# Pathology of Soft Tissue Neoplasms

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#### **Tumors of Adipose Tissue**

# LIPOMA

- Benign neoplasm of mature adipocytes (white fat)
- Most common soft tissue overall
- Superficial lipomas most common in upper back, shoulder, neck and abdomen
- Surgical excision curative

– Intramuscular lipoma can recur (15% rate)

• Lipomatosis: Diffuse & regional overgrowth of mature adipose tissue

#### Macroscopic



## Microscopic





#### **Myxoid changes**



#### Fat necrosis with histiocytes



## Ancillary tests

Aberrations involving at 12q13-15 are most common

• No amplification of MDM2 gene

# **Differential diagnosis**

- Atypical lipomatous tumor/well-differentiated liposarcoma
- Spindle cell lipoma
- Myxoid liposarcoma
- Hibernoma
- Lipomatosis of nerve

# Angiolipoma

 Benign tumor consisting of mature adipocytes and thin-walled blood vessels with intraluminal fibrin thrombi

• Most are sporadic; rare familial cases

# **Clinical issues**

- Commonly in young adults
  - Male predominance
- Forearm, trunk, and upper arm most common sites
- Painful tender subcutaneous nodules
   Often multiple
- Treatment: Simple surgical excision
- Excellent prognosis
  - Local recurrence very rare
  - No risk of malignant transformation

# Microscopic





## Fibrin thrombi



## Cellular angiolipoma



# **Differential diagnosis**

- Lipoma
- Intramuscular hemangioma
- Kaposi sarcoma
- Spindle cell hemangioma
- Angiomyolipoma

# Spindle cell/Pleomorphic lipoma

- Benign adipocytic tumor with variable admixture
  - spindle cells
  - "ropey" collagen
  - mature adipose tissue,
  - multinucleate tumor giant cells
- Spindle cell lipoma (SCL) and pleomorphic lipoma (PL) are morphologic variations of same neoplasm

# **Clinical issues**

• Most common in older (> 50 years) men

Typically arise in shoulder, posterior neck, or back

• Benign; conservative surgical excision only

### Macroscopic and Microscopic



#### Ropey collagen and mast cells



#### Bipolar, bland spindle cells



# Pleomorphic cells with degenerate atypia

#### "Floret cells"





# Ancillary tests

• CD34(+); loss of nuclear Rb expression

• Molecular: Deletion of RB1 (13q14)

## Microscopic

#### **CD34**



CD34 and "floret cells"



# **Differential Diagnosis**

• Atypical lipomatous tumor

• Neurofibroma

• Myxoid liposarcoma

• Solitary fibrous tumor

Atypical Lipomatous Tumor/Well Differentiated Liposarcoma

- Locally aggressive mesenchymal neoplasm
  - atypical adipocytes and with least focal nuclear atypia in adipocytes &/or stromal cells

# **Clinical Issues**

- Most common form of liposarcoma (40-45% of cases)
- Most occur in middle-aged to elderly adults
- Extremities, retroperitoneum, abdominal cavity, paratesticular region, mediastinum
- Treatment: Complete surgical excision with negative margins
- Anatomic site is most important prognostic factor
  - Low risk of recurrence and dedifferentiation in extremities
  - More significant risk of recurrence/dedifferentiation in body cavities
  - No metastatic potential

## Macroscopic and Microscopic







# Lipoblasts Atypical cells in vessel wall

# **Ancillary Tests**

 Overexpression of nuclear MDM2 and CDK4 by IHC

• Molecular: MDM2 amplification

 Supernumerary ring and giant marker chromosomes

#### FISH with *MDM2* amplification



#### IHC for *MDM2*



# **Differential Diagnosis**

• Lipoma

• Pleomorphic lipoma

• Dedifferentiated liposarcoma

• Massive localized lymphedema

# Dedifferentiated Liposarcoma

- Malignant, generally nonlipogenic sarcoma of variable histologic grade
- Often arising in association with identifiable component of atypical lipomatous tumor (ALT)/well-differentiated liposarcoma (WDLPS)

