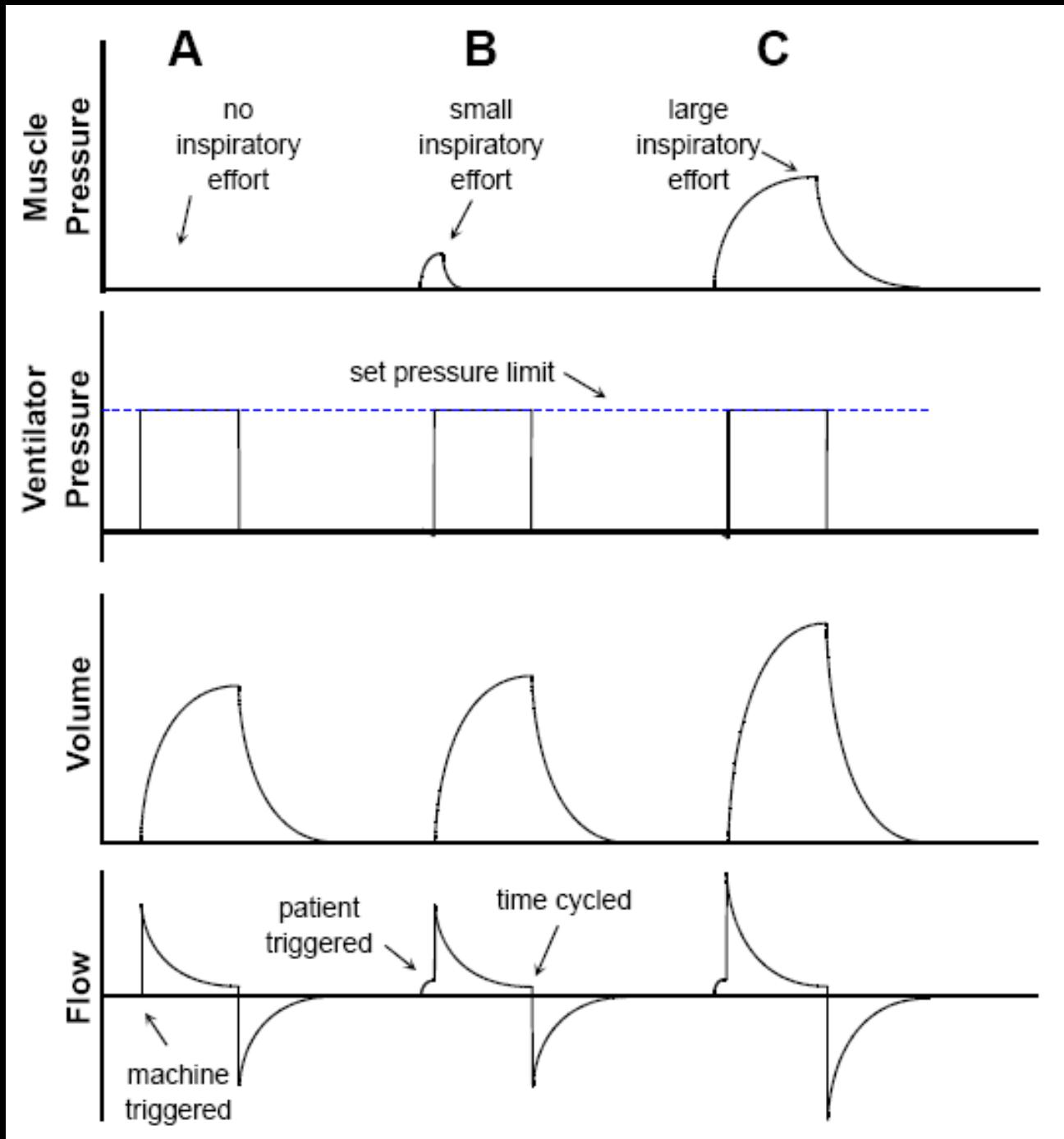
Resp. Rate: 20 b/min      T insp. rise: 0.05 s

PEEP: 5 cmH<sub>2</sub>O      O<sub>2</sub> conc.: 21 %

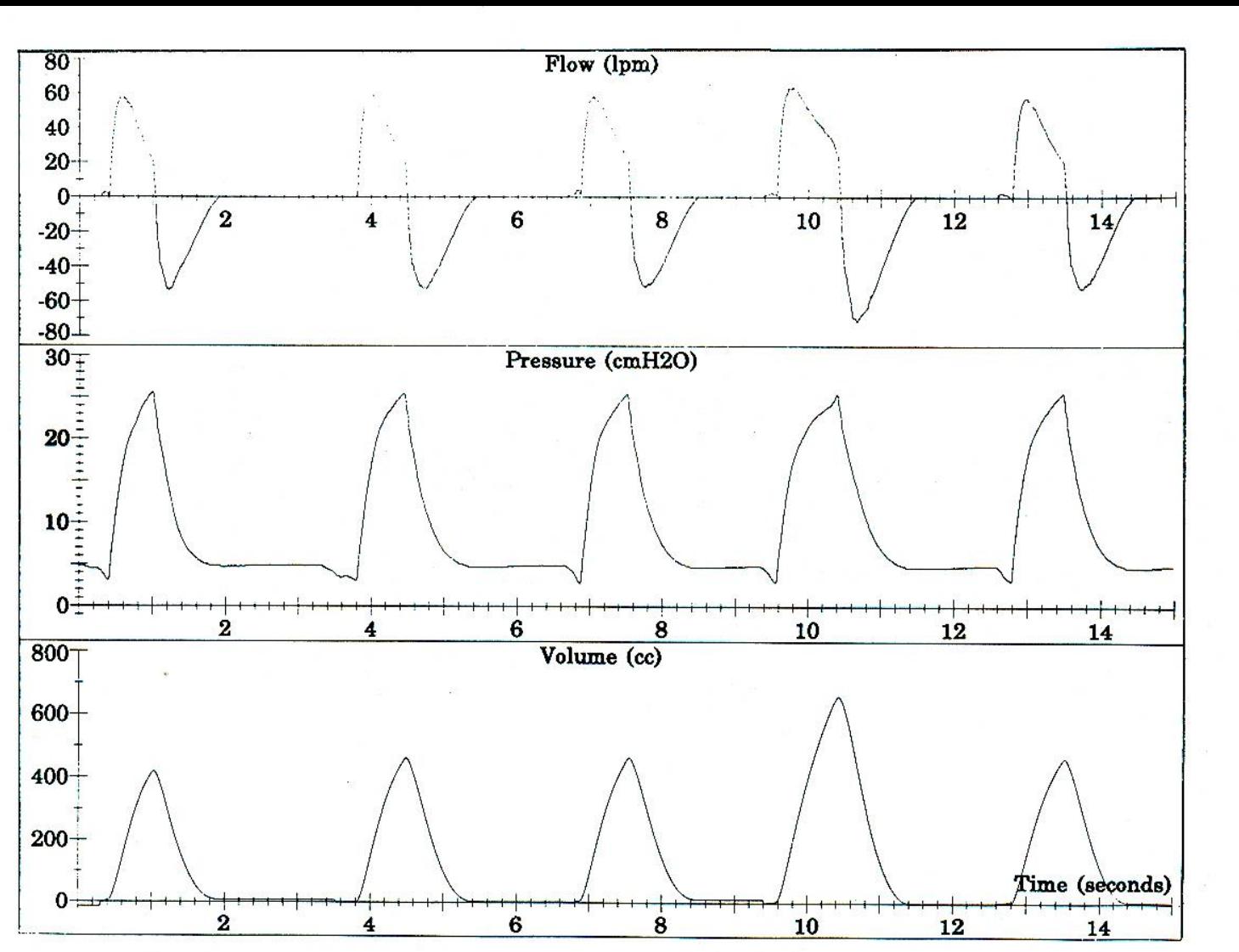
Additional values

Peak (cmH <sub>2</sub> O)	41
Pmean (cmH <sub>2</sub> O)	12
PEEP (cmH <sub>2</sub> O)	5
RR (b/min)	40
O <sub>2</sub> (%)	26
Ti (s)	1.11
MVe (l/min)	400
VTI (ml)	403
VTEx (ml)	391

