



Διεπιστημονικές προσεγγίσεις των φωνητικών  
ιδιωμάτων στο τραγούδι με νέες τεχνολογίες

# Interdisciplinary Approaches to Vocal Styles in Singing with New Technologies

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Painting by Debra Hurd : <http://debrahurd.blogspot.gr/>



LabMAT

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Athens 2025

*«Singing is so much more than making a sound; it truly is a science. One who wishes to pursue it as a career must fully devote themselves to the study of the voice as a mechanism as well as its history and its place in music.»*

*(Bennett, 2017, p. 11)*



# 1

## SOUND PRINCIPLES

### Our Voice and Sound



# **The human voice is:**

A Natural Function of the Human Body

Primal Sound Production (sigh, laughter, cry)

Reflexive Vocal Reactions to External Stimuli (pain, fright)

Spontaneous Sound Production due to Intense Body Action (weight lifting, attack)

Emotion Expression (non verbal sounds-vocalizations)

Singing

Communication - Language

Art (music-theatre-poetry)

## **The Voice is Sound**





# What is Sound:

A tree falls in the forest and no-one is there to hear it

Does it make sound?

**Yes!**

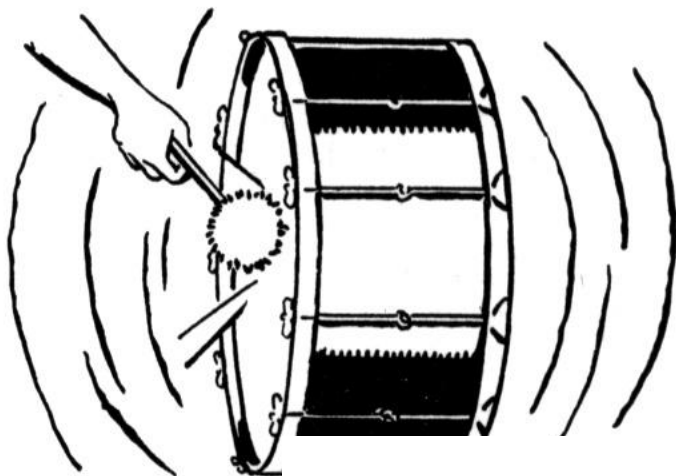
It makes the same sound as when somebody is there to listen to it.



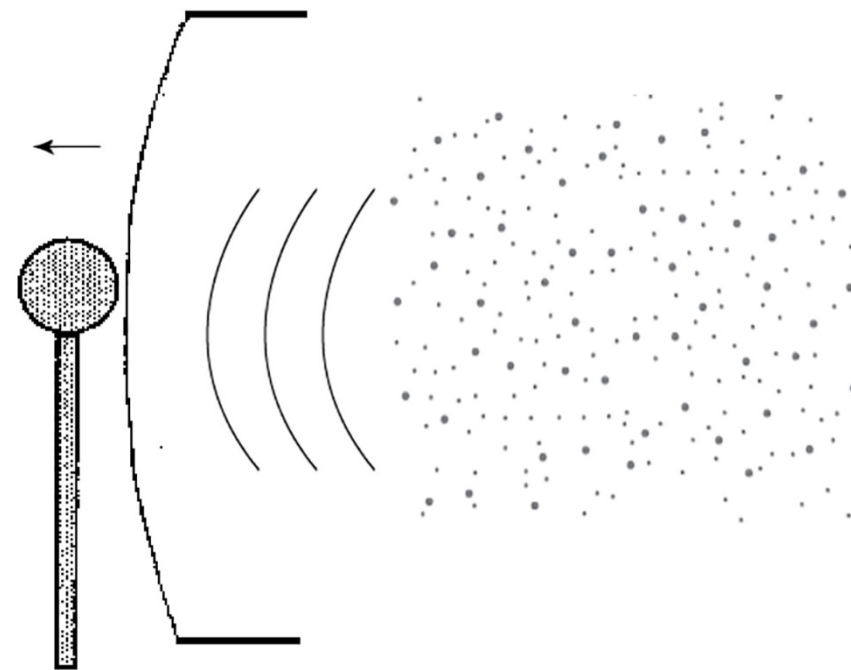
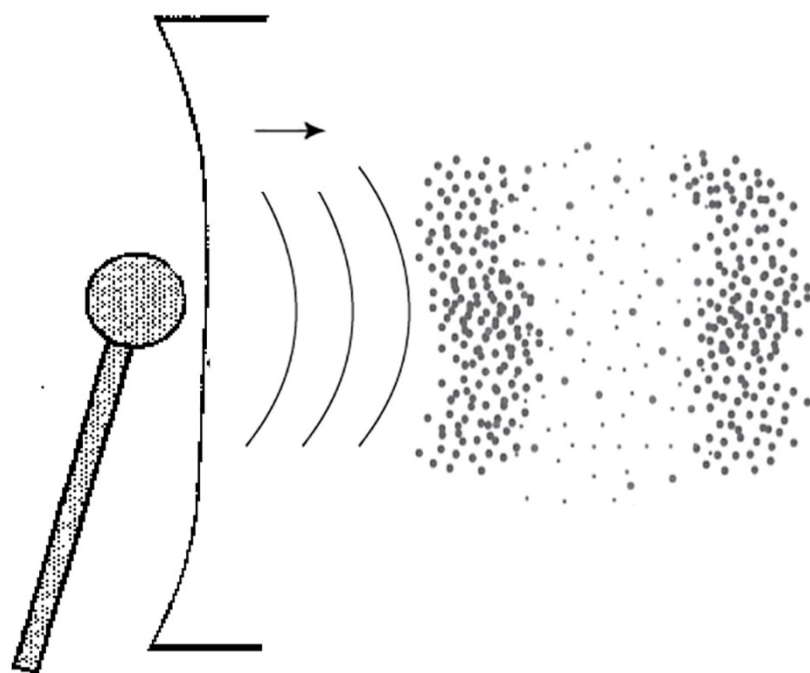
**No!**

Sound is the sensation that is produced in the nervous system when the ear drum is oscillated by air molecules movement.





**How is sound produced?**  
**Sound needs movement(oscillation)!**  
**It also needs...**



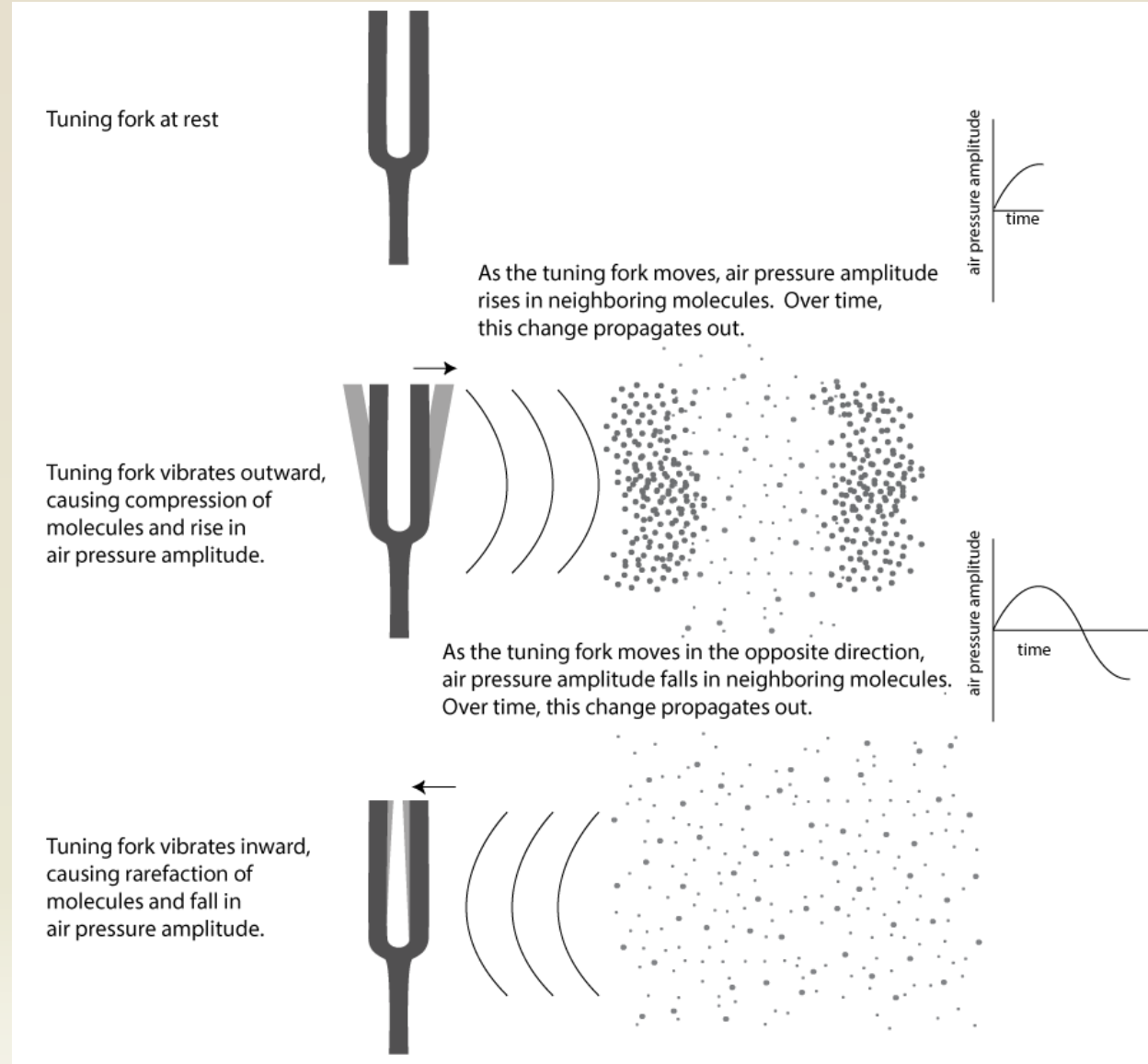
**Sound needs a transfer medium (such as air):**