# **Clinical Issues**

- Dedifferentiation occurs in up to 10% of ALT/WDLPS
- Vast majority (90%) arise de novo
- Middle-aged to elderly adults
- Most common in retroperitoneum/abdominal cavity
  Also spermatic cord, trunk, extremities, head/neck
- Treatment: Complete surgical resection with negative margins
  - Anatomic location is most important prognostic factor
  - Local recurrence in  $\sim$  40% of cases
  - Distant metastases observed in 15-20% of cases

#### Macroscopic



## Microscopic






# **Ancillary Tests**

• Diffuse nuclear MDM2(+) and CDK4(+)

• Molecular: Overexpression of MDM2

#### **IHC for CDK4**



#### IHC for MDM2



# **Differential Diagnosis**

• Undifferentiated pleomorphic sarcoma

• Myxofibrosarcoma

• Pleomorphic liposarcoma

# Myxoid Liposarcoma

- Malignant neoplasm composed of primitive nonlipogenic mesenchymal cells and variable number of lipoblasts
- Prominent myxoid stroma with characteristic branching capillary vasculature

# Clinical

- Accounts for ~ 30-35% of all liposarcomas
- Most occur in young to middle-aged adults
- Usually arise in deep soft tissue of the extremities
- Treatment: Complete surgical resection with negative margins
- Local recurrence in  $\sim$  30% of cases
- Metastatic risk varies by histologic grade (< 10% up to 60%)</li>
- Presence of hypercellular (round cell) areas is most important histologic predictor of outcome

## Macroscopic and Microscopic







## Microscopic





# Ancillary Tests and Differential Diagnosis

• Molecular: Characteristic t(12;16)(q13;p11)

- Atypical lipomatous tumor/well-differentiated liposarcoma
- Myxofibrosarcoma
- Intramuscular myxoma
- Low-grade fibromyxoid sarcoma

# Fibroblastic/Myofibroblastic Lesions

# Nodulat Fasciitis

- Self-limited, benign fibroblastic/myofibroblastic neoplasm
- Characterized in most cases by USP6 MYH9 gene fusion

• Variants: Intravascular fasciitis, cranial fasciitis

## **Clinical Issues**

- Wide range (most common: 20-40 years)
- Most common in extremities (particularly forearm), trunk, and head and neck
- Usually in subcutaneous tissue
- Small tumor with **rapid growth characteristic**
- Treatment: Conservative surgical excision
- Excellent prognosis; local recurrence very rare

## Microscopic







# Ancillary Tests and Differential diagnosis

- Molecular: USP6 gene rearrangement in most cases
  - USP6-MYH9 fusion most common
- Desmoid fibromatosis
- Inflammatory myofibroblastic tumor
- Leiomyosarcoma
- Pseudosarcomatous myofibroblastic proliferation

## Desmoid-type Fibromatosis

 Intermediate (locally aggressive), but nonmetastasizing myofibroblastic neoplasm that is characterized by infiltrative growth and a tendency toward local recurrence

# **Clinical Issues**

- Most are sporadic; 10% familial
- Wide age range (most common in young to middleaged adults)
- Abdominal wall tumors common in pregnant women
- Extraabdominal and intraabdominal tumors
- Mesenteric tumors can be associated with FAP/Gardner syndrome
- Usually large, painless, slow-growing mass
- Treatment: Surgical excision with preservation of function, radiation, or nonsurgical medical therapy
- Benign; does not metastasize
- Significant rate of local recurrence

### Macroscopic and Imaging



## Microscopic







### **Ancillary Tests**

• Nuclear  $\beta$ -catenin (+) in ~ 70% of cases

 SMA(+), MSA(+), focal desmin (+), S100 protein (-), CD117(-)

#### **IHC for SMA**



IHC for b-catenin



# **Differential Diagnosis**

- Low-grade myofibroblastic sarcoma
- Gastrointestinal stromal tumor (spindle cell type)
- Fibrous scar
- Nodular fasciitis
- Sclerosing mesenteritis/idiopathic retroperitoneal fibrosis

# Dermatofibrosaroma Protuberans (DFSP)

 Locally aggressive, low-grade, superficial fibroblastic sarcoma characterized by a COL1A1 – PDGFB gene fusion

 May show progression to higher grade neoplasm with increased metastatic risk (fibrosarcomatous DFSP)