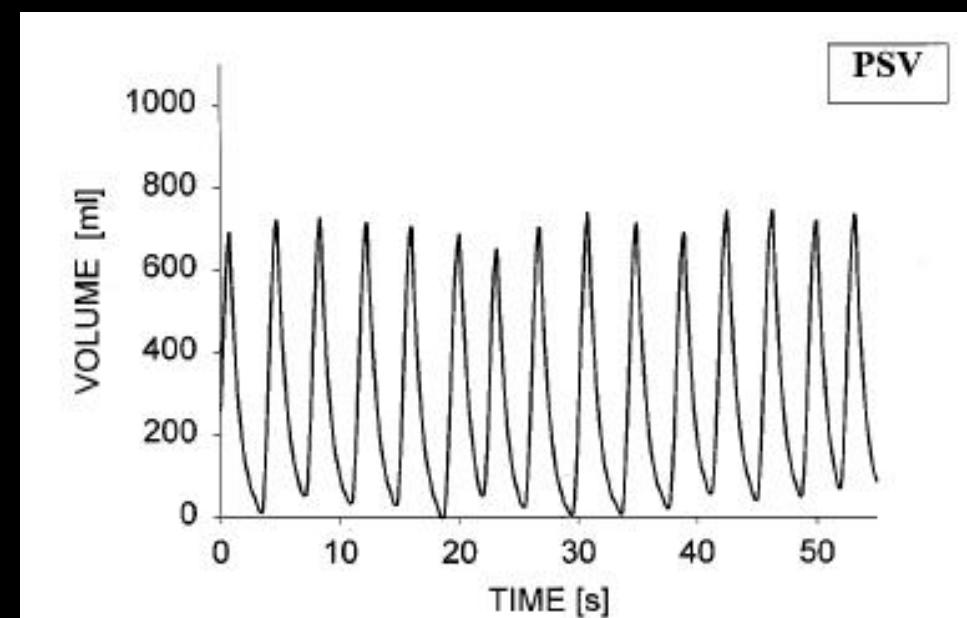
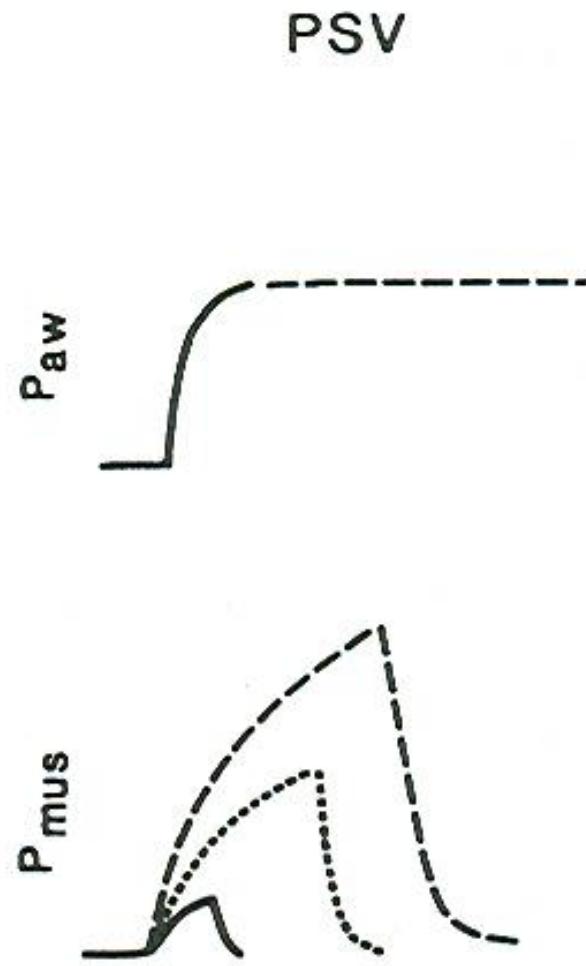
Show Previous Mode      time: 13:30      Cancel      Accept