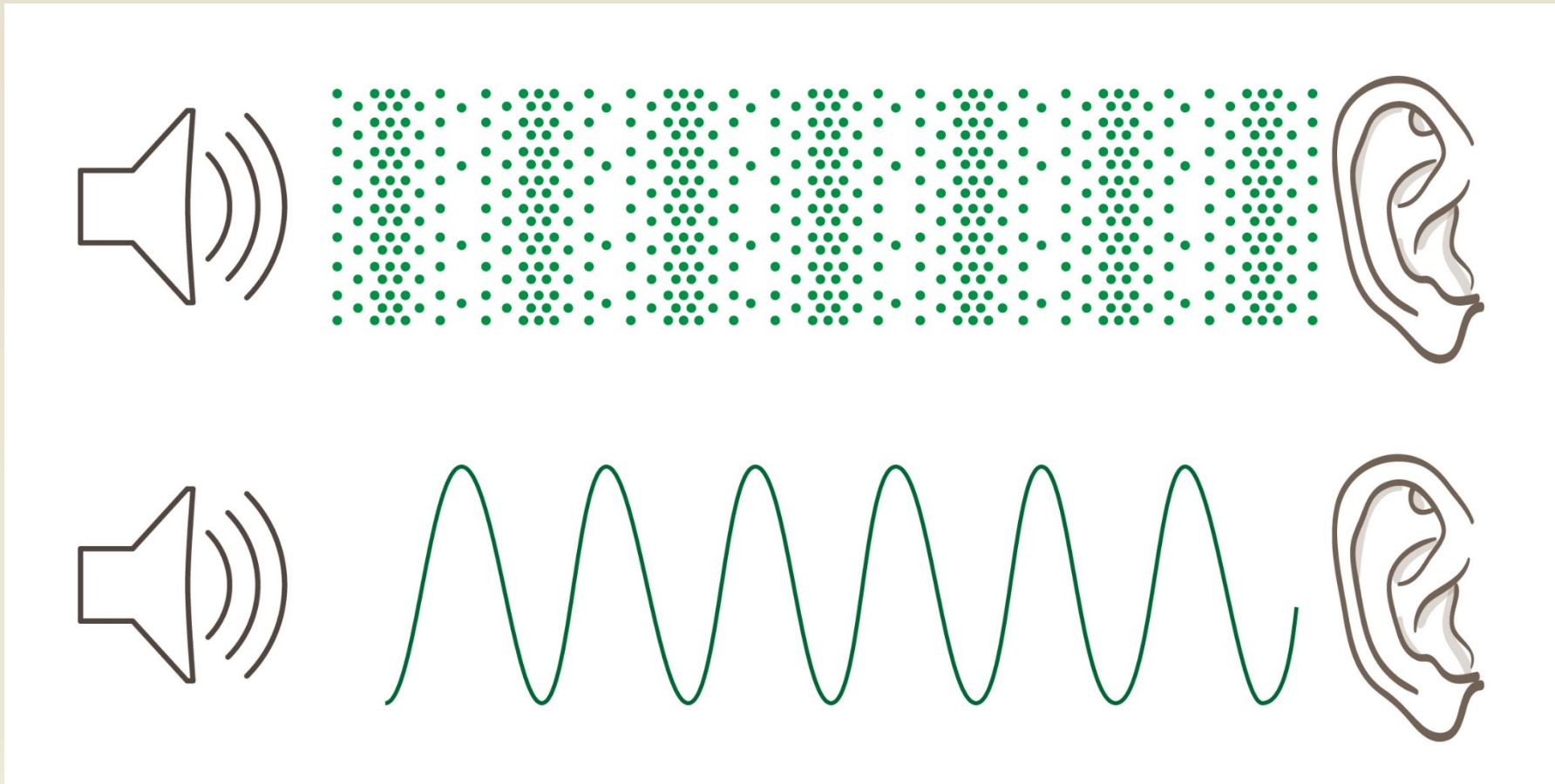


**In space  
there is only vacuum,  
so there can be  
No Sound!**

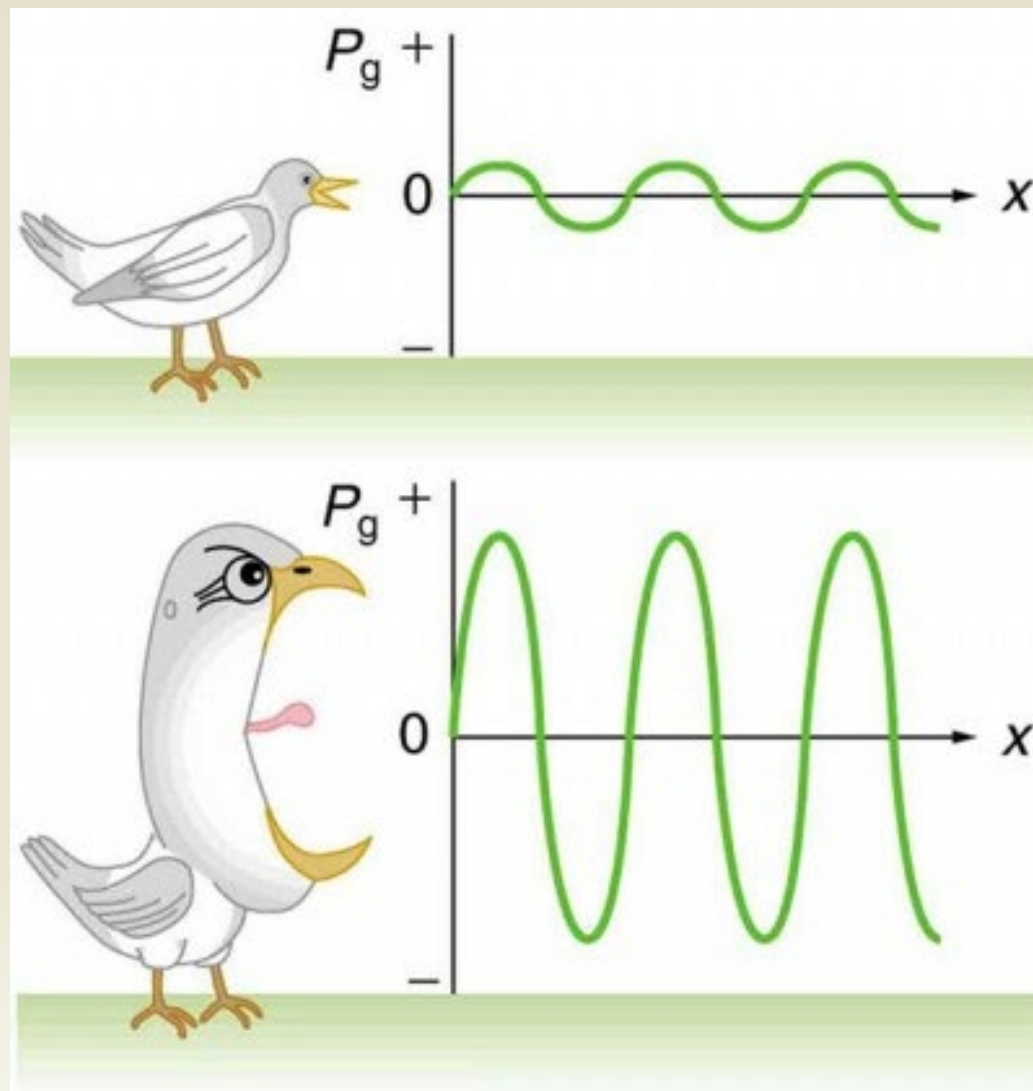






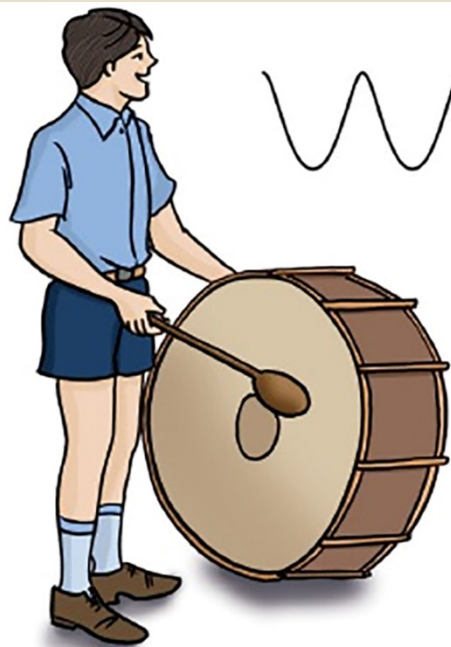


# Sound Wave Amplitude (loudness)

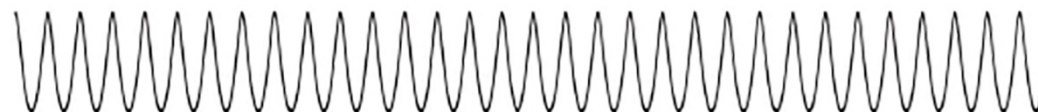




# ***Sound wave length –Frequency (Tonality)***

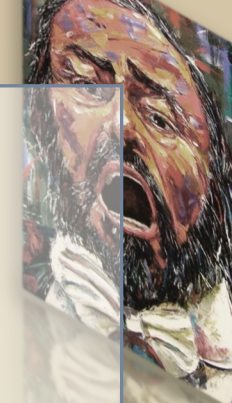
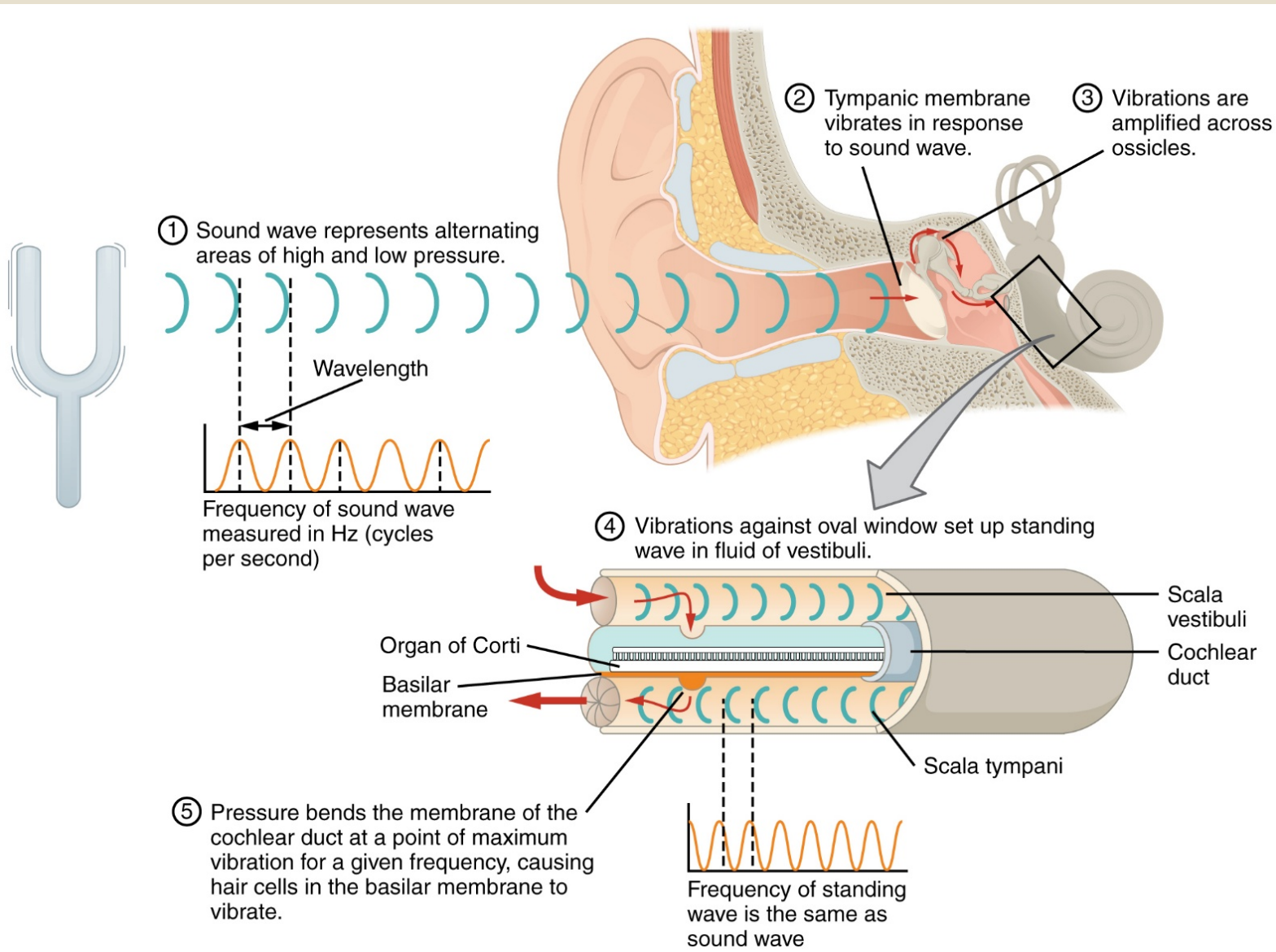


***Low Frequency***



***High Frequency***





# 2

## INSTRUMENT MODELING

Discovering and Analyzing the Instruments' Mechanisms



# Musical Instruments Parts

Sound is Movement!

1. So we need a part that moves/vibrates/oscillates to produce sound

This part is called an «Oscillator»

2. We also need some power source to start the movement of the Oscillator.

This part is called «Exciter»

3. The sound of instruments is shaped and amplified in their «Resonator»



# Video Examples

<https://youtu.be/9L9AOPxhZwY>

<https://www.youtube.com/watch?v=6JeyiM0YNo4>

<https://www.youtube.com/watch?v=14jPvnWhdNM>



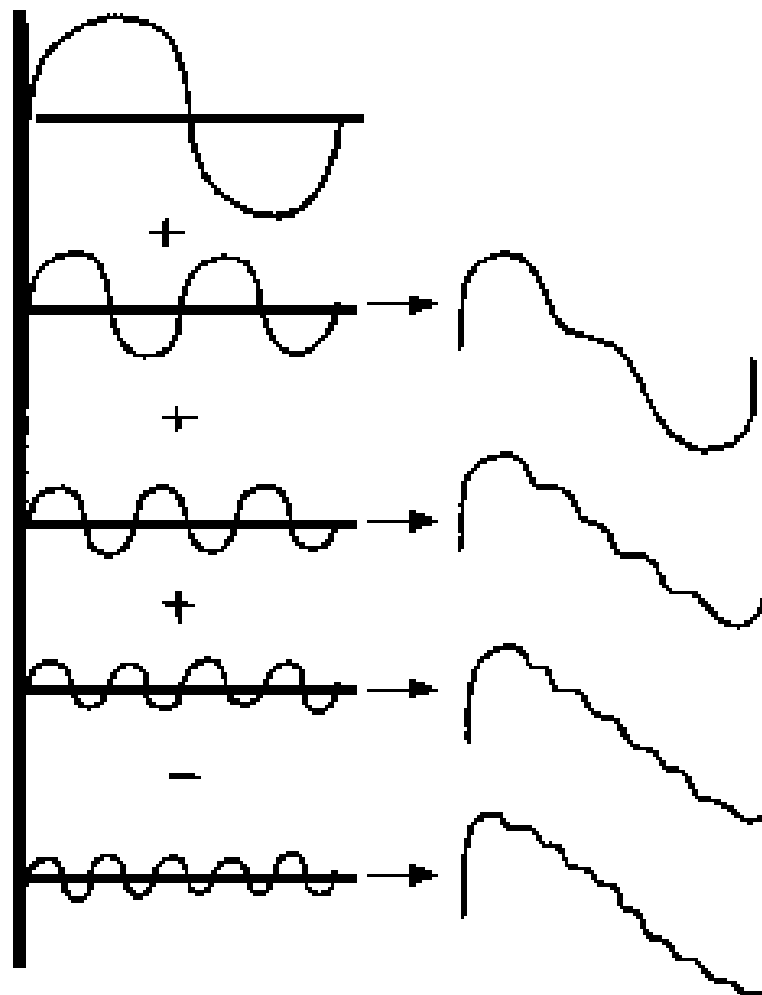
Fundamental  
Frequency ( $1f$ )  
100% amplitude

Second  
Harmonic ( $2f$ )  
50% amplitude

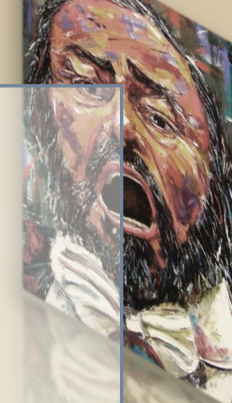
Third  
Harmonic ( $3f$ )  
33% amplitude

Fourth  
Harmonic ( $4f$ )  
25% amplitude

Fifth  
Harmonic ( $5f$ )  
20% amplitude



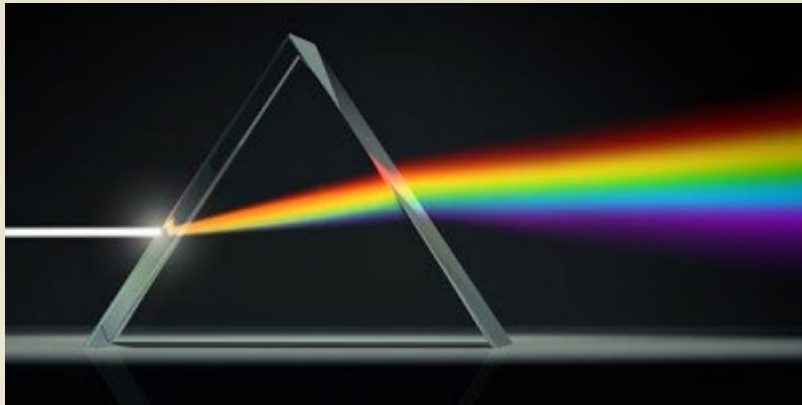
**The Making of a Complex Waveform**



# Timbre

Sound is a wave – Just like light

Sound has a color– Just like light



... which we can analyze  
with a prism!

