**DESCRIPTIVE ANATOMY II**

**PROGRAM OF THE DISSECTION COURSES**

**ANATOMY DEPARTMENT, MEDICAL SCHOOL NKUA**

**ACAD. YEAR 2025-2026**

**WEDNESDAY 15:00-17:00 / THURSDAY 14:00-16:00**

| **Date** | **Day** | **Lesson** | **Professor** |
| --- | --- | --- | --- |
| 01/10/2025 | WEDNESDAY**15:00-17:00** | Introduction to Anatomy, Basic Anatomical Knowledge, Orientation (Anatomical position and planes), Anatomical Terminology | PiagkouChrysikosTsikouris |
| 02/10/2025 | THURSDAY**14:00-16:00** | Introduction to Anatomy, Basic Anatomical Knowledge, Orientation (Anatomical position and planes), Anatomical Terminology | FilippouPiagkou |
| 08/10/2025 | WEDNESDAY**15:00-17:00** | Thoracic wall/ Bones (sternum, ribs, and thoracic vertebrae) related Joints, Muscles, Vessels, and Nerves. The Pectoral Region, and the Axilla | PiagkouChrysikosTsikouris |
| 09/10/2025 | THURSDAY**14:00-16:00** | Thoracic wall/ Bones (sternum, ribs, and thoracic vertebrae) related Joints, Muscles, Vessels, and Nerves. The Pectoral Region, and the Axilla | FilippouPiagkou |
| 15/10/2025 | WEDNESDAY**15:00-17:00** | Upper limb skeleton.Shoulder Joint (bones and ligaments), Arm (humerus), Muscles, Vessels, and Nerves/ Elbow Joint | PiagkouChrysikosTsikouris |
| 16/10/2025 | THURSDAY**14:00-16:00** | Upper limb skeleton.Shoulder Joint (bones and ligaments), Arm (humerus), Muscles, Vessels, and Nerves/ Elbow Joint | FilippouPiagkou |
| 22/10/2025 | WEDNESDAY**15:00-17:00** | Forearm and Hand (palm and dorsum)/ Bones and ligaments/ Wrist Joint and other joints of the carpal area/ Muscles, Vessels, and Nerves. Carpal tunnel. | PiagkouChrysikosTsikouris |
| 23/10/2025 | THURSDAY**14:00-16:00** | Forearm and Hand (palm and dorsum)/ Bones and ligaments/ Wrist Joint and other joints of the carpal area/ Muscles, Vessels, and Nerves. Carpal tunnel. | Tsakotos Piagkou Filippou |
| 29/10/2025 | WEDNESDAY**15:00-17:00** | Neck/ Cervical vertebrae (emphasis on C1 and C2 area, craniocervical joints). Muscles classification (origin and insertion), Vessels, and Nerves (cervical plexus and related cranial nerves in the neck). Triangles and landmarks. | PiagkouTsikouris Shihada |
| 30/10/2025 | THURSDAY**14:00-16:00** | Neck/ Cervical vertebrae (emphasis on C1 and C2 area, craniocervical joints). Muscles classification (origin and insertion), Vessels, and Nerves (cervical plexus and related cranial nerves in the neck). Triangles and landmarks. | PiagkouChrysikosShihada |
| 05/11/2025 | WEDNESDAY**15:00-17:00** | Skull Bones with emphasis on neurocranium / Description of the Cranial Fossae and related foramina intracranially and extracranially (contained structures) | PiagkouShihadaTsikouris |
| 06/11/2025 | THURSDAY**14:00-16:00** | Skull Bones with emphasis on neurocranium / Description of the Cranial Fossae and related foramina intracranially and extracranially (contained structures) | FilippouPiagkouChrysikos  |
| 12/11/2025 | WEDNESDAY**15:00-17:00** | Skull embryology, Viscerocranium (facial skeleton), Bones. Muscles of the Head (Mimic and masseteric muscles), Vessels, and Nerves. Cutaneous Innervation of the Head. Regions of Interest | PiagkouChrysikosShihada |