# Pressure Support Assisted mode

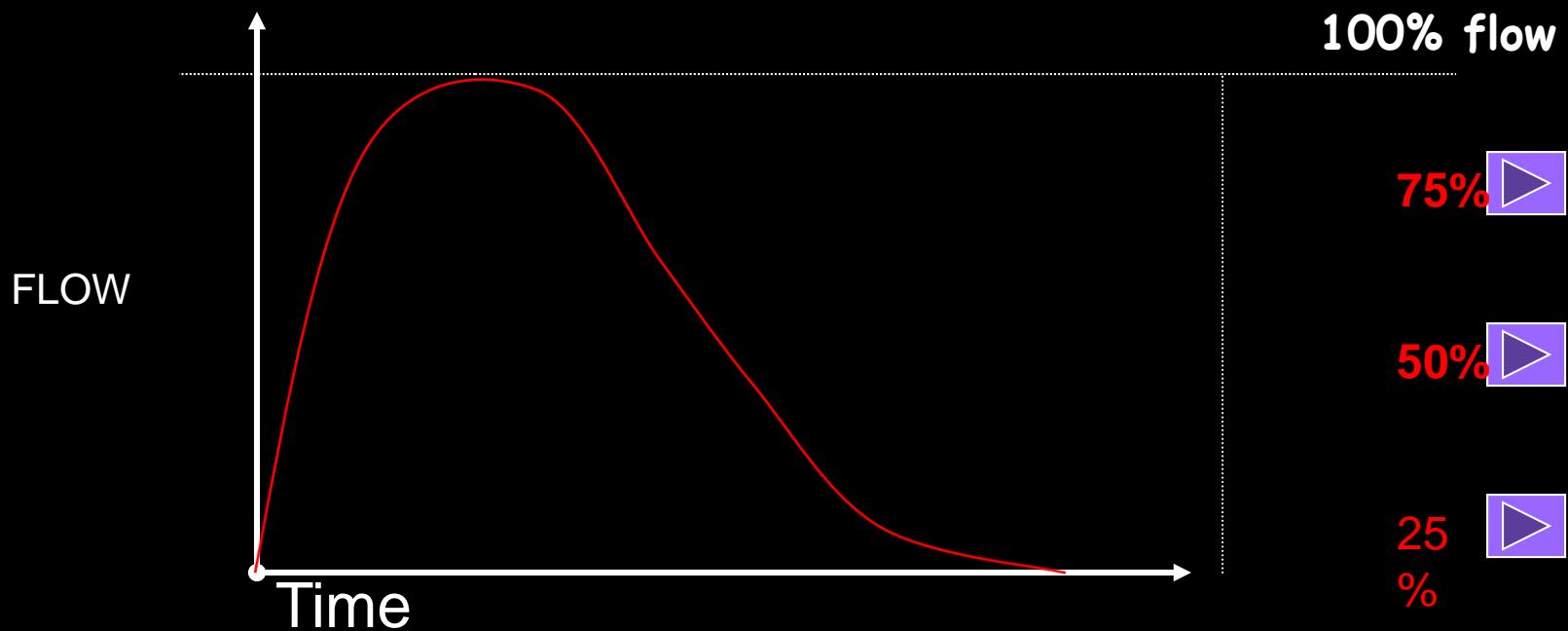


# Pressure Support

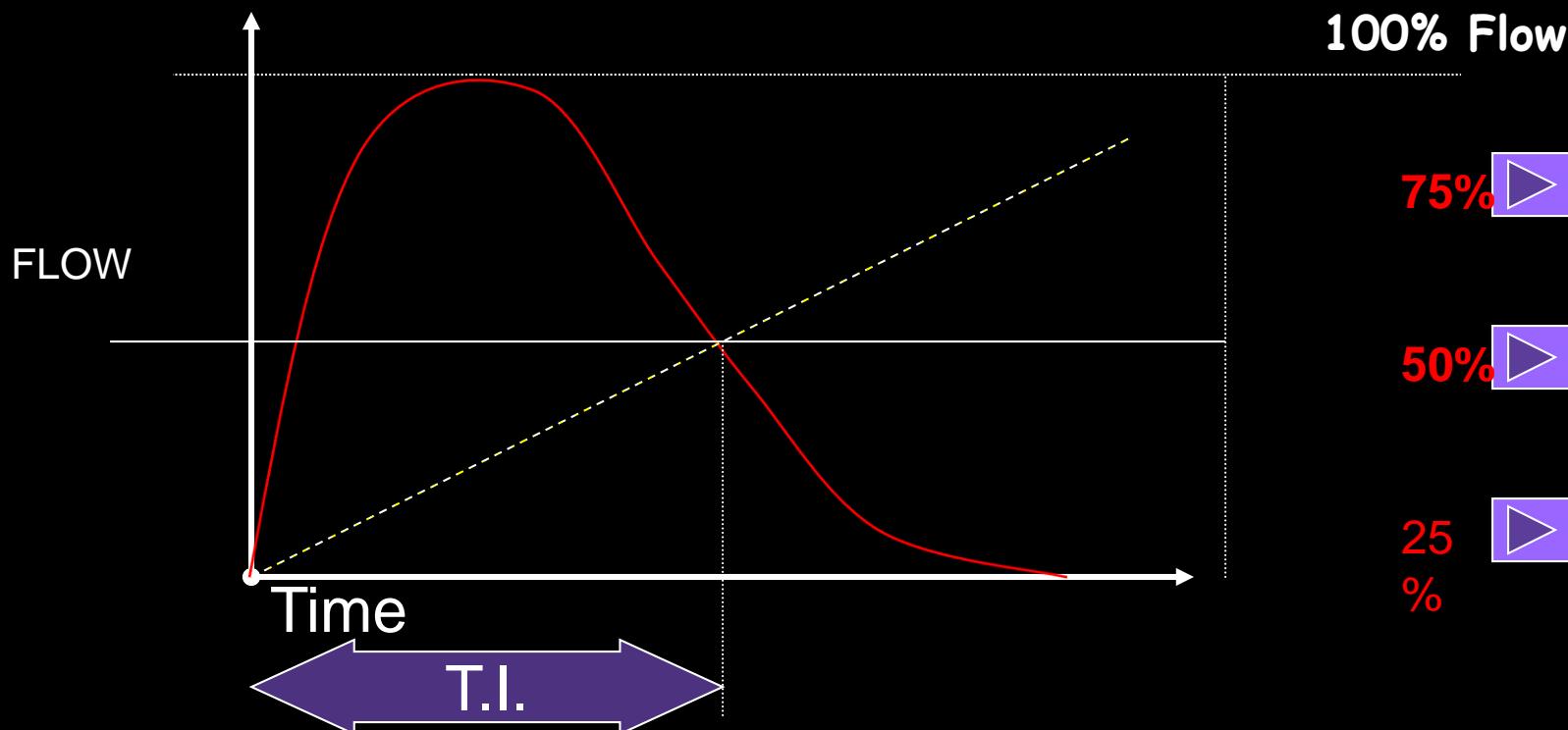


During PSV the cycling from inspiration to expiration is regulated by the flow DECAY