**The same can be done with sound!**

Light contains multiple frequencies





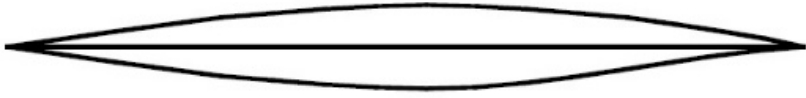
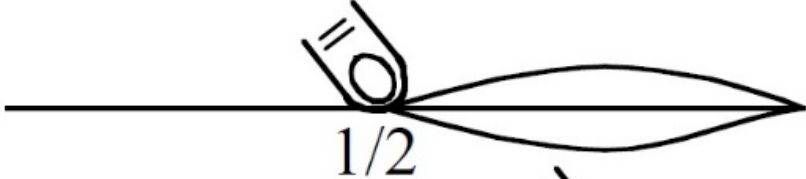
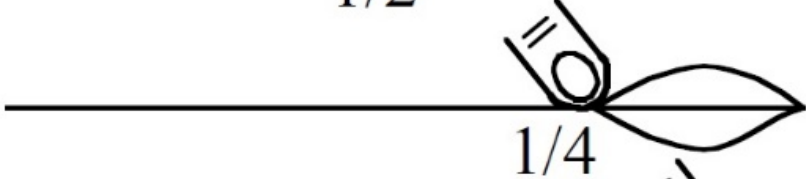
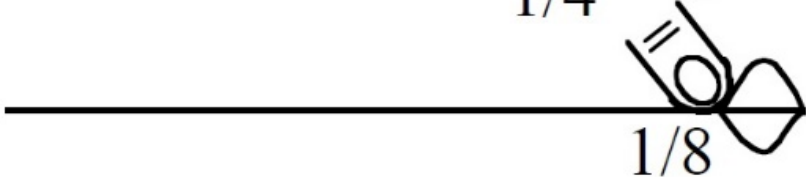
# Video Examples

<https://www.youtube.com/watch?v=VRAXK4QKJ1Q>

<https://www.youtube.com/watch?v=oZ38Y0K8e-Y&t=8s>

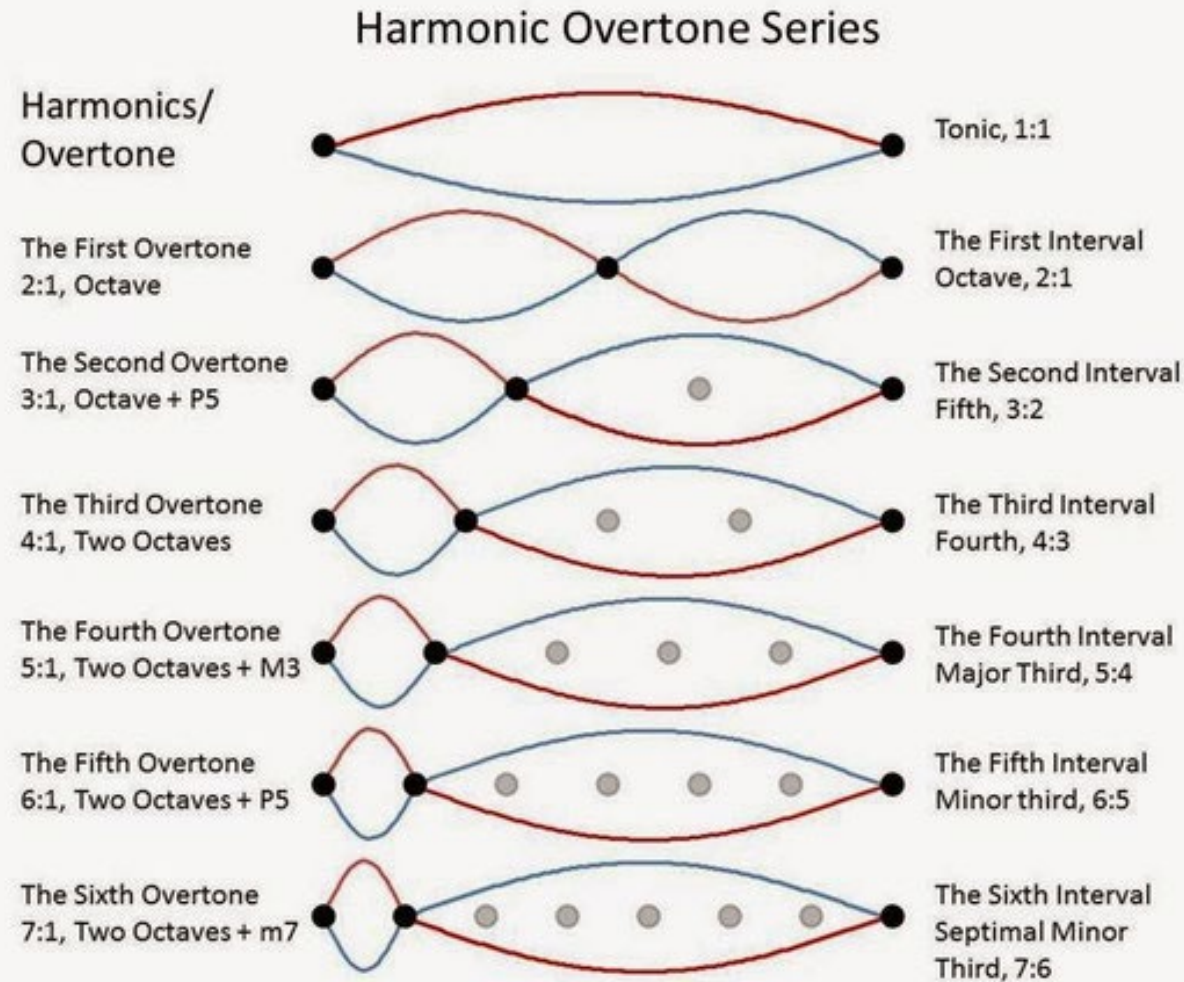


## Octave Frequencies

Note	Frequency	Diagram of vibrating string
low low low A	$f = 55 \text{ Hz}$	
low low A	$f = 110 \text{ Hz}$	
low A	$f = 220 \text{ Hz}$	
middle A	$f = 440 \text{ Hz}$	



# Harmonics or Overtones



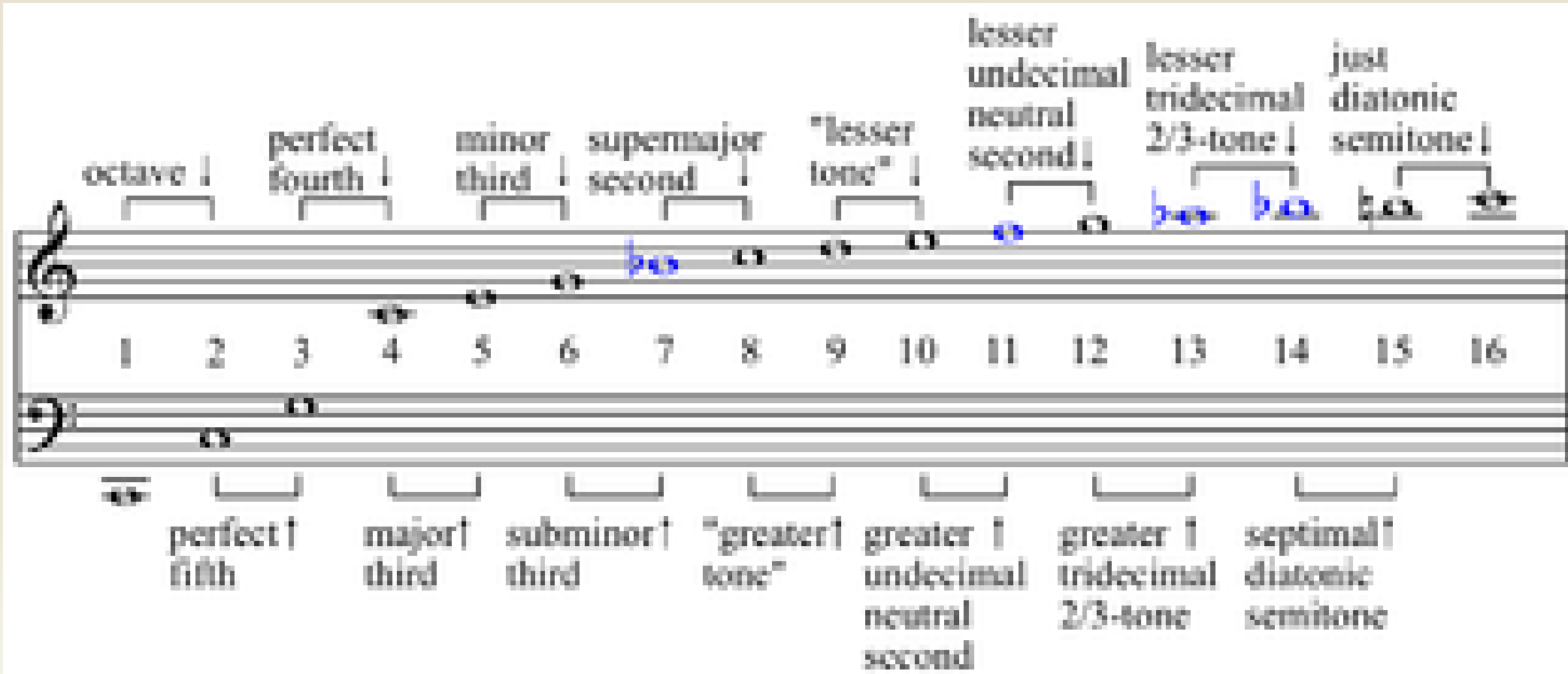
Data Excerpted from "Where Does Sound Come From?: Volume 1"  
by M. Schottenbauer, Ph.D. (2014), p. 147.



# Harmonics or Overtones



## The harmonics series

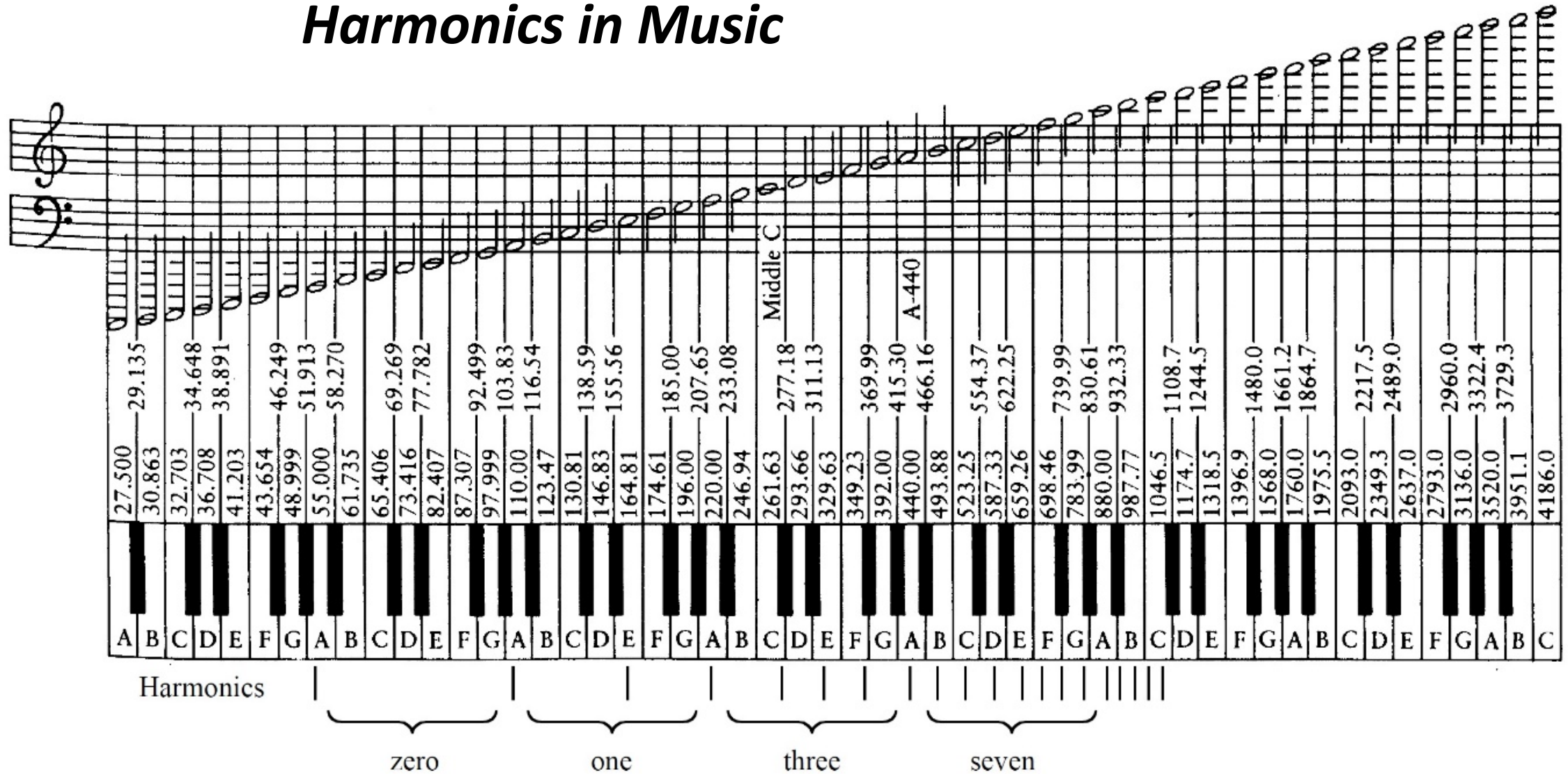




# *Resonance in Musical Instruments*

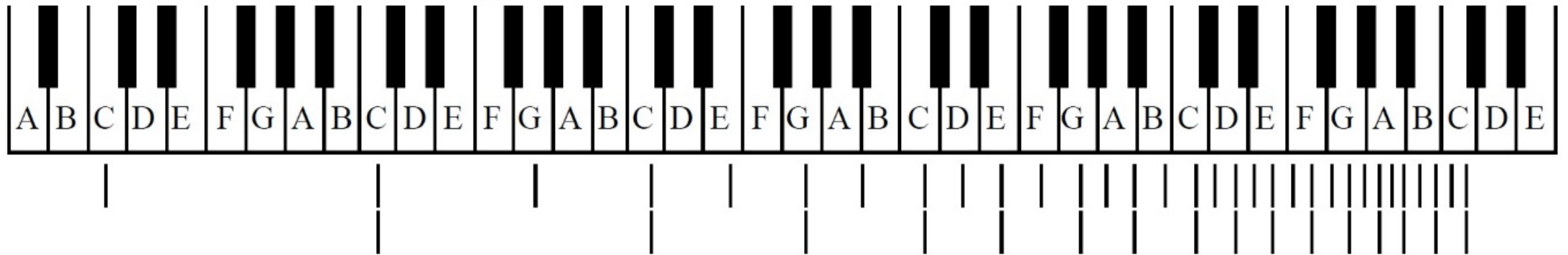


<https://www.youtube.com/watch?v=sojjAyC5RzA>

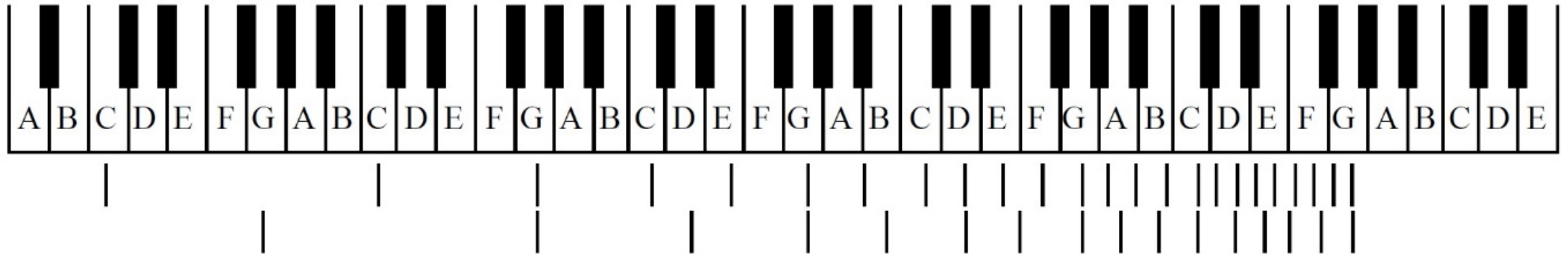


## Harmonics in Music

**Octaves** Harmonics of low low C and low C. Octaves sound like the same note because all of their harmonics line up.



**Fifth** Harmonics of C and G. Here every other harmonic lines up while the others are not close enough to create beats. The interval of a fifth is very harmonious.





## Free Software:

Madde, RTSect, Sopran, etc (<https://www.tolvan.com/index.php?page=/main/home.php>) –

NOTE: If any of the above ask you for registration **password**, close program, “Run as Administrator”, and enter any characters.