# **Clinical Issues**

- Young to middle-aged adults
- Most common in trunk and proximal extremities
- Persistent, slow-growing, plaque-like or protuberant nodular/multinodular cutaneous mass
- Treatment: Complete surgical excision with widely negative (2-3 cm) margins
- Local recurrences common (up to 50% of cases)
- Metastases extremely rare (< 0.5%)
- 10-15% risk in tumors with fibrosarcomatous changes

#### Macroscopic and Microscopic





#### Storiform growth pattern



#### Infiltration in a honeycomb fashion





# **Ancillary Tests**

• Diffuse CD34(+)

 Molecular: Characteristic t(17;22)(q22;q13) leading to COL1A1 – PDGFB fusion product

# **Differential Diagnosis**

• Dermatofibroma (fibrous histiocytoma)

• Diffuse neurofibroma

• Perineurioma

• Dermatomyofibroma

# Adult-type Fibrosarcoma

- Sarcoma composed of spindle cells resembling fibroblasts
- Most tumors classified as fibrosarcoma in older literature now reclassified as other entities
- Must lack features of well-defined fibrosarcoma subtypes and other entities
- Diagnosis of exclusion
- Lacks significant nuclear pleomorphism
- Tumors with marked pleomorphism classified as undifferentiated pleomorphic sarcoma
# **Clinical Issues**

- Vanishingly rare if strictly defined
- Most arise in deep soft tissues of extremities in adults
- Treatment: Wide surgical resection
- Limited prognostic data using modern strict diagnostic criteria
- 50% overall mortality

## Herringbone pattern





# **Differential Diagnosis**

- Undifferentiated pleomorphic sarcoma
- Synovial sarcoma
- Malignant peripheral nerve sheath tumor
- Fibrosarcomatous dermatofibrosarcoma protuberans
- Desmoid fibromatosis
- Cellular dermatofibroma
- Low-grade myofibroblastic sarcoma
- Leiomyosarcoma

## Fibrohistiocytic Tumors

# Dermatofibroma/Benign Fibrous Histiocytoma

- Benign, limited proliferation of histiocytic and fibroblastic cells in dermis
- Terms dermatofibroma (DF) and fibrous histiocytoma (FH) are interchangeable
- Evidence supports both neoplastic and reactive pathogenesis
- Tumor may be preceded by local trauma, including insect bite, in some cases

## **Clinical Issues**

- Affects all ages, but most common in young adults
- Typically occur on distal extremities, but may present at any cutaneous site
- Firm, isolated, flesh-colored subcutaneous papule or nodule
- Excellent prognosis in vast majority of cases
- Metastasis and death in very rare cases of cellular and atypical DF

## Macroscopic and Microscopic



# Microscopic

#### **Entrapment of collagen fibers**



Lipidized cells





#### Aneurysmal type

#### Hemosiderin





# **Differential Diagnosis**

- Dermatofibrosarcoma protuberans
- Atypical fibroxanthoma (AFX)
- Basal cell carcinoma
- Angiosarcoma
- Kaposi Sarcoma

## Smooth Muscle Tumors

# Superficial Leiomyoma

• Benign dermal smooth muscle neoplasm

 Pilar type (piloleiomyoma) arises from arrector pili

 Genital type arises from specialized genital smooth muscle

# Etiology/Pathogenesis

- Hereditary leiomyomatosis and renal cell cancer syndrome (HLRCC)
  - Multiple leiomyomas of skin and uterus
  - Subset develop renal cell carcinoma (RCC)
  - Often aggressive types
  - Mutations in <u>fumarate hydratase (FH) gene</u> (autosomal dominant)

# **Clinical Issues**

 Pilar leiomyoma: Multiple painful pink/brown papules/nodules, most < 2 cm</li>

• Genital leiomyoma: Solitary painless nodule on scrotum, penis, vulva, or nipple of adults

# Clinical

#### Cutaneous leiomyoma & HLRCC



#### Multiple Pilar leiomyomas



## Microscopic









# **Differential Diagnosis**

• Superficial leiomyosarcoma

Congenital smooth muscle hamartoma

• Angioleiomyoma

• Dermatomyofibroma

## Leiomyosarcoma

 Malignant neoplasm composed of cells exhibiting true smooth muscle differentiation