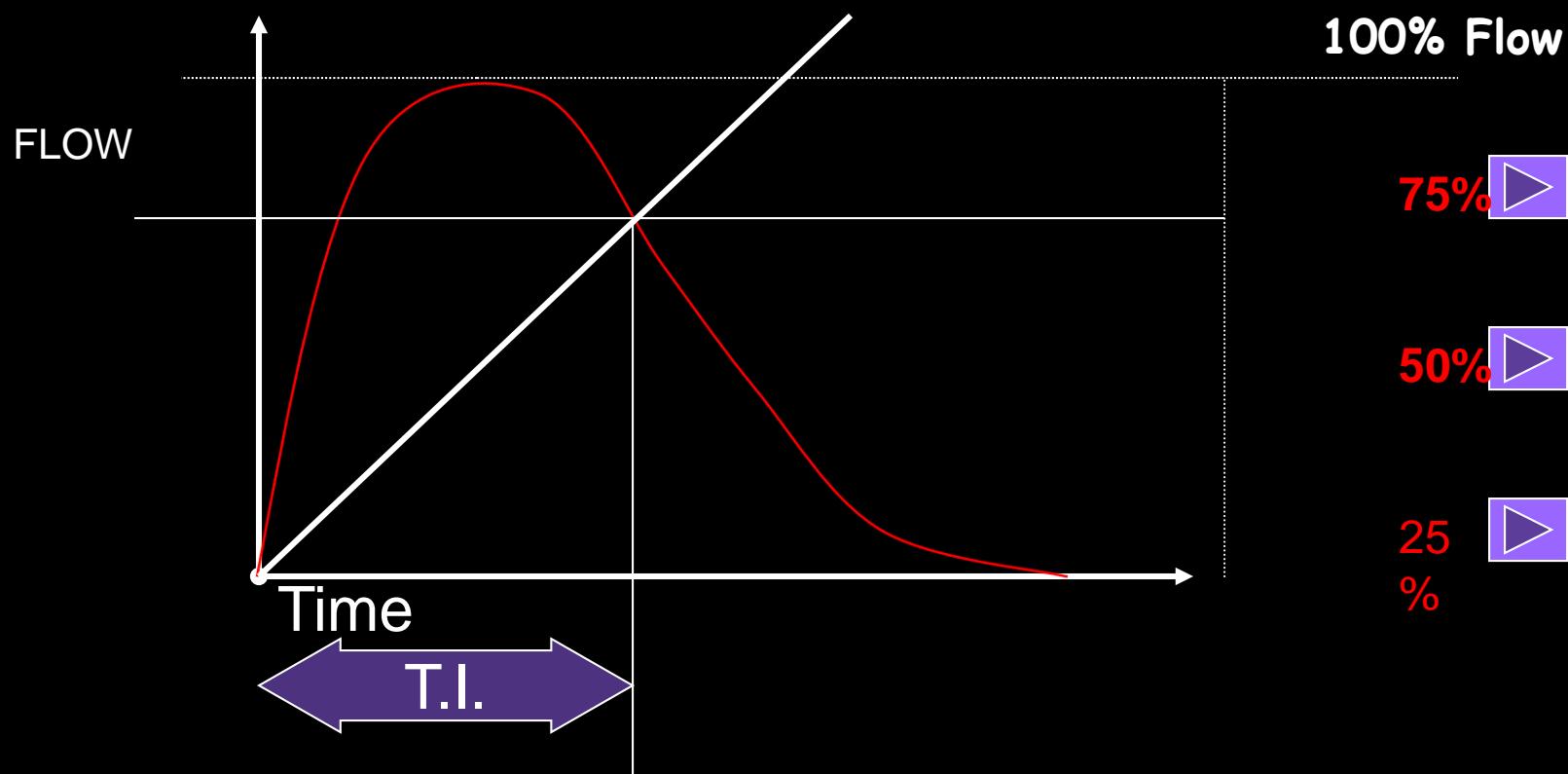
# Expiratory threshold



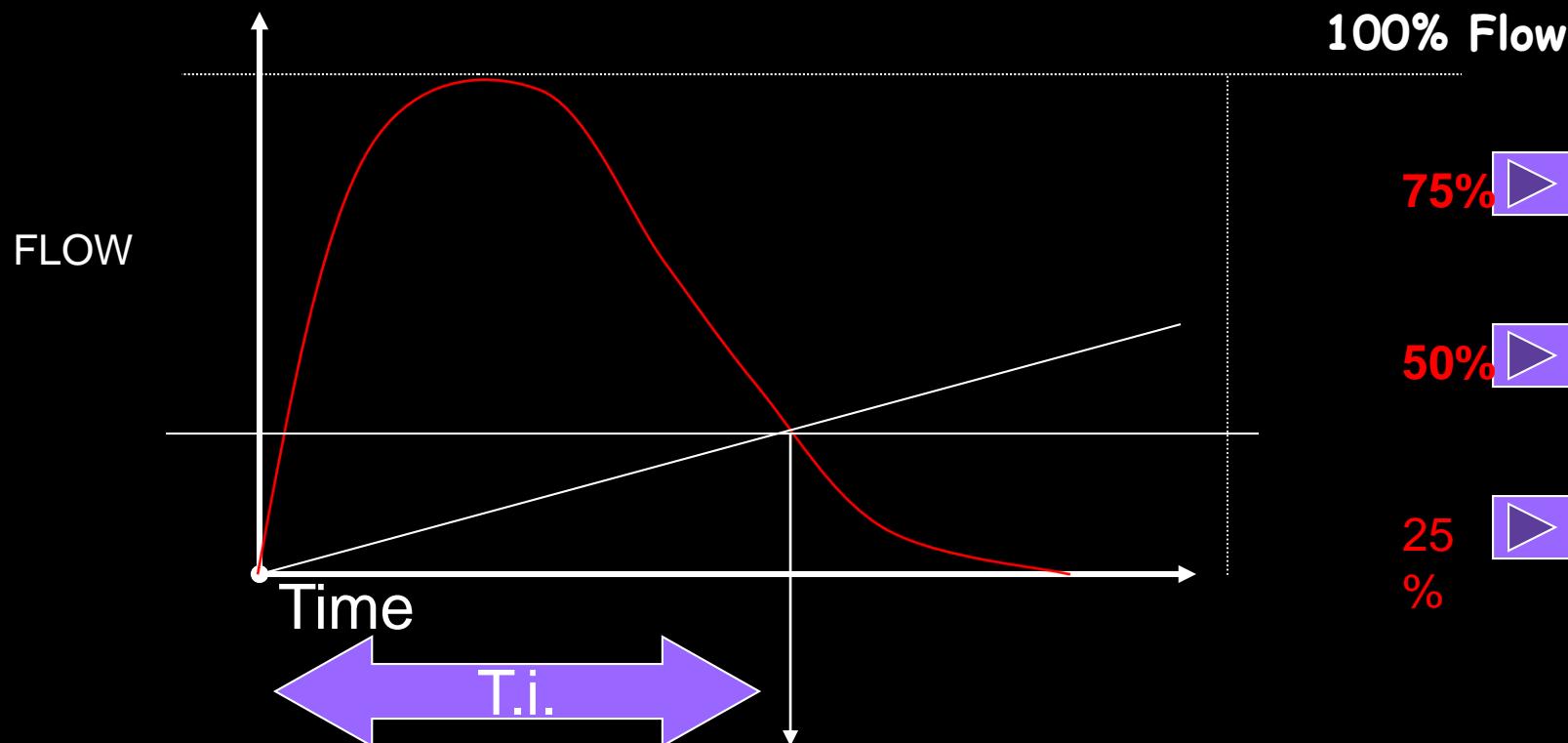
# Expiratory threshold 50%



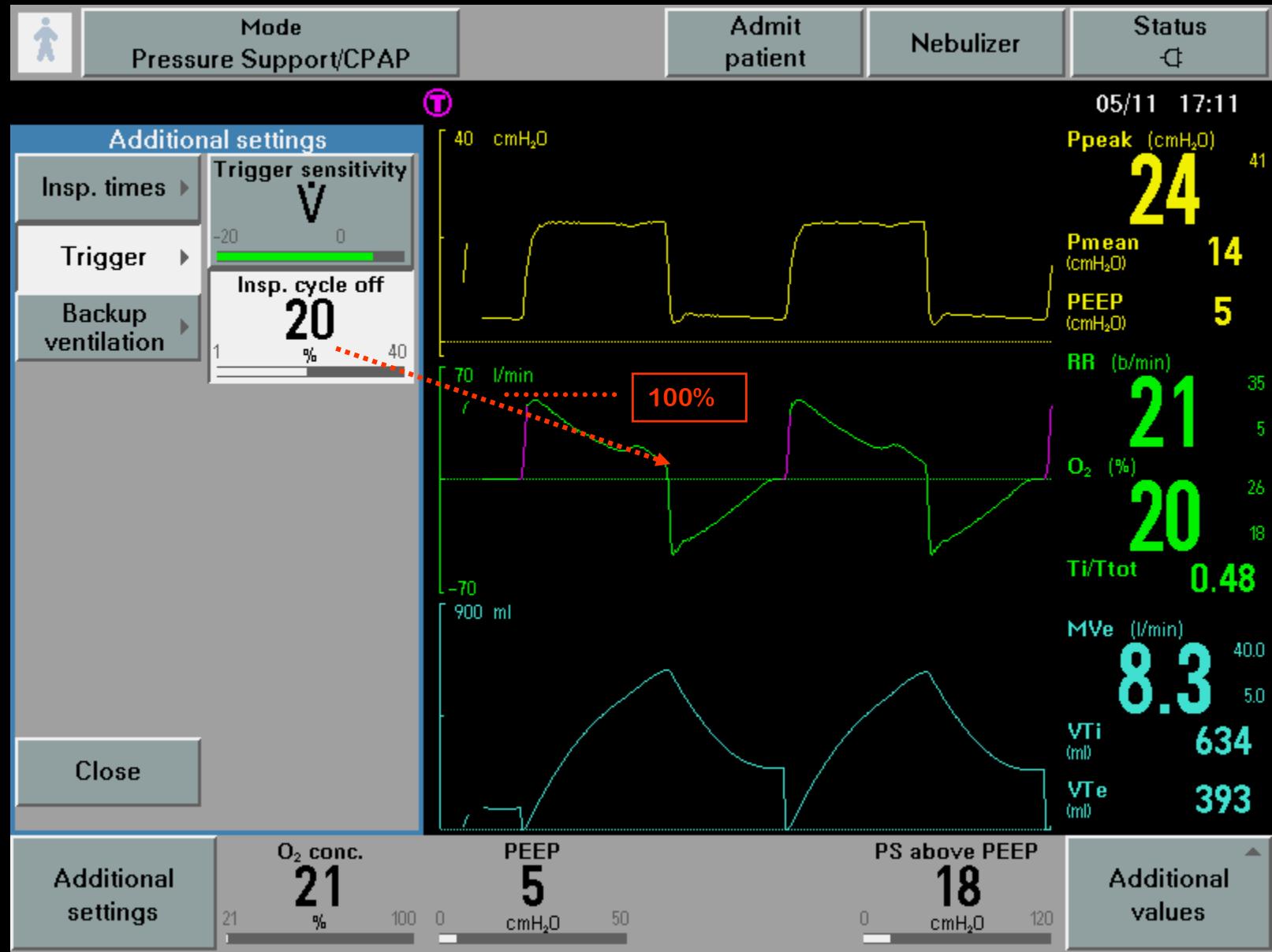
# Expiratory threshold 75%



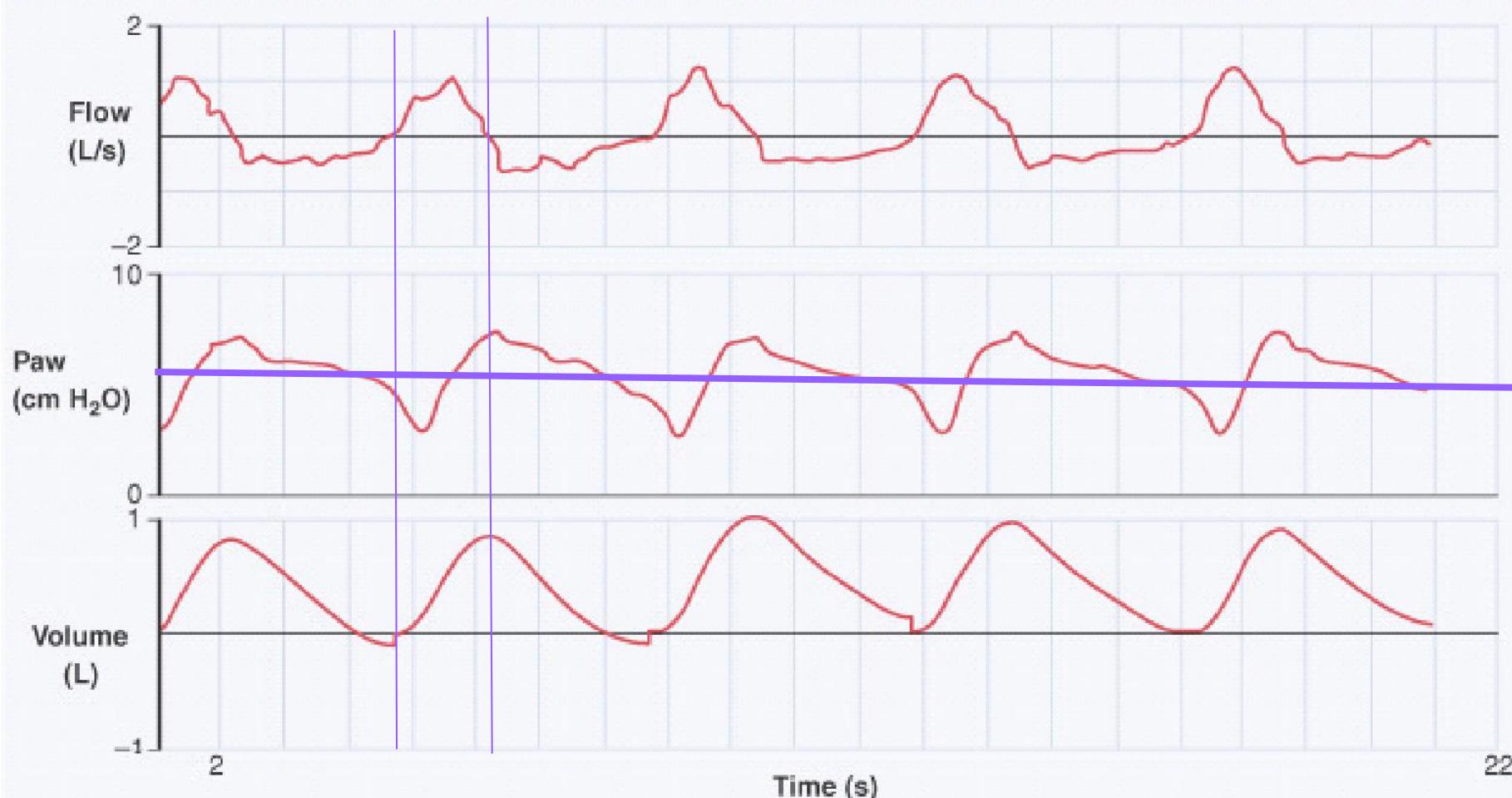
# Expiratory threshold 25%



# Insp. Cycle Off - Support Modes



# CPAP = PEEP only



Αποδέσμευση από τον αναπνευστήρα

Weaning

Mechanical Ventilation

Assessment of Weaning Readiness

A method for Screening  
(Spontaneous Breathing Trial = SBT)

A method for Weaning  
Difficult-to-wean patients  
(i.e., patients who fail SBT)