VoceVista - free 30-days trial (<https://www.vocevista.com/en/products/>)

Audio Spectrum Analyser (<http://www.techmind.org/audio/specanaly.html>)

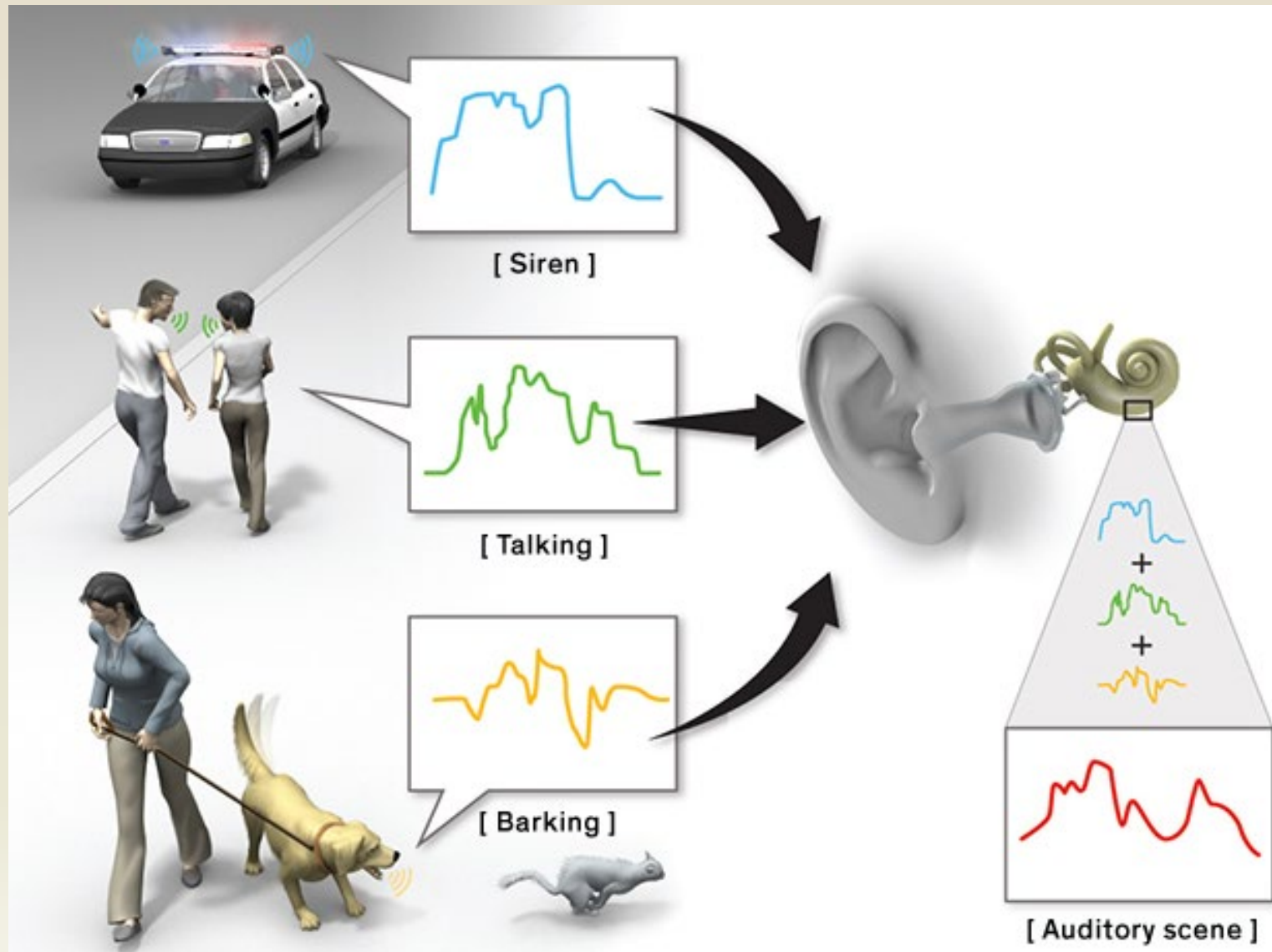
PinkTrombone (<https://imaginary.github.io/pink-trombone/>)

VocalTractLab – Try “Phonetic Parameters”, “LF glottal flow” and more (<https://www.vocaltractlab.de/index.php?page=vocaltractlab-download>)

Praat (<https://www.fon.hum.uva.nl/praat/>)

Audacity (<https://www.audacityteam.org/download/>)

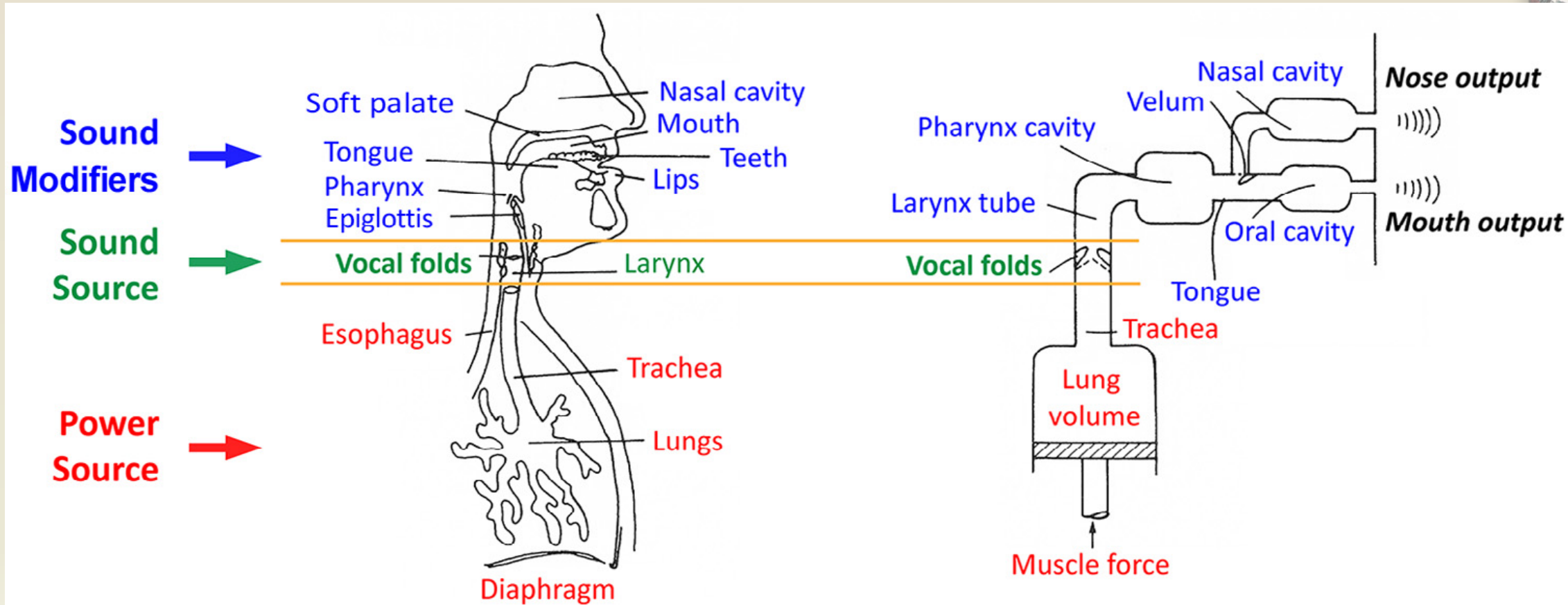






# 3

OUR VOICE  
How it Works!



**Voice is the result of Neuromuscular actions.**

It requires the absolutely precise **coordination** of the parts of an extremely complex **motor mechanism**, which includes:

- The **Respiratory** System
- The **Larynx** with the Vocal Folds (chords)
  - The Mechanism of **Articulation**

**These parts are Controlled and Coordinated by the Brain**

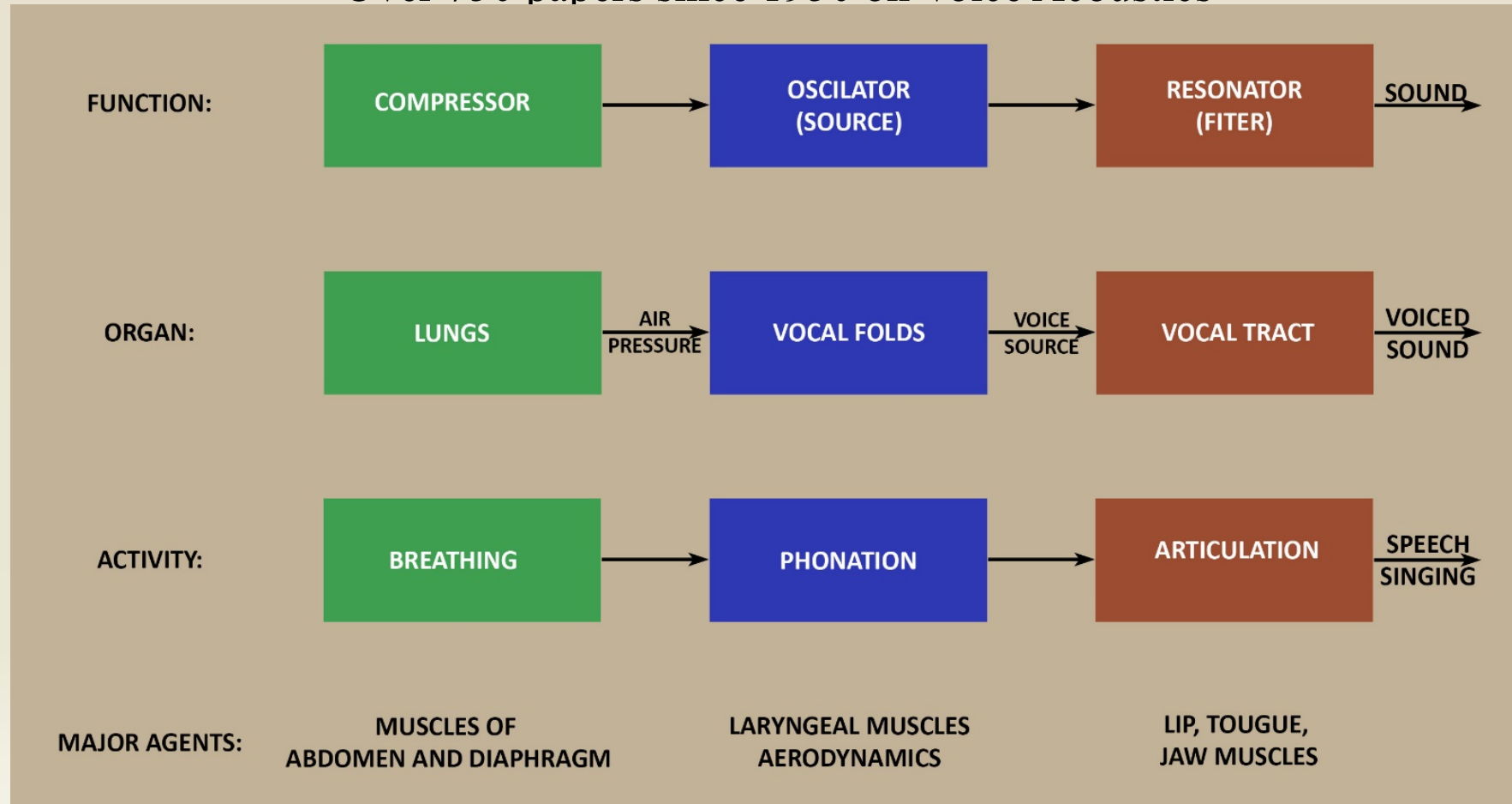




# Contemporary Scientific Voice Approaches

Physiology, Acoustics and Modeling of the Vocal Mechanism

Over 750 papers since 1950 on Voice Acoustics



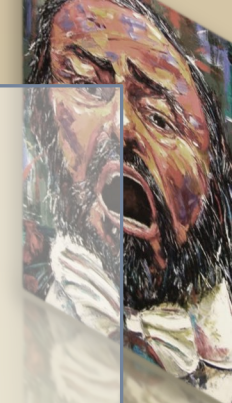
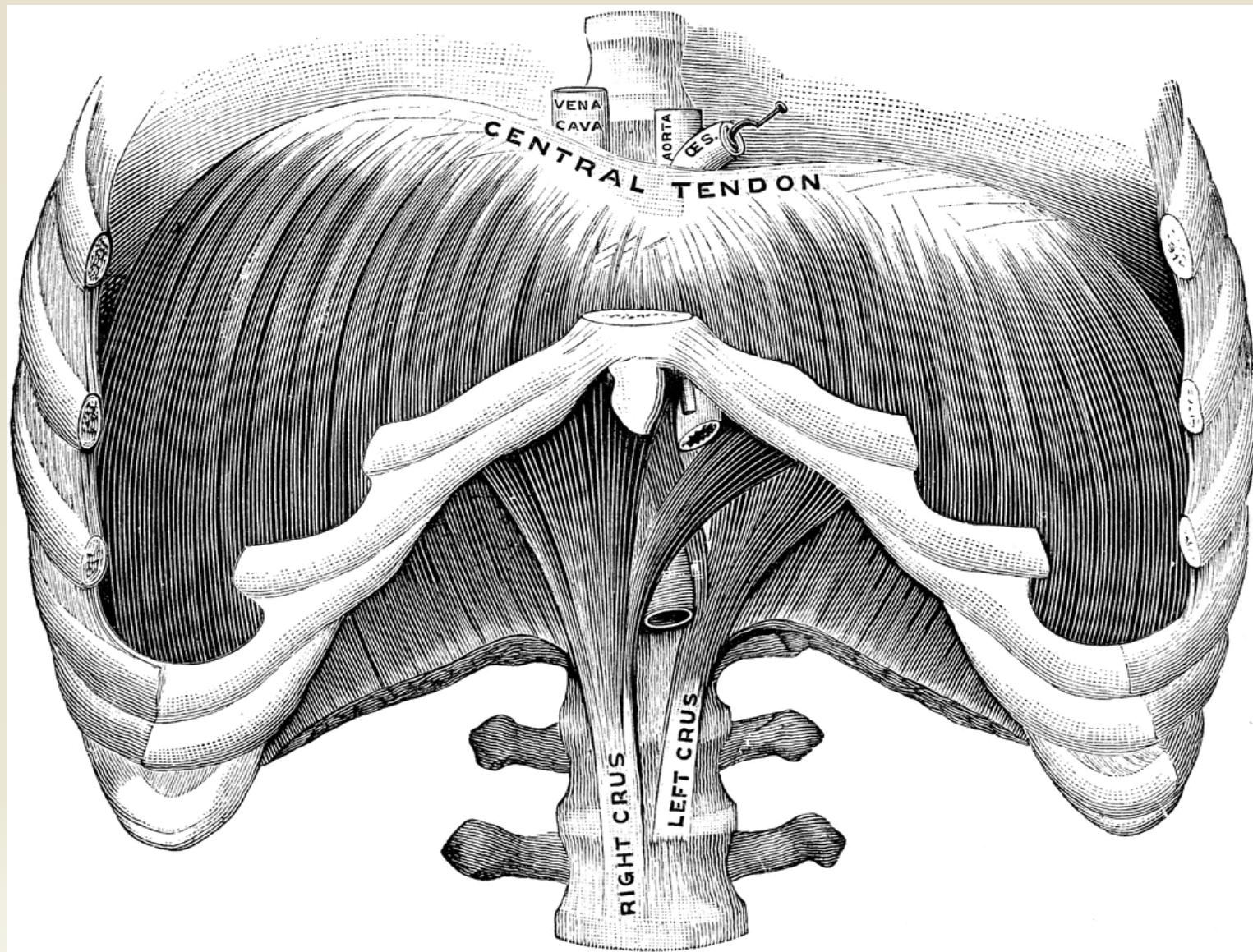
*The three elements of the vocal instrument model (Sundberg 1987, 10)*