| 13/11/2025 | THURSDAY**14:00-16:00** | Skull embryology, Viscerocranium (facial skeleton), Bones. Muscles of the Head (Mimic and masseteric muscles), Vessels, and Nerves. Cutaneous Innervation of the Head. Regions of Interest | FilippouPiagkouChrysikos |
| 19/11/2025 | WEDNESDAY**15:00-17:00** | Abdominal wall/ Abdominal muscles/ Rectus abdominis sheath, Vessels, and Nerves. Inguinal region and canal. Pelvis. Lumbar and sacral plexuses | PiagkouChrysikosTsikouris |
| 20/11/2025 | THURSDAY**14:00-16:00** | Abdominal wall/ Abdominal muscles/ Rectus abdominis sheath, Vessels, and Nerves. Inguinal region and canal. Pelvis. Lumbar and sacral plexuses | FilippouPiagkouChrysikos |
| 26/11/2025 | WEDNESDAY**15:00-17:00** | Lower limb skeleton. Inguinal and Femoral regions. Thigh area. Femur description, Hip joint. Thigh muscles per compartment (origins and insertions), Related Vessels, and Nerves. | PiagkouChrysikosFilippou |
| 27/11/2025 | THURSDAY**14:00-16:00** | Lower limb skeleton. Inguinal and Femoral regions. Thigh area. Femur description, Hip joint. Thigh muscles per compartment (origins and insertions), Related Vessels, and Nerves. | TsakotosPiagkou |
| 03/12/2025 | WEDNESDAY**15:00-17:00** | Tibia and Foot. Bones, ligaments, and related joints. The knee, the ankle, and joints of the Foot. Muscles of the anterior and posterior compartment, Related vessels, and nerves. | PiagkouChrysikosTsikouris |
| 04/12/2025 | THURSDAY**14:00-16:00** | Tibia and Foot. Bones, ligaments, and related joints. The knee, the ankle, and joints of the Foot. Muscles of the anterior and posterior compartment, Related vessels, and nerves. | TsakotosPiagkou |
| 10/12/2025 | WEDNESDAY**15:00-17:00** | Back and related muscles (origins and insertion) and related nerves and vessels. The gluteal region, perineum with the related muscles, vessels, and nerves.  | PiagkouChrysikosTsikouris |
| 11/12/2025 | THURSDAY**14:00-16:00** | Back and related muscles (origins and insertion) and related nerves and vessels. The gluteal region, perineum with the related muscles, vessels, and nerves.  | PiagkouTsakotosFilippou |
| 17/12/2025 | WEDNESDAY**15:00-17:00** | Thoracic Cavity, Lungs and Bronchi, Mediastinum (division and contents), Heart, and Great Vessels. Veins of the Thorax. The Aorta (Thoracic) branches. | PiagkouChrysikosTsikouris |
| 18/12/2025 | THURSDAY**14:00-16:00** | Thoracic Cavity, Lungs and Bronchi, Mediastinum (division and contents), Heart, and Great Vessels. Veins of the Thorax. The Aorta (Thoracic) branches. | FilippouPiagkou |
| 07/01/2026 | WEDNESDAY**15:00-17:00** | Abdominal Cavity, Diaphragm and Internal organs, Peritoneum, and related ligaments. Greater and Lesser Omenta. Omental Bursa and Mesocolon. Aorta (abdominal) branches.  | PiagkouChrysikosTsikouris |
| 08/01/2026 | THURSDAY**14:00-16:00** | Abdominal Cavity, Diaphragm and Internal organs, Peritoneum, and related ligaments. Greater and Lesser Omenta. Omental Bursa and Mesocolon. Aorta (abdominal) branches.  | FilippouPiagkou |
| 14/01/2026 | WEDNESDAY**15:00-17:00** | Revision | PiagkouChrysikos |
| 16/01/2026 | THURSDAY**14:00-16:00** | Revision |  FilippouPiagkou |