T Piece Adapter

Πηγή O<sub>2</sub>

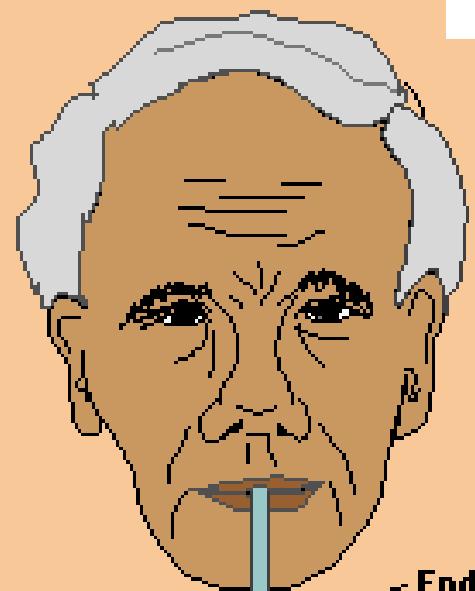
O<sub>2</sub>

O<sub>2</sub>

O<sub>2</sub>

O<sub>2</sub>

Source of  
gas delivery



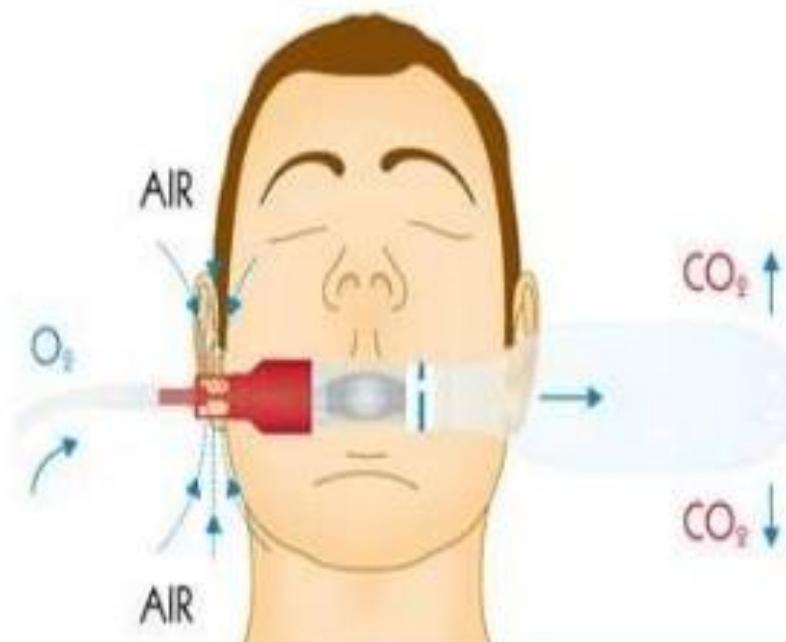
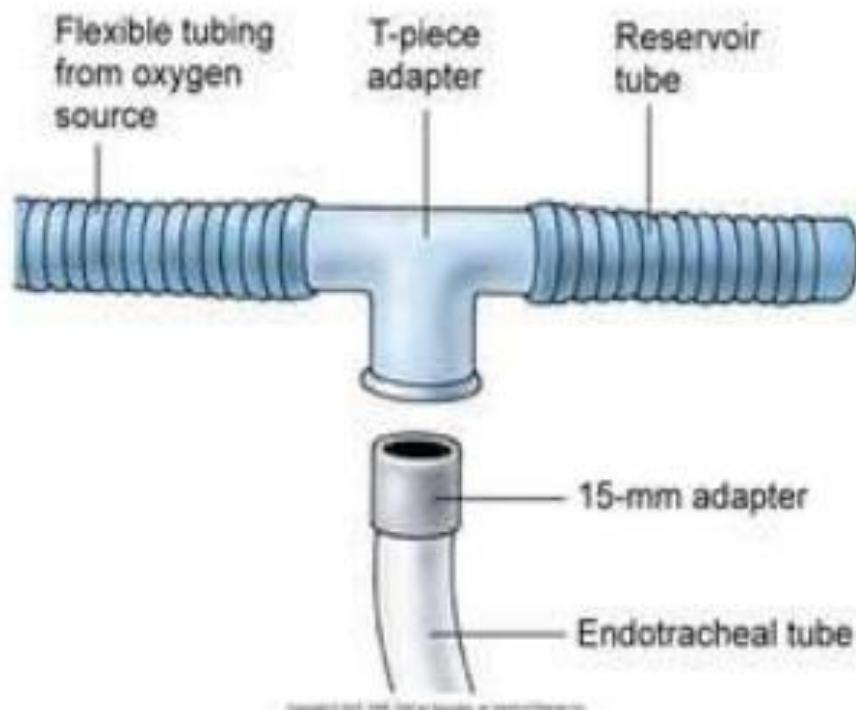
Endotracheal tube