# *BREATHING*

*The Voice's Power Source (exciter)*





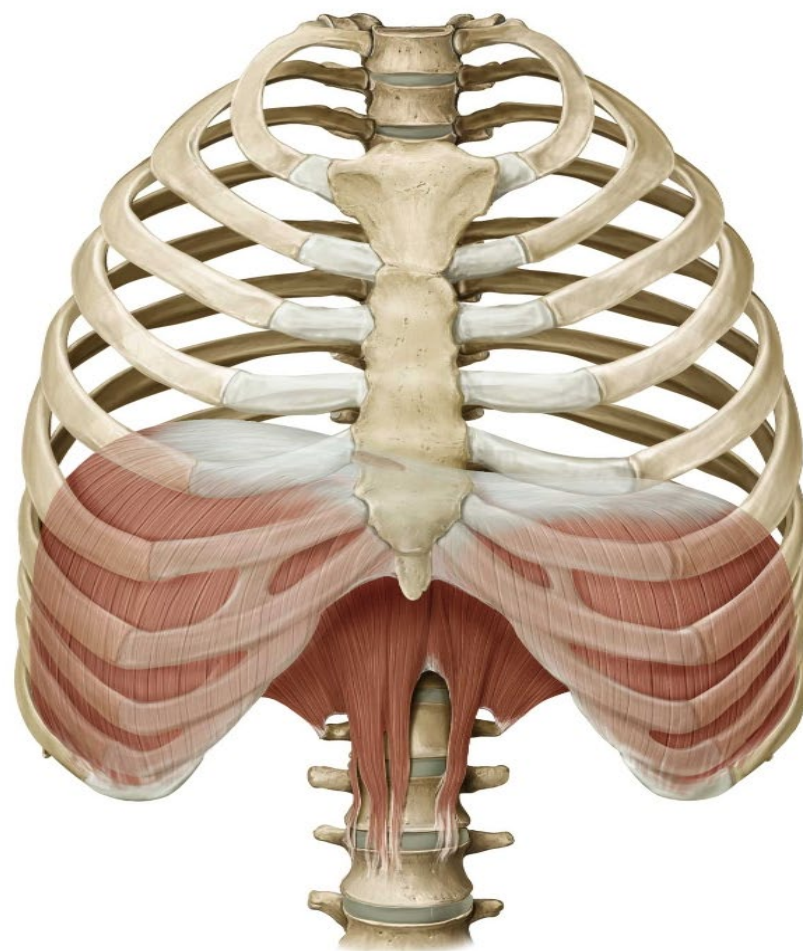
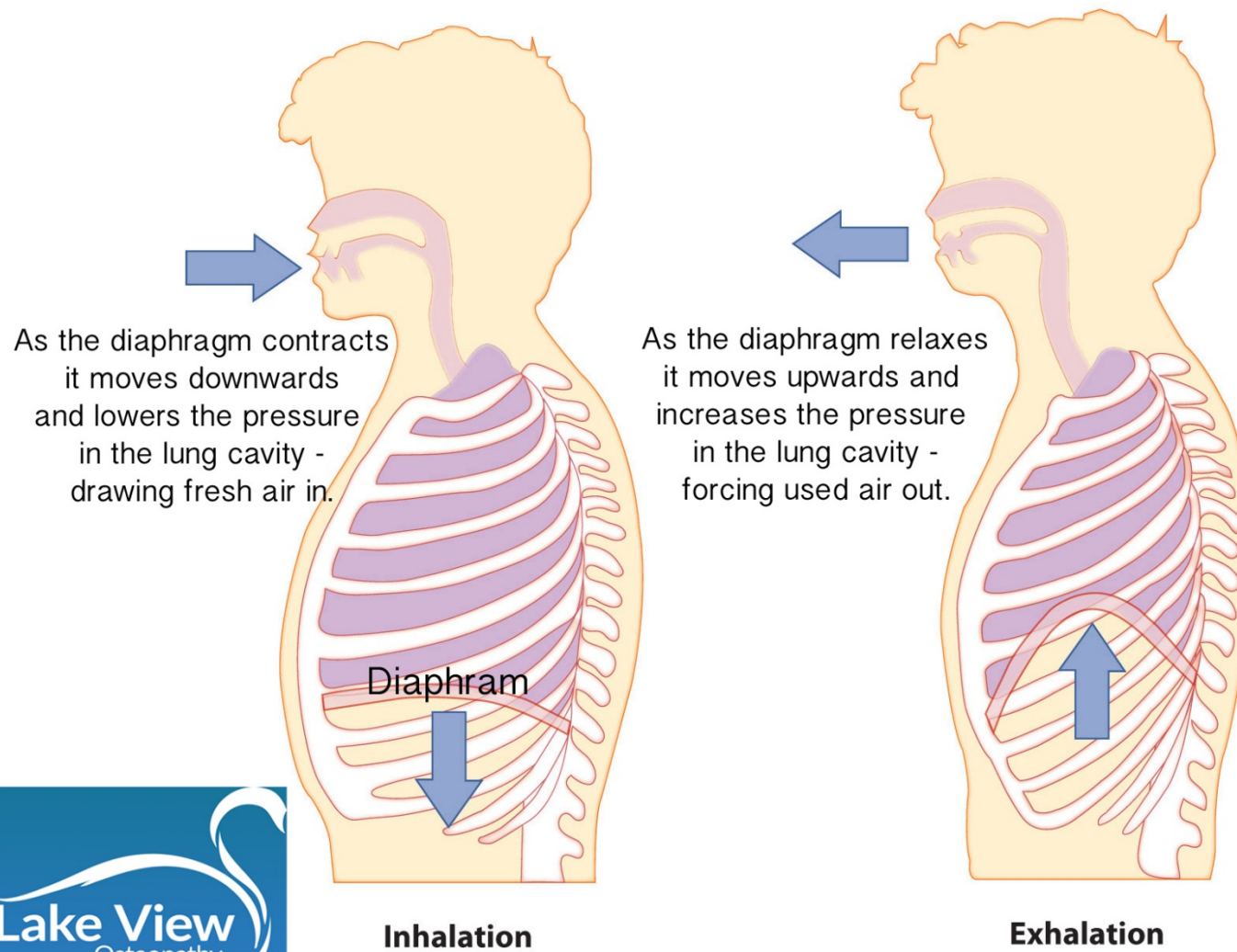


Fig. 5.12 A  
Copyright ©2008-2010 by Thieme. All rights reserved.  
Illustrator: Karl Wesker









## What Muscles Are Used for Forced Inspiration?

<https://www.youtube.com/watch?v=FzITbKqMffU>



## *Exercises in Classroom*

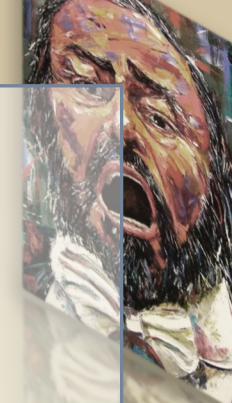
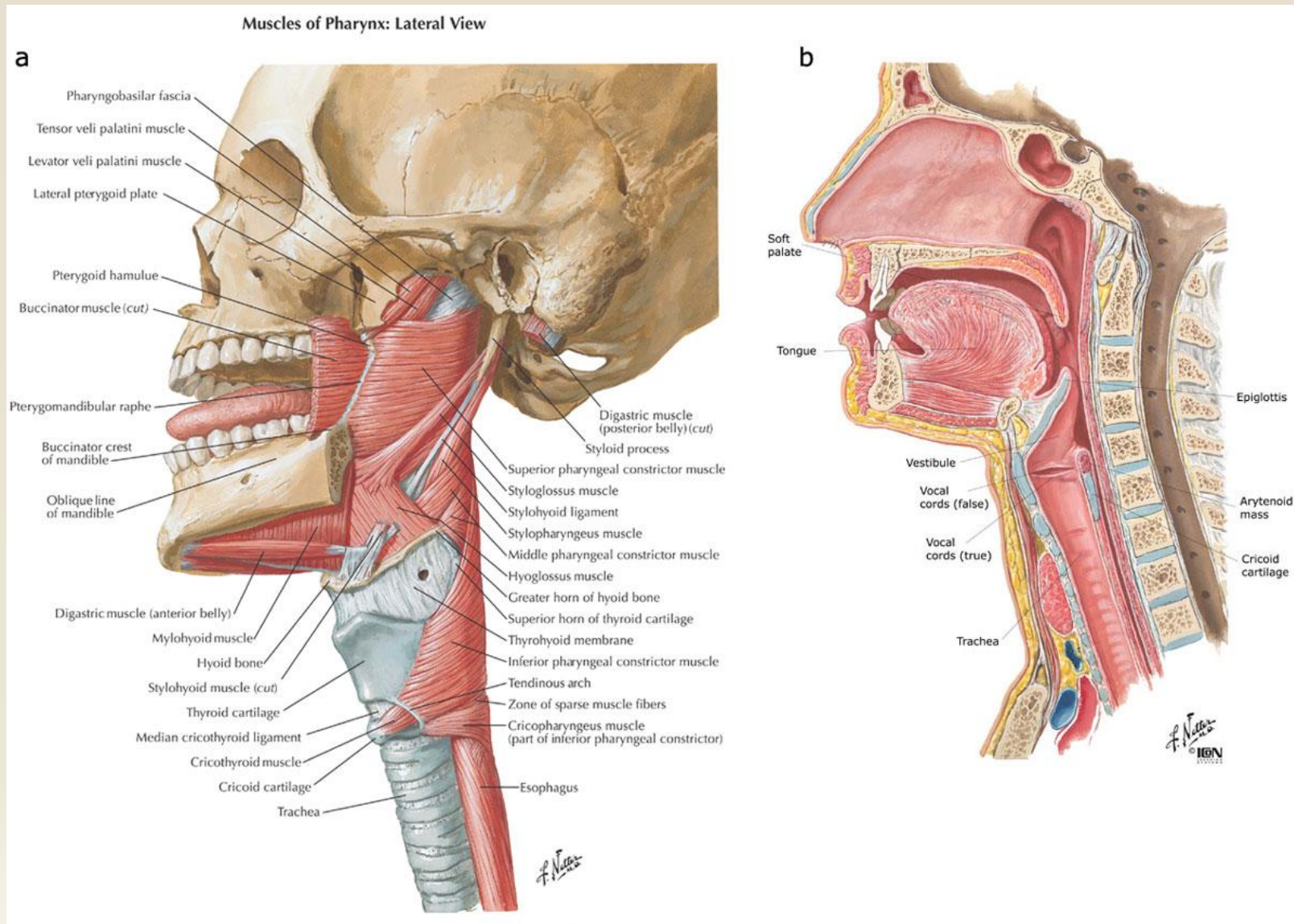
- a. Forced diaphragmatic inspiration*
- b. Full expiration – Relaxed inspiration*