# **Clinical Issues**

- Most common in middle-aged to older adults
- Female predilection in retroperitoneum/pelvis
  - **Retroperitoneum** most common site
  - Also inferior vena cava, extremities, head/neck
  - Vena caval tumors may cause Budd-Chiari syndrome
- Treatment: Complete surgical resection
- Overall poor prognosis
  - Local recurrence and metastasis common
  - Retroperitoneal tumors have worst prognosis
- Lung is most common site of metastasis
- Can also metastasize to skin, lymph nodes, bone, and other soft tissue sites

## **Clinical and Microscopic**











# **Ancillary Tests**

**IHC for Smooth Muscle Actin** 



**IHC for desmin** 



# **Differential Diagnosis**

- Leiomyoma
- PEComa
- Desmoid fibromatosis
- Malignant peripheral nerve sheath tumor
- Undifferentiated pleomorphic sarcoma

## **Tumors of Skeletal Muscle**

# Embryonal Rhabdomyosarcoma

 Malignant primitive mesenchymal neoplasm that shows <u>variable differentiation toward</u> <u>embryonic skeletal muscle</u>

 May originate in epithelial-lined viscera (botryoid type)

# **Clinical Issues**

- Embryonal rhabdomyosarcoma (ERMS) is most common subtype (60-70%)
- Most occur in 1st decade of life
- Most arise in head/neck region or genitourinary system
- Suddenly enlarging mass
- Botryoid-type ERMS arises as polypoid growth in mucosal sites (e.g., vagina, bladder)
- Treatment: Multimodality therapy
- Main prognostic parameters are histologic type, disease stage, age, and site
  - ERMS has significantly better prognosis than alveolar rhabdomyosarcoma (ARMS)

## Microscopic





# Botryoid-type

#### **Cambium Layer**



## Ancillary tests

• Diffuse desmin (+)

• Nuclear myogenin (+) and MYOD1(+)

• Molecular: Absence of FOXO1 translocations
#### **IHC for Desmin**



### IHC for myogenin



# **Differential Diagnosis**

• Rhabdomyoma

- Alveolar rhabdomyosarcoma
- Malignant peripheral nerve sheath tumor (MPNST) with rhabdomyoblastic differentiation
- Neuroblastoma

### Alveolar Rhabdomyosarcoma

 Cellular, malignant neoplasm composed of primitive round cells with evidence of skeletal muscle differentiation

# **Clinical Issues**

- Most common between 10-25 years of age
- Most frequent in deep soft tissues of extremities
- Often high stage at presentation
- Treatment: Multimodality approach
- Fully malignant, high-grade sarcoma
- Overall worse prognosis than embryonal rhabdomyosarcoma (ERMS)
  - Recent evidence suggests that prognosis may be related to fusion status

# Microscopic



### Pseudoalveolar pattern



### **Cytologic features**



### Rhabdomyoblasts



### Rhabdomyoblasts



# **Ancillary Tests**

 Usually diffuse desmin(+), myogenin (+) and MyoD1(+)

 Molecular: 2 characteristic recurrent chromosomal translocations (80% of cases) – t(2;13)(PAX3-FOXO1) or t(1;13)(PAX7-FOXO1)

## Ancillary tests

**IHC for desmin** 





### FISH for FOX01



# **Differential Diagnosis**

• Embryonal rhabdomyosarcoma

• Sclerosing rhabdomyosarcoma

• Various small round blue cell tumors

### Vascular Tumors

# Lobular Capillary Hemangioma

 Clinically distinctive benign vascular lesion characterized by <u>vague lobules of capillary</u> <u>channels arranged around larger "feeder"</u> <u>vessels</u>

• Synonym: Pyogenic granuloma

# **Clinical issues**

- Wide age range (common in children and young adults)
- Occurs in superficial skin and mucosal sites
  - Head and neck most common (particularly lip, gingiva, nasal cavity)
- Small (< 2.5 cm), red-purple, rapidly growing exophytic nodule
  - Overlying mucosal surface often atrophic or ulcerated
- May occur during pregnancy (granuloma gravidarum)
- Treatment: Simple excision
- Benign
  - Local recurrence is rare