Extension  
tube

T piece

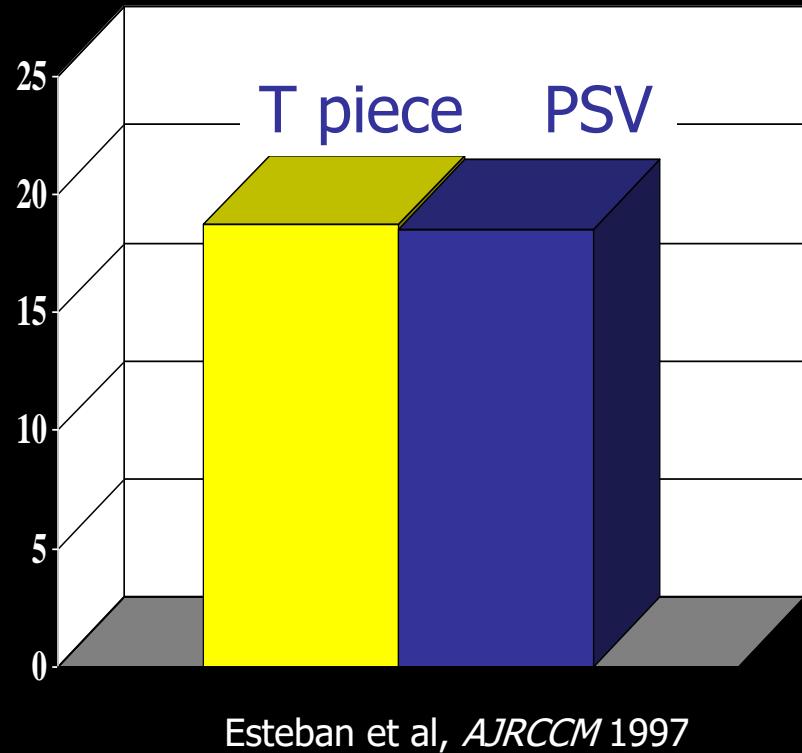


## T-piece

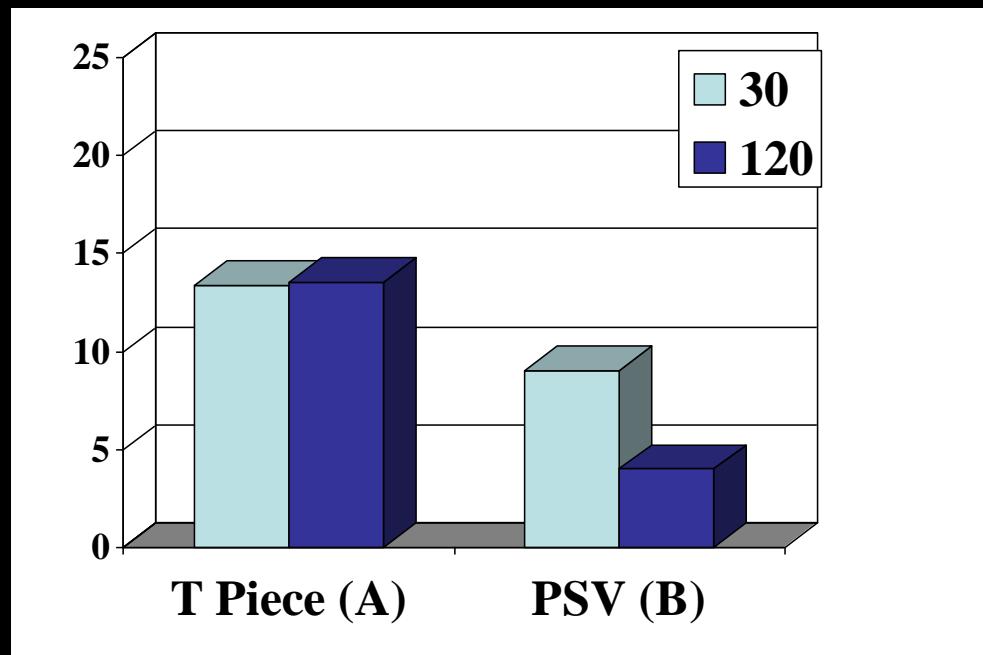




# Which mode?



How long?