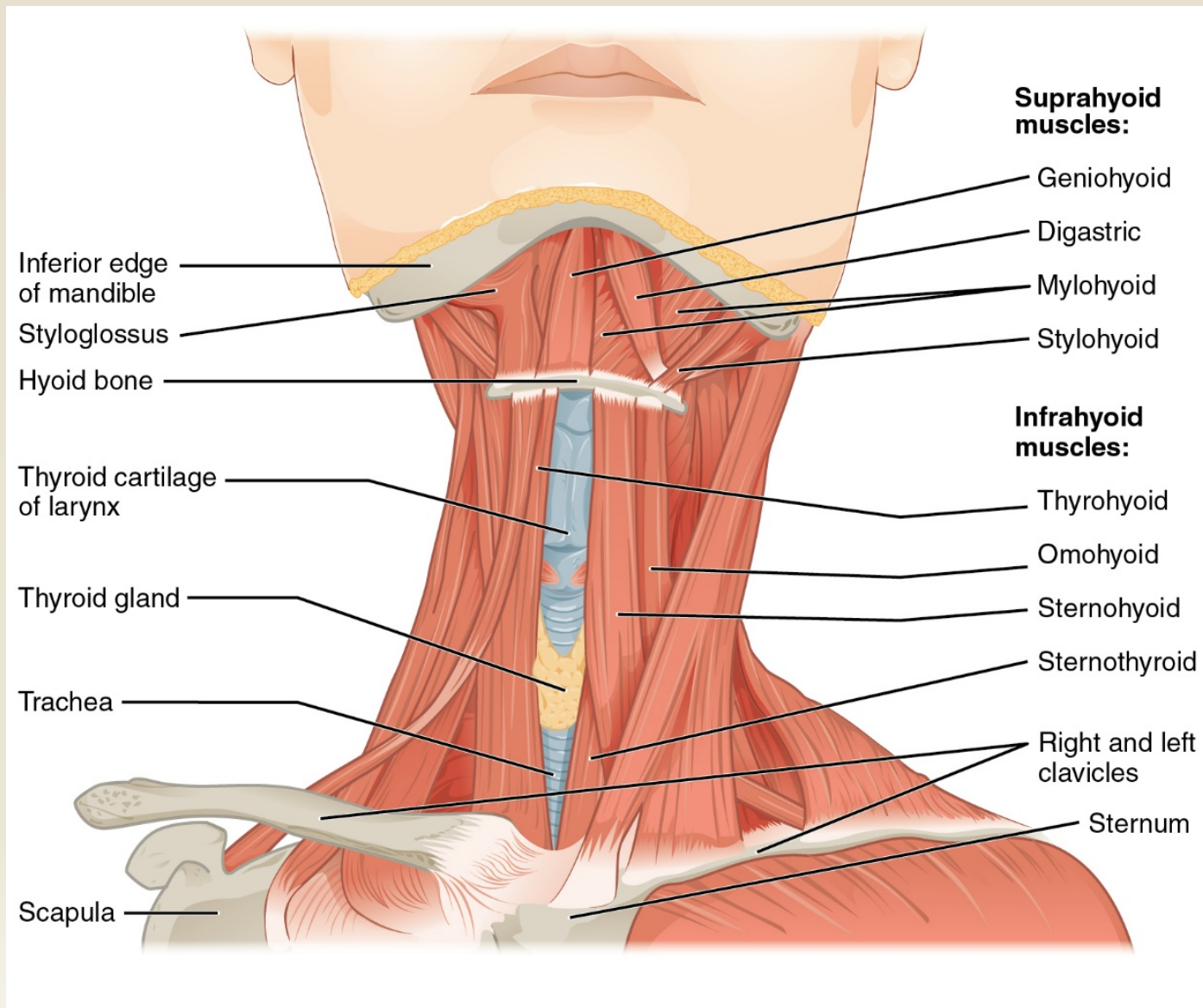


# *PHONATION*

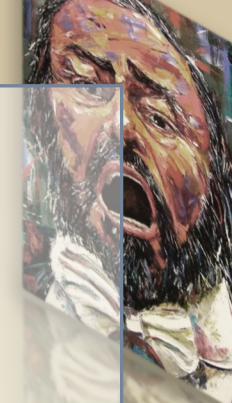
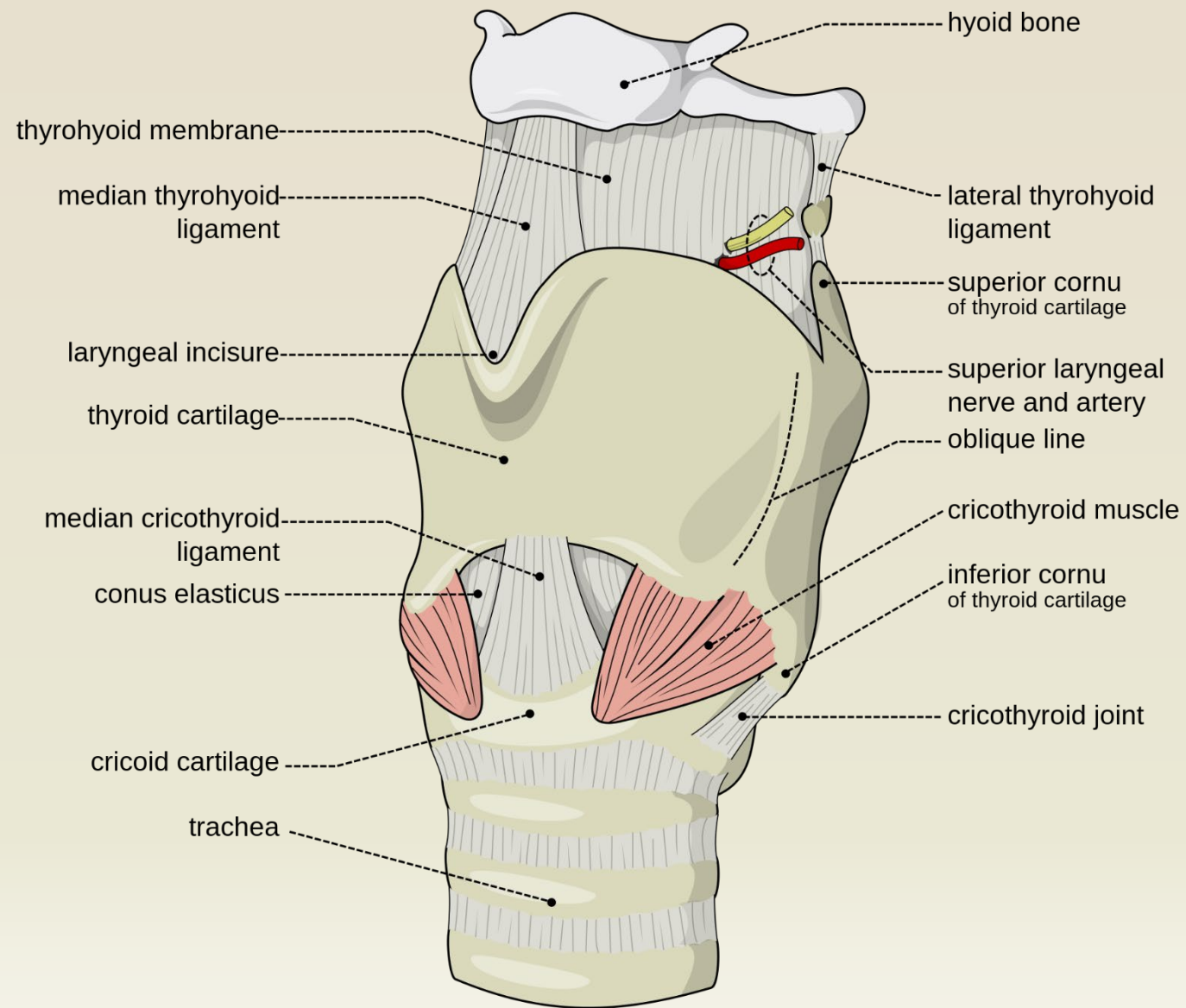
## *The Voice's Sound Source*

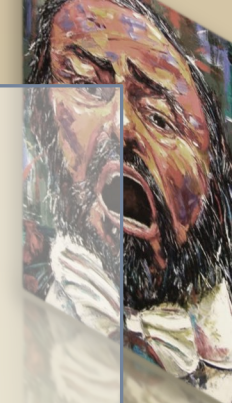




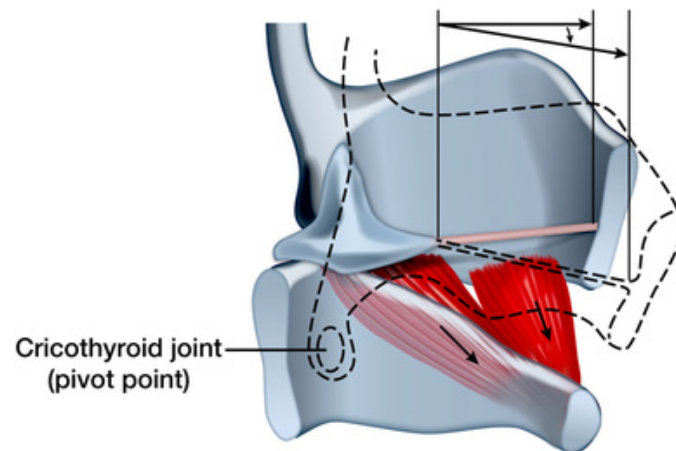






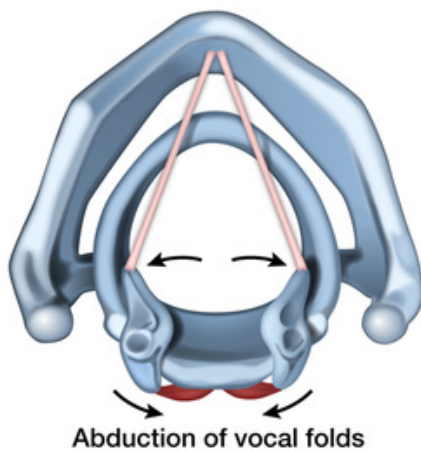


### Action of cricothyroid muscles



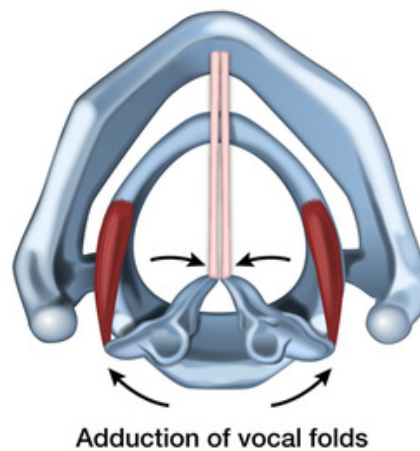
Lengthening (tension) of vocal folds

### Action of posterior cricoarytenoid muscles



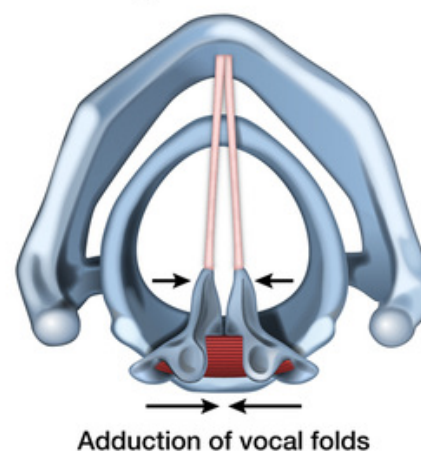
Abduction of vocal folds

### Action of lateral cricoarytenoid muscles



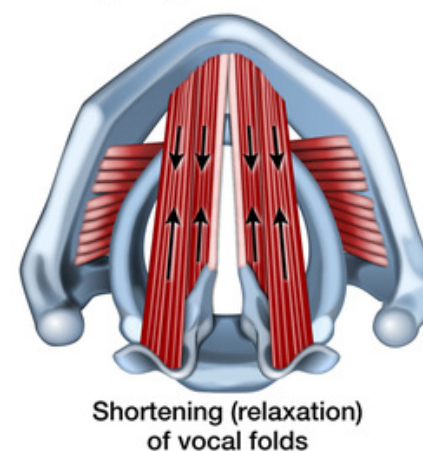
Adduction of vocal folds

### Action of transverse arytenoid muscle



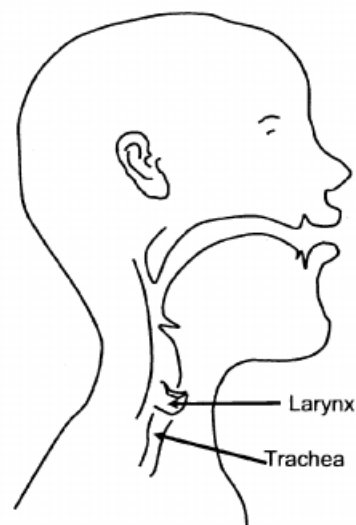
Adduction of vocal folds

### Action of vocalis and thyroarytenoid muscles

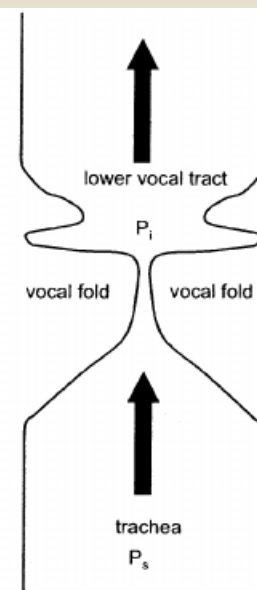


Shortening (relaxation) of vocal folds

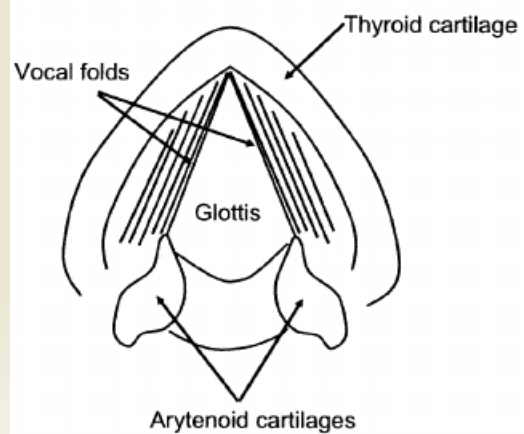




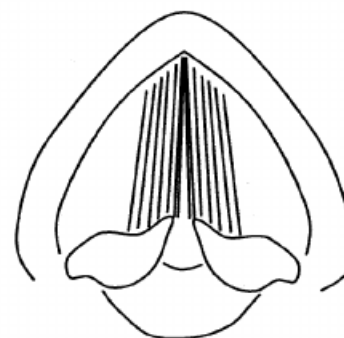
(a)



(b)

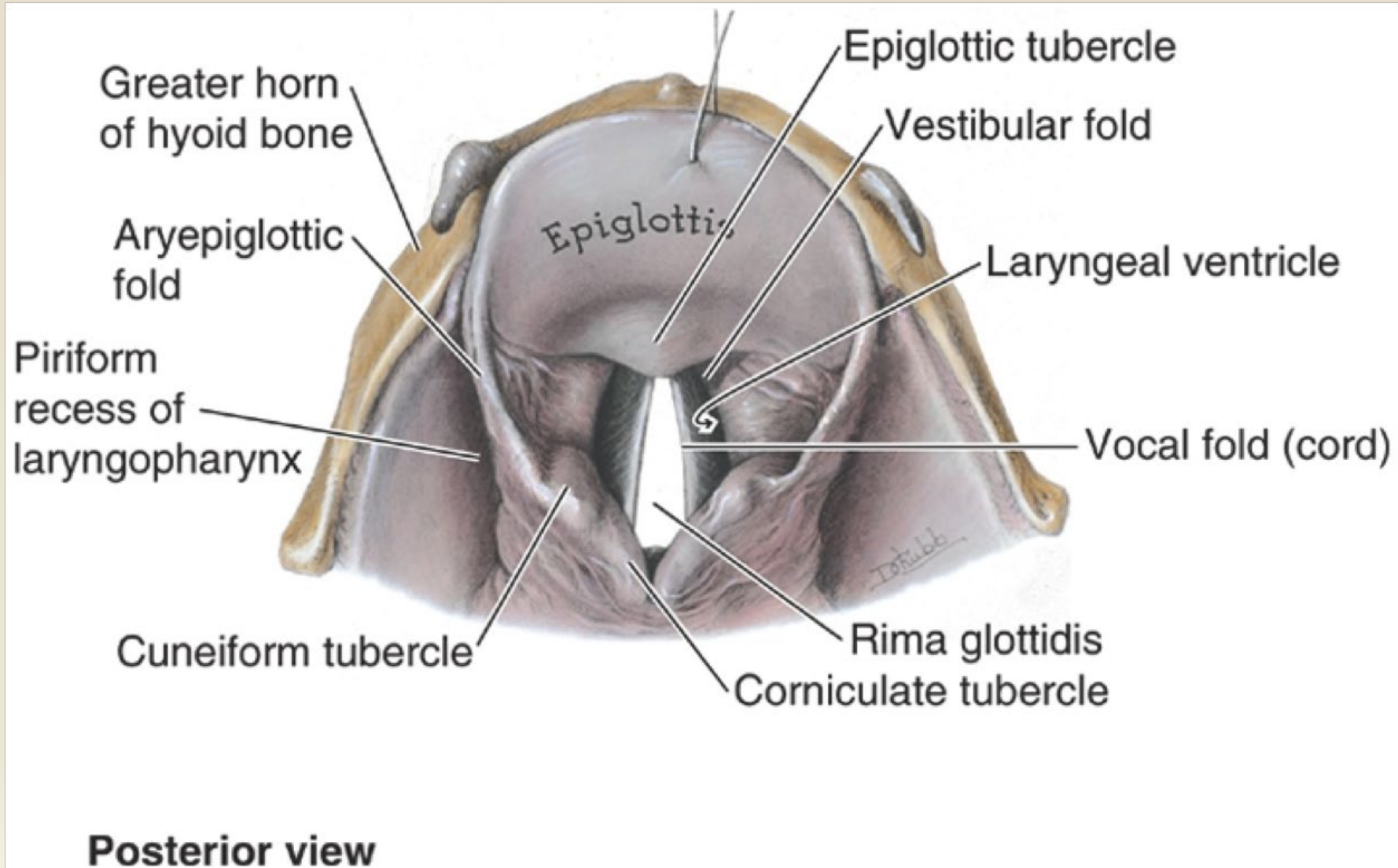


(c) abducted



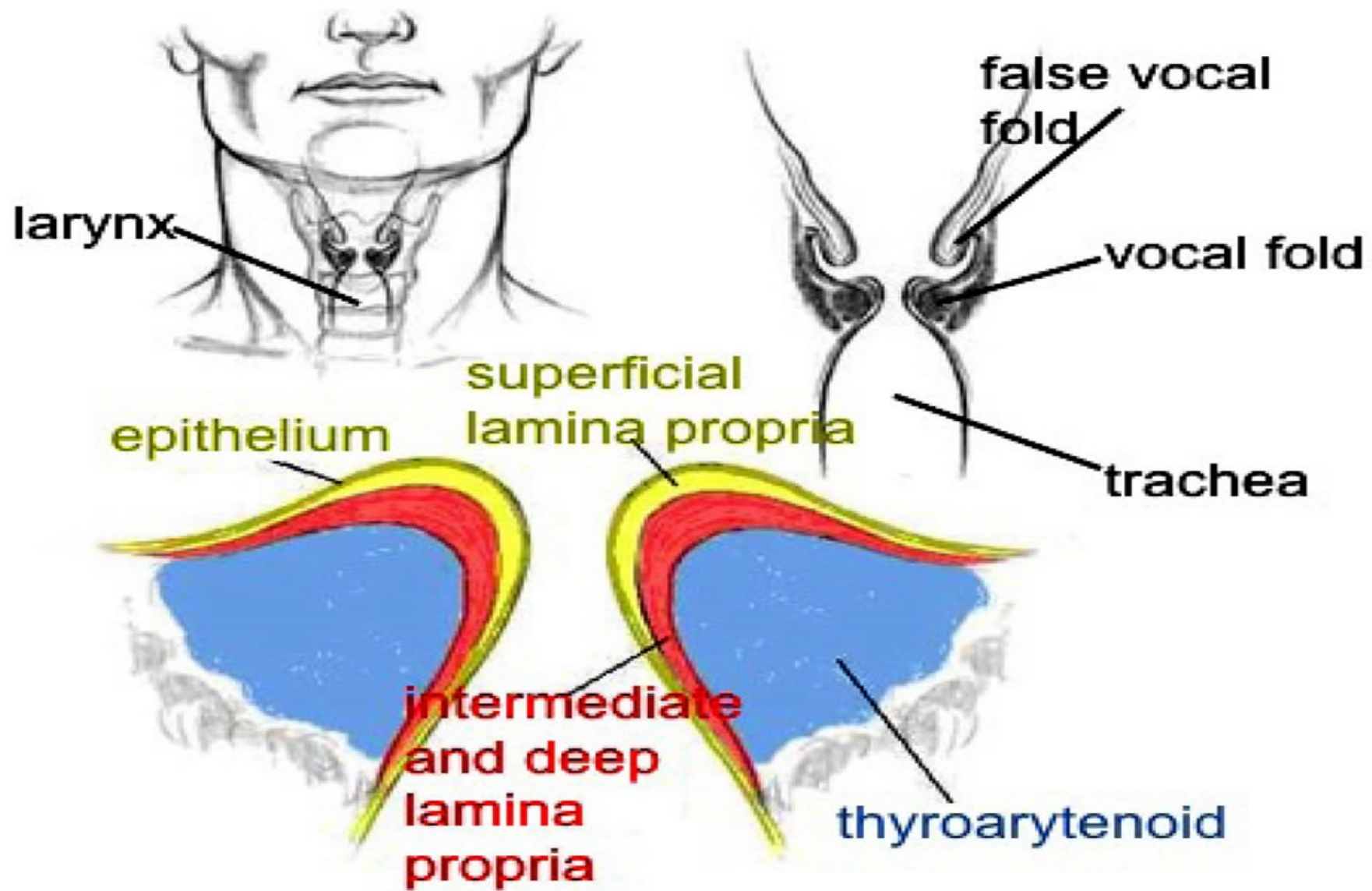
(d) adducted



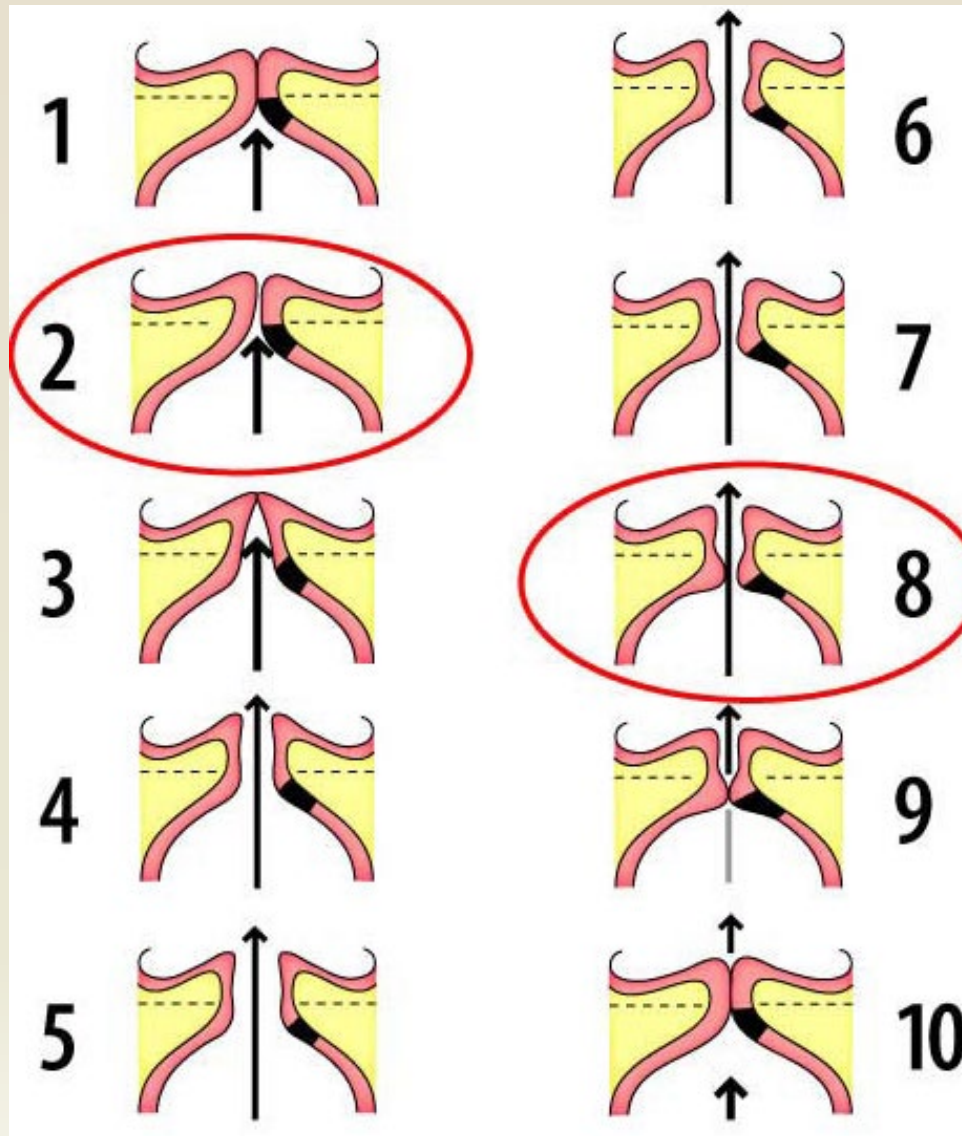


COA5 ©2006 LWW











## *Exercises in Classroom*

- a. Glottis (weight & laughter)*
- b. Attacks (singing & speaking)*
- c. Phonation and open quotient*
- d. Balloon demonstration*
- e. Flame experiment*
- f. Experiments with software*



# Video Examples



[https://www.youtube.com/watch?v=Aoa\\_N1vQS4M](https://www.youtube.com/watch?v=Aoa_N1vQS4M)

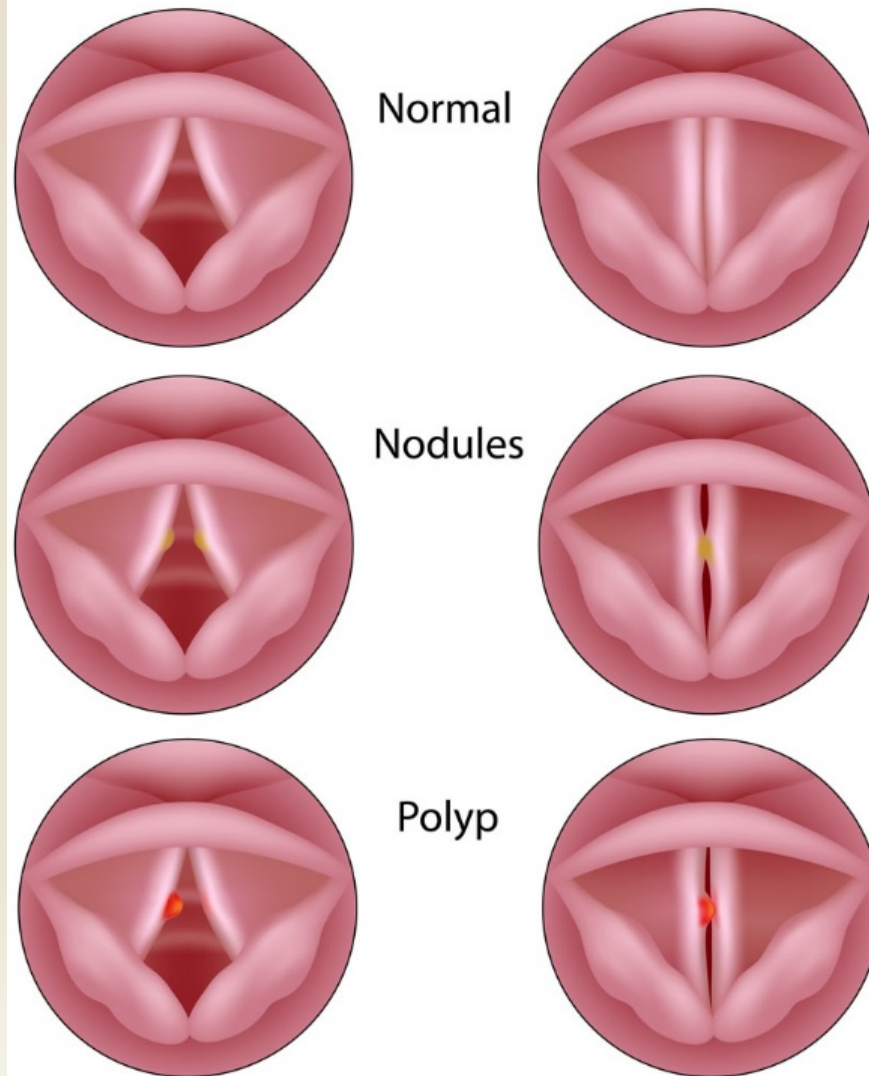
<https://youtu.be/b89RSYCaUBo?list=PLdawQFyF0jAmobzS38cAxuaNI2365V4T9>

<https://www.youtube.com/watch?v=9Tlpkdq8a8c>

<https://www.youtube.com/watch?v=A8JFz04EmvY>

<https://www.youtube.com/watch?v=5rJ8nCTgZ2Q&t=1s>

## Vocal Fold Lesions

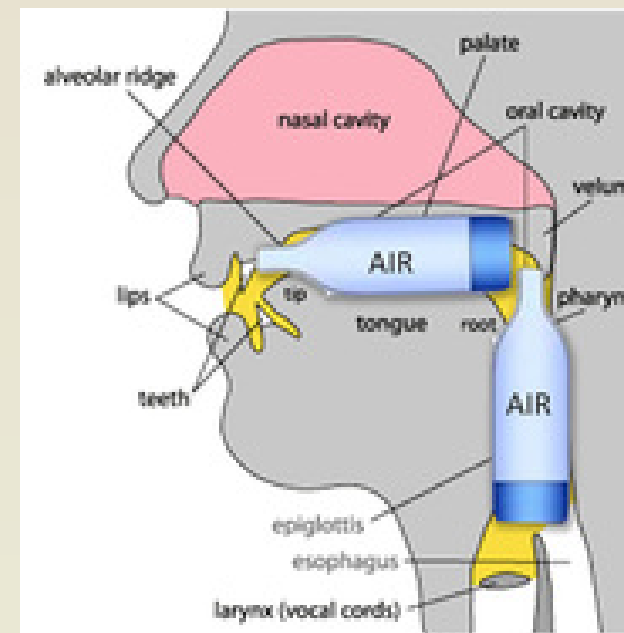
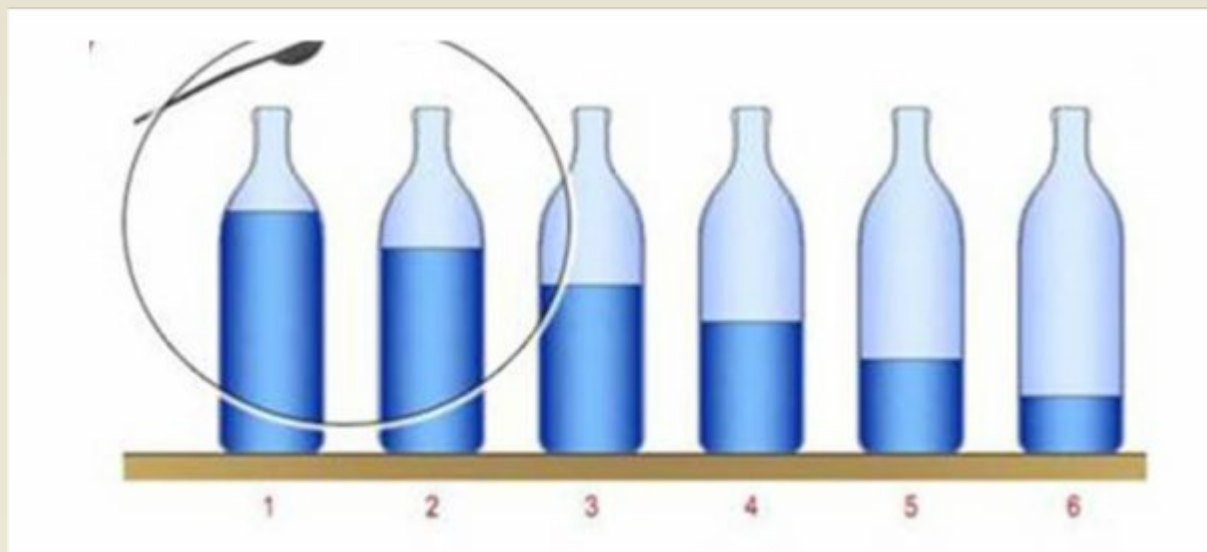




***SOUND MODIFICATION***  
***RESONANCE & ARTICULATION***  
***The Voice's Sound Filter***

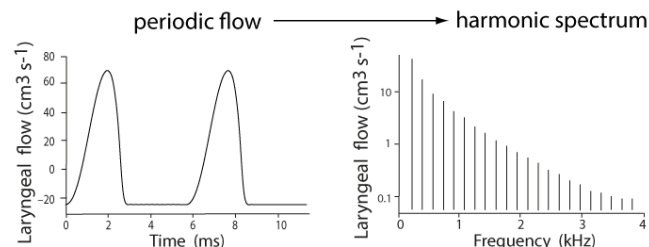
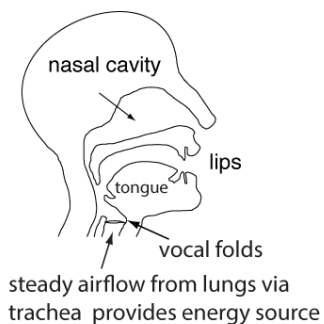


## *Formants and the Vocal Tract*



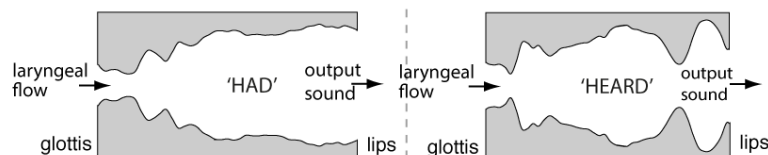
## SOURCE

The vocal folds undergo auto-oscillation and produce a pulsed laryngeal flow through the glottis, the oscillating gap between the folds

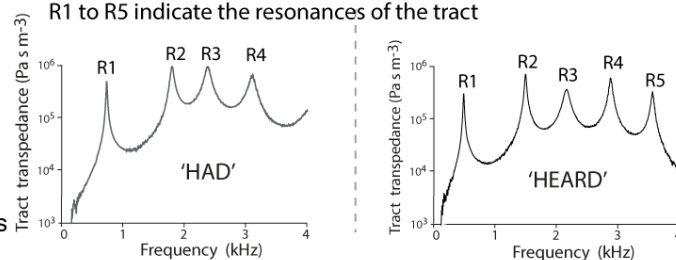
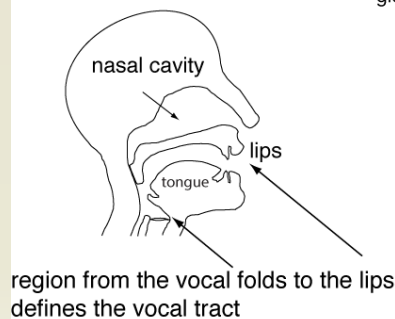


The periodic laryngeal flow then enters the downstream vocal tract  
Two different configurations show how the radius varies with distance along the tract. They correspond to the vowels in 'had' and 'heard'.