# Microscopic







# **Differential Diagnosis**

• Bacillary angiomatosis

• Angiofibroma of soft tissue

• Angiosarcoma

## Angiosarcoma

 Malignant neoplasm showing morphologic &/or immunophenotypic evidence of vascular/endothelial differentiation

 Subsets associated with prior <u>radiotherapy</u>, <u>chronic lymphedema</u>, <u>exposure to certain</u> <u>chemicals</u>, <u>certain syndromes</u>

# **Clinical Issues**

- Wide age range overall (more common in adults)
- Cutaneous scalp/face in elderly, cutaneous breast with history of radiotherapy or chronic lymphedema, parenchymal breast in young women
- Deep soft tissue forms most common in lower extremity
- Treatment: Aggressive surgical resection with widely negative margins
- Overall poor prognosis (overall survival rate: 30%)

## Macroscopic and Microscopic





### Subtle nuclear atypia



### **Papillary-like structures**





### Infiltration of adipose tissue

### Solid growth



# **Differential Diagnosis**

• Hemangioma

• Atypical vascular lesion

• Metastatic carcinoma

# Kaposi Sarcoma

- Vascular neoplasm (usually low grade) caused by HHV8
- Sites: Skin (majority), mucosa, lymph nodes, organs
- Clinical variants
  - Classic: Lower legs/feet of elderly males; indolent
  - African/endemic: Children/adults in equatorial Africa
  - latrogenic: Immunosuppressed patients of any age
  - AIDS-associated: Aggressive (often disseminated)
- Many modalities for symptom control, but no cure

# Clinical



# Microscopic

#### Infiltrating vascular channels



### Infiltrative growth



# Early lesion/Increased number of vessels with promontory sign



### Inflammation



#### **Tumor stage**



#### **Cellular fascicle of spindle cells**



# Ancillary tests

#### **IHC for HHV8**



#### IHC for CD34



# **Differential Diagnosis**

- Angiosarcoma
- Severe vascular stasis (acroangiodermatitis)
- Hobnail (targetoid hemosiderotic) hemangioma
- Microvenular hemangioma
- Spindle cell hemangioma
- Kaposiform hemangioendothelioma
- Acquired tufted angioma
- Progressive lymphangioma
- Cellular fibrous histiocytoma
- Leiomyosarcoma (cutaneous)

### **Peripheral Nerve Sheath Tumors**

# Schwannoma

- Encapsulated, <u>benign peripheral nerve sheath</u> <u>tumor composed predominantly of Schwann cells</u>
- Any age

– Most common: 20-50 years

- Most occur in superficial soft tissues of head/neck and upper or lower extremities
  - Also retroperitoneum, posterior mediastinum, and viscera (GI tract, kidney, etc.)
- Surgical excision is generally curative and recurrences are rare

## Microscopic





### **Alternating cellularity**



#### Antoni A and B zones



### Nuclear palisading

### Verocay body




#### Ancillary tests

S100-protein by IHC

## **Differential diagnosis**

• Neurofibroma

• Malignant peripheral nerve sheath tumor

• Pleomorphic hyalinizing angiectatic tumor

## Neurofibroma

 Benign peripheral nerve sheath tumor composed of <u>Schwann cells</u>, fibroblasts, <u>perineurial-like cells</u>, and residual nerve axons <u>within extracellular matrix</u>

# Clinical

- Most common peripheral nerve sheath tumor
  - 3 main types: Localized (cutaneous or intraneural), diffuse, and plexiform
    - <u>Plexiform type is essentially pathognomonic for</u> <u>neurofibromatosis type 1 (NF1)</u>
- Wide age range

Diffuse and plexiform types most common in young

- Most (90%) of neurofibromas are sporadic
- Benign; very rare local recurrence
- Malignant transformation usually occurs in setting of NF1 (up to 10% of patients)

### Macroscopic





### Microscopic



### Mast cells



### Hypocellularity



### **Rounded nuclei**



### Wagner- Meissner Bodies



## Ancillary tests

### **IHC for S100-protein**



## IHC for Epithelial membrane antigen (EMA)



# **Differential Diagnosis**

• Malignant peripheral nerve sheath tumor

• Dermatofibrosarcoma protuberans

• Schwannoma

• Perineurioma

# Malignant Peripheral Nerve Sheath Tumor (MPNST)

- <u>Malignant neoplasm showing evidence of</u> <u>nerve sheath (mostly Schwannian) cellular</u> <u>differentiation</u>
- May arise from peripheral nerve or preexisting benign nerve sheath tumor, or within context of NF1
- 50% of cases associated with NF1