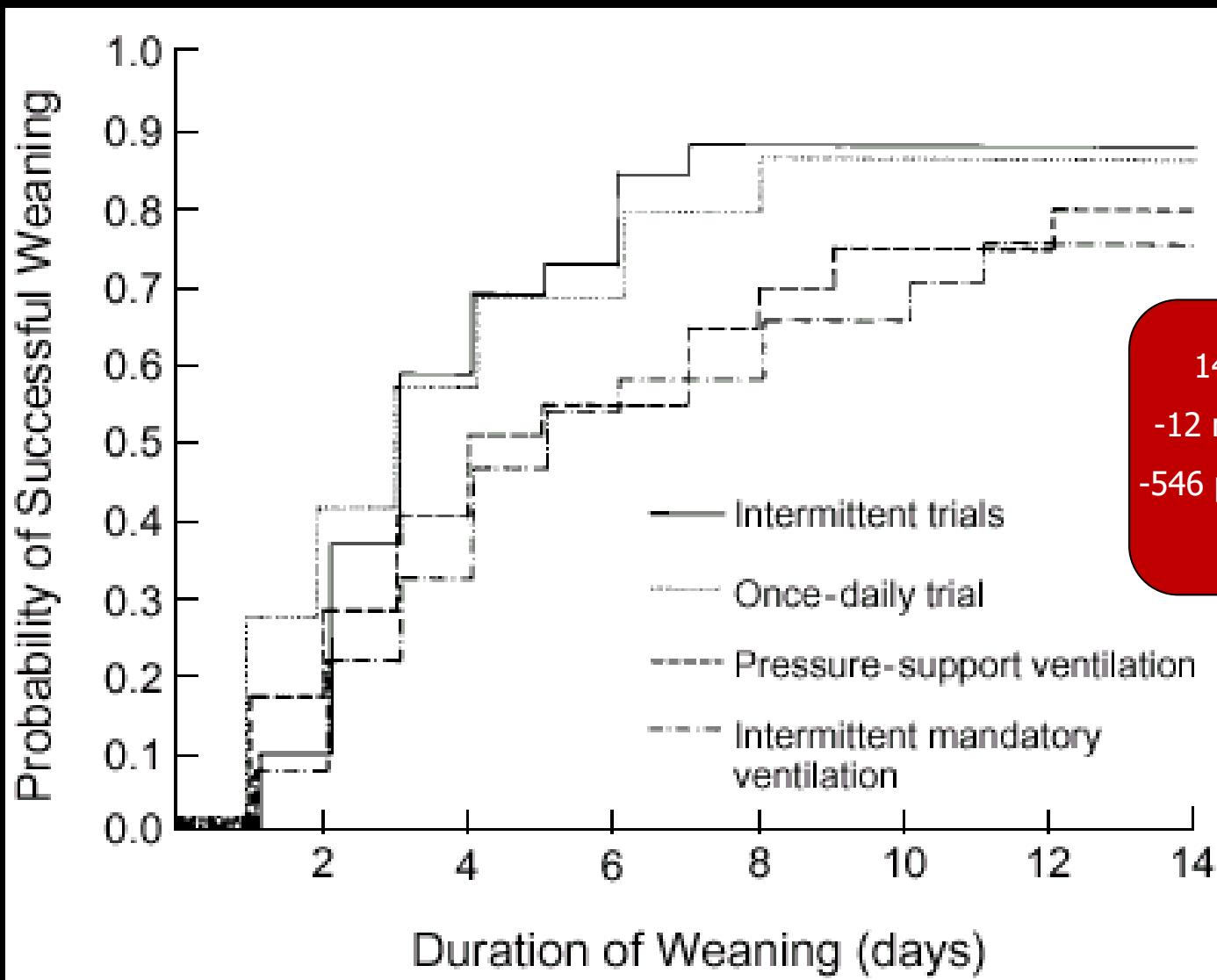
A) Esteban et al, *AJRCCM* 1999

B) Perrin et al, *Intensive Care Med* 2002

# Summary of Spontaneous Breathing Trials (SBT)

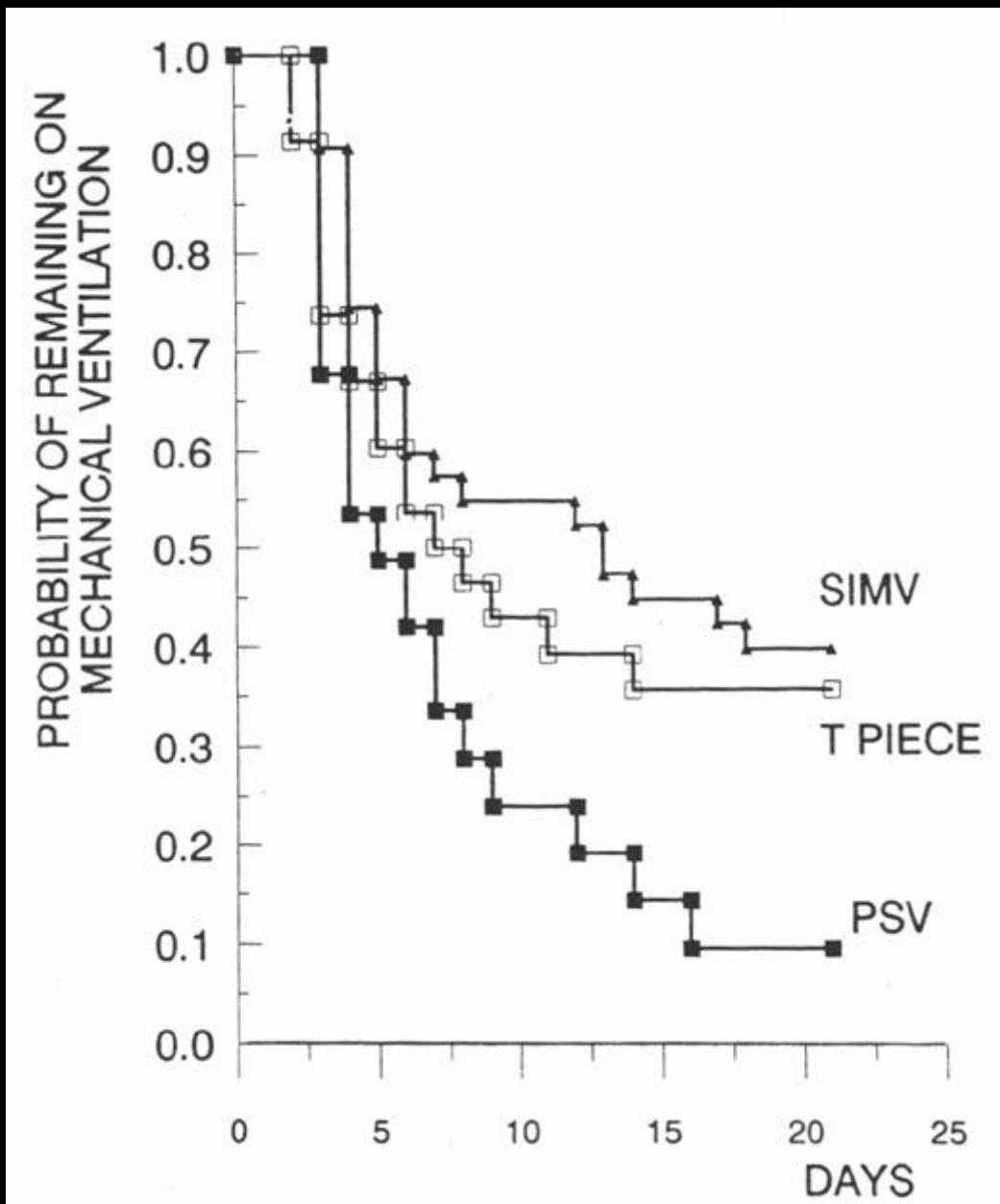
- ▶ SBT is an integral part of a weaning trial
- ▶ Method for SBT does not significantly influence
  - the rates of trial failure
  - Re-intubation
  - successful extubation
- ▶ Duration of SBT using T-piece or Pressure Support  
30 -120 min

# The Difficult- to-Wean Patients



14 Intensive Care Units:  
-12 months prospective study  
-546 patients meeting weaning criteria

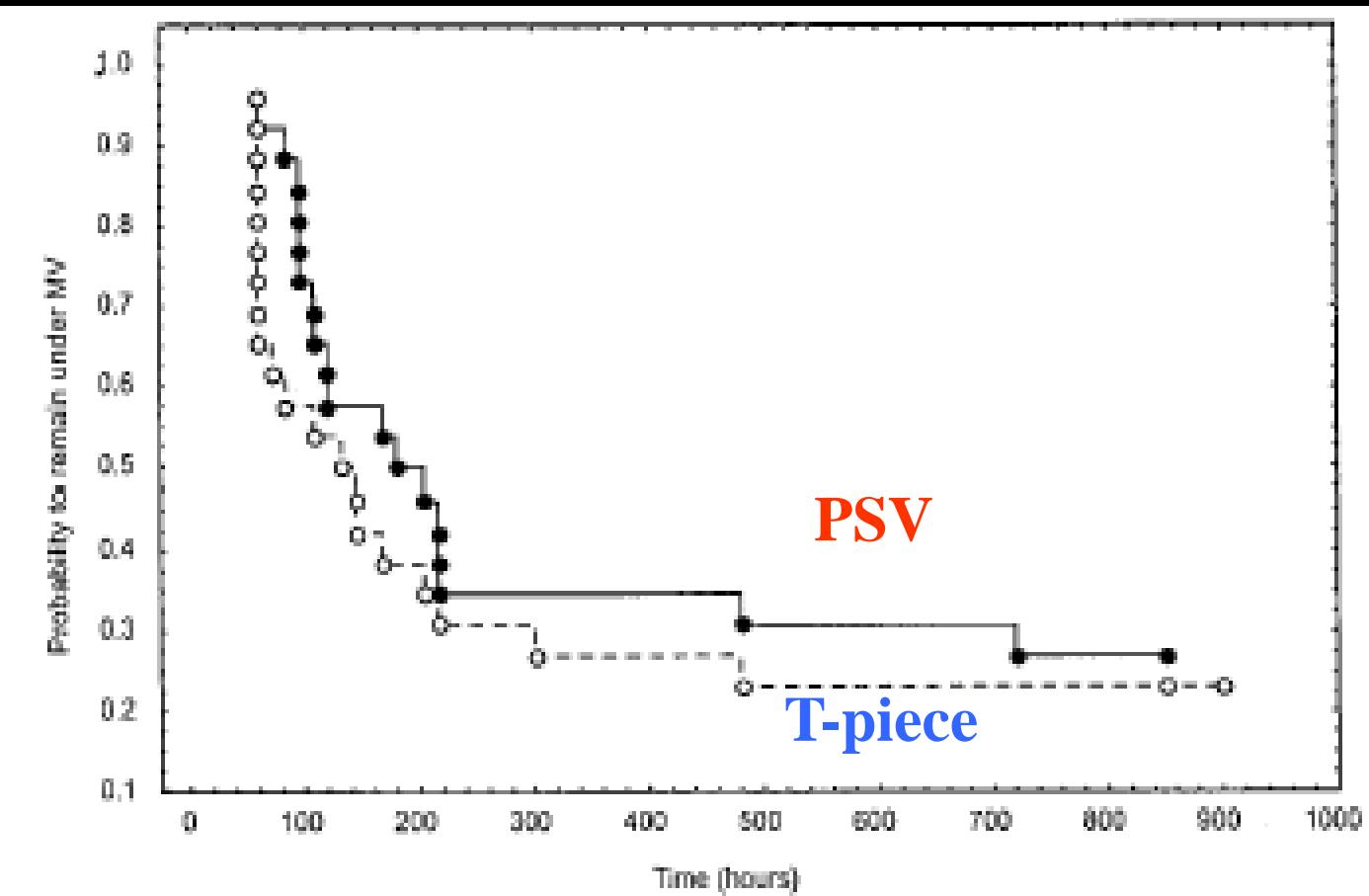
Esteban et al., N Engl J Med 1995, 332: 345-50



3 Intensive Care Units:  
Creteil, Rome, Barcelona  
-18 months prospective study  
-456 patients meeting  
weaning criteria

# Comparison of Two Methods for Weaning Patients with Chronic Obstructive Pulmonary Disease Requiring Mechanical Ventilation for More Than 15 Days

MICHELE VITACCA, ANDREA VIANELLO, DANIELE COLOMBO, ENRICO CLINI, ROBERTO PORTA, LUCA BIANCHI, GIOVANNA ARCARO, GIOVANNI VITALE, ENRICO GUFFANTI, ALBINO LO COCO, and NICOLINO AMBROSINO



# Summary

- In the ICU, T-piece and Pressure Support are equally effective as methods of weaning the difficult-to-wean patients.
- SIMV is the worst method of weaning.

Ευχαριστώ για την προσοχή σας



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