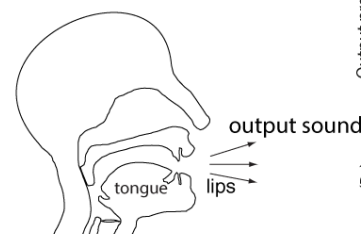
## FILTER



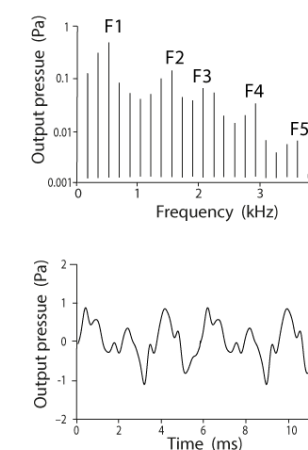
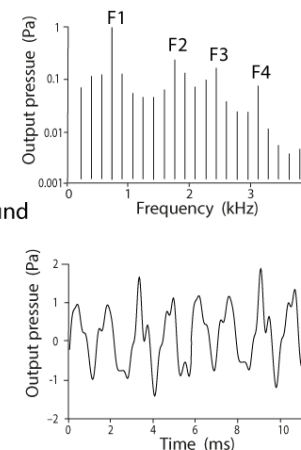
The 2 vocal tract models have the measured transpedances shown below.  
R1 to R5 indicate the resonances of the tract



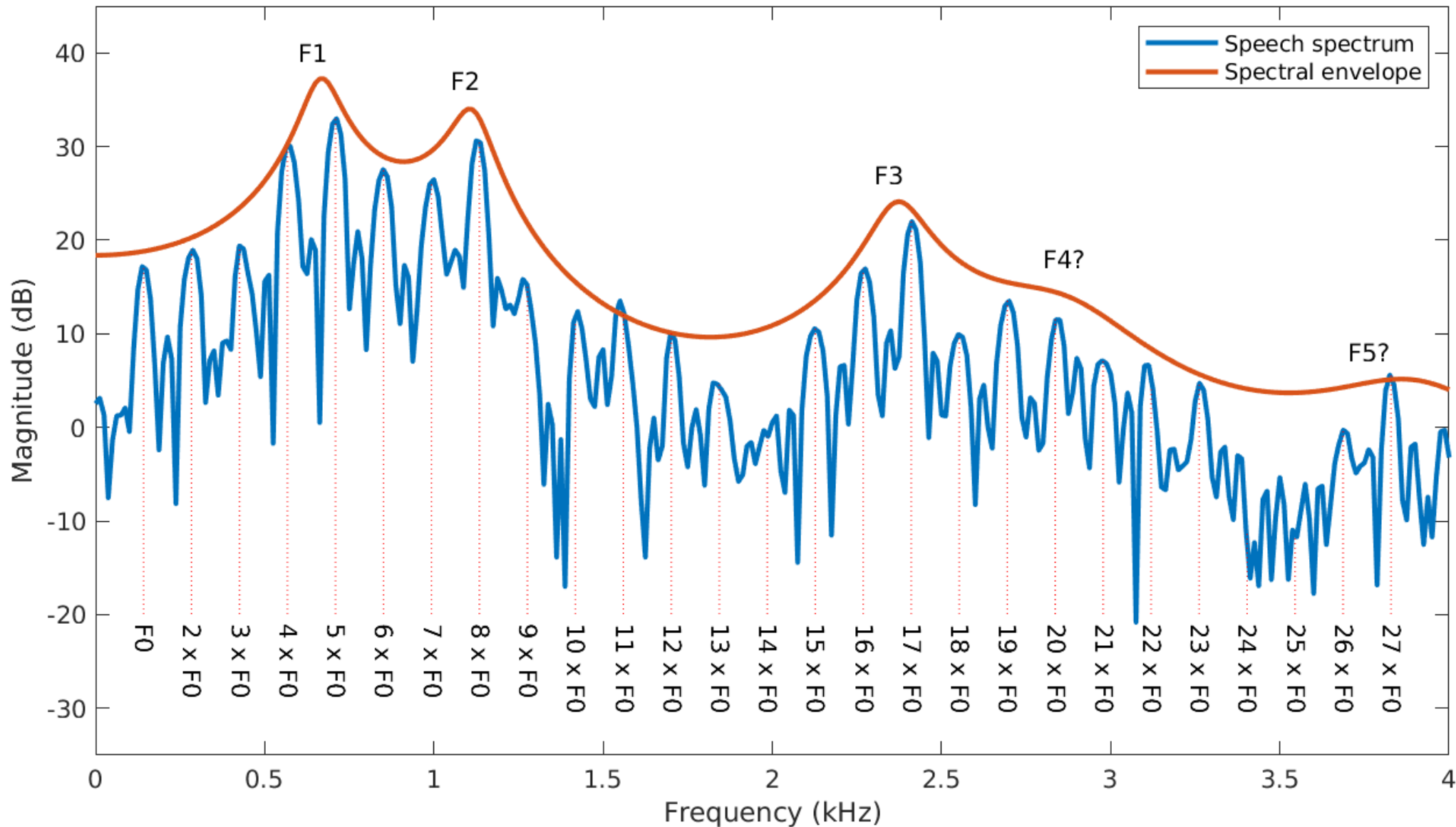
## OUTPUT SOUND



In a linear system the output sounds are the product of the source function and the filter function and will have the pressure spectra and waveforms shown below

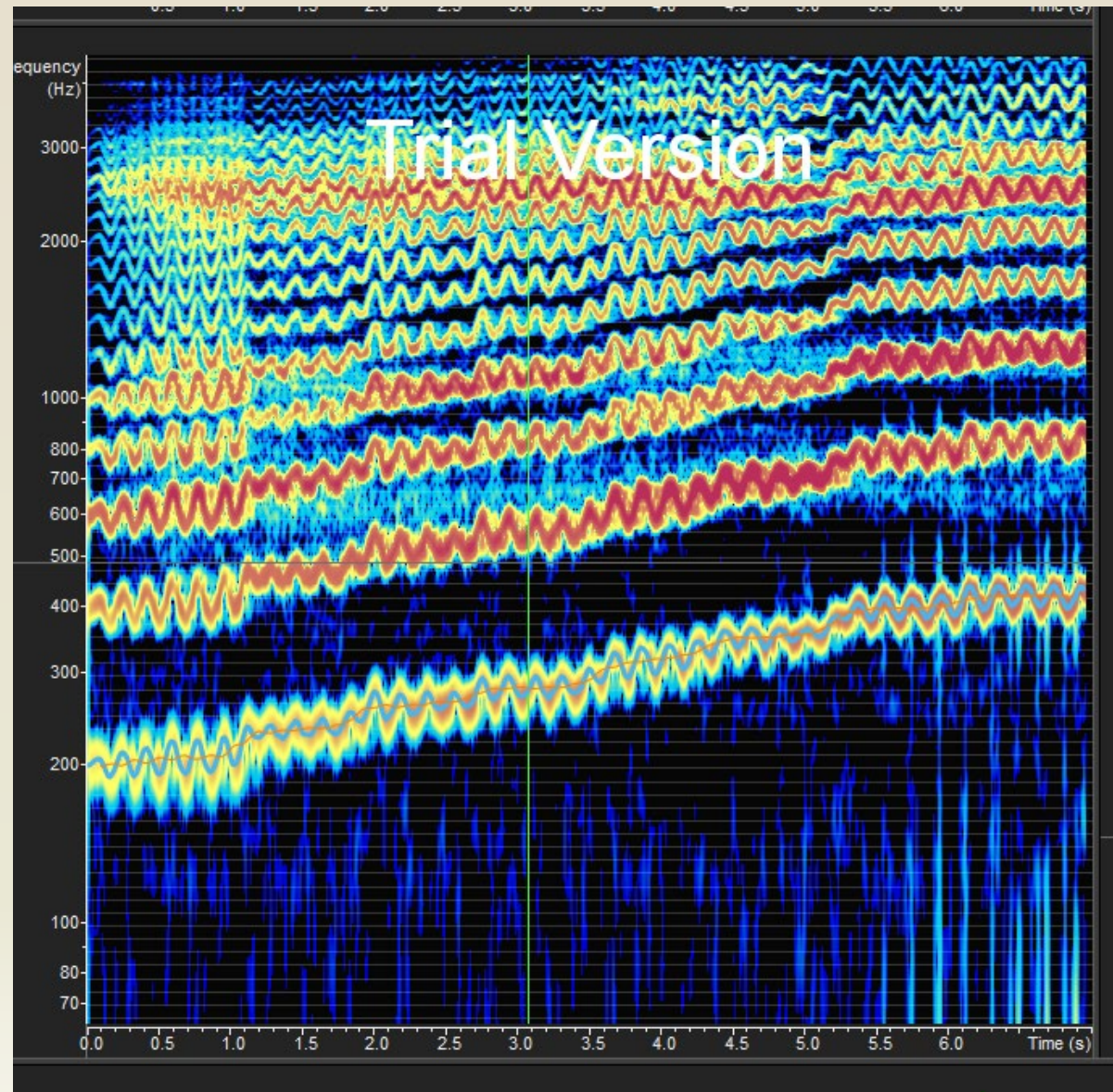


# Vocal Sound Spectrum and Envelope





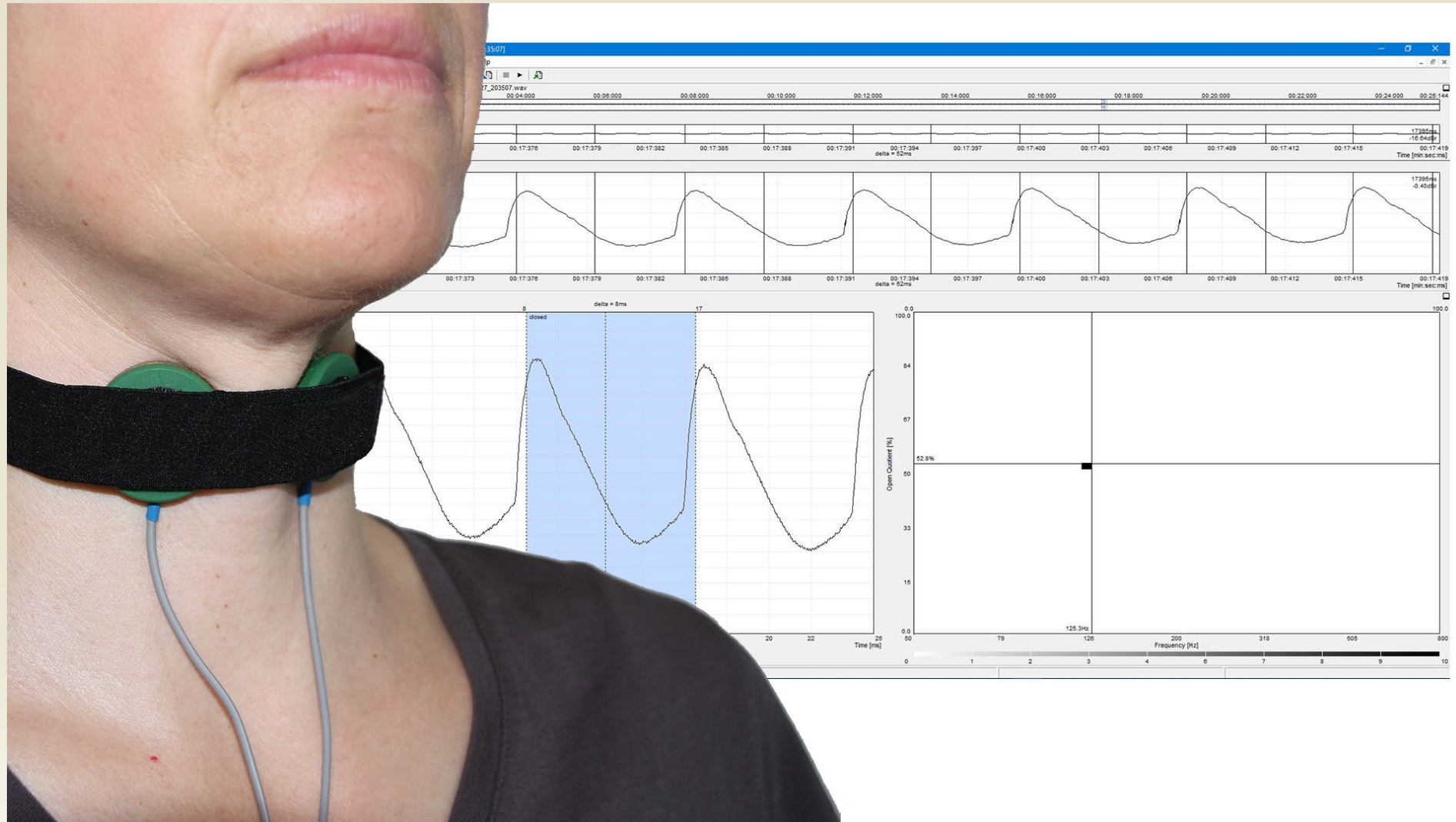
# Voice Spectrogram





# Vocal Folds Oscillogram

## Oscillation - Vibration