## **Clinical Issues**

- Wide age range (most common 20-50 years)
- Extremities (often proximal), trunk, and head/neck

– Most (70%) arise in major nerve trunks

- Treatment: Complete surgical resection
- Overall poor prognosis
  - Local recurrence in up to 40%
  - Metastasis: 30-60%

### Macroscopic



## Microscopic

#### "Marbled" like pattern



#### Nuclear atypia common



#### **Perivascular accentuation**



### **Collagenous stroma**



### **Coagulative necrosis**



### **Fascicular growth**



## Ancillary tests

• S100 protein (+) in up to 50%, characteristically focal

# **Differential Diagnosis**

• Synovial sarcoma

Cellular schwannoma

• Atypical neurofibroma

# Tumors Of Uncertain Differentiation

# Synovial Sarcoma

 Malignant mesenchymal spindle cell neoplasm with <u>variable epithelial differentiation</u>, <u>including gland formation</u>, and characterized by a specific chromosomal translocation t(X;18)(p11;q11)

# **Clinical issues**

- Most common in **young adults**
- Most arise in deep soft tissues of the extremities
  - Most common near joints (particularly knee)
  - Also head/neck, trunk, many other sites
- Treatment: Complete surgical resection with negative margins
- Adjuvant therapy in some cases
- Local recurrence common
- Metastasis in up to 50% of cases
- Unfavorable prognostic factors
  - Size > 5 cm, age > 40 years, poorly differentiated histology

### Macroscopic



# Microscopic

### **Monophasic morphology**



### **High cellularity**



### Variations in cellularity



### **Prominent stromal collagen**



### **Biphasic moprhology**



### **Cystic glands**



### Ancillary tests

#### **IHC for TLE1**



### FISH characteristic t(X;18)



# **Differential Diagnosis**

• Malignant peripheral nerve sheath tumor

 Fibrosarcomatous dermatofibrosarcoma protuberans

• Solitary fibrous tumor

## Extraskeletal Ewings Sarcoma

 Malignant small round blue cell neoplasm of bone and soft tissue characterized by specific EWSR1 fusions

 Ewing sarcoma and primitive neuroectodermal tumor (PNET) represent continuous morphologic spectrum

## **Clinical Issues**

• Children, adolescents, and young adults

Aggressive with propensity for early metastases

- 10-year survival
  - Localized disease at presentation: 67%
  - Metastatic disease at presentation: 28%

### Microscopic



### Clear cell cytoplasm common



#### Monotonous



#### **True rosette formation**



### Large cell atypical variant



### Ancillary tests



# **Differential Diagnosis**

- Alveolar rhabdomyosarcoma
- Poorly differentiated synovial sarcoma
- Desmoplastic small round cell tumor
- Neuroblastoma
- Small cell carcinoma
- Extraskeletal mesenchymal chondrosarcoma
- Lymphoma

# Undifferentiated/Unclassified Sarcomas

### Undifferentiated Pleomorphic Sarcoma

 High-grade sarcoma composed of pleomorphic spindle and polygonal cells and showing no other identifiable line of differentiation

• Essentially a diagnosis of exclusion

• Synonym: Malignant fibrous histiocytoma
# Clinical

- Usually older and elderly adults (50-70 years)
- Most arise in deep soft tissues of extremities (thigh common)
- Treatment: Complete surgical resection with margins
- Fully malignant; usually high grade
  - Local recurrence in up to 30%; distant metastasis in up to 50%

### Microscopic



## Microscopic

#### Storiform growth pattern



#### **Fascicular growth**



#### **Coagulative necrosis**



#### **Chronic inflammation**



## **Differential Diagnosis**

• Dedifferentiated liposarcoma

• Other high-grade pleomorphic sarcomas

• Carcinoma, melanoma, lymphoma

### By Diego Rivera 1886-1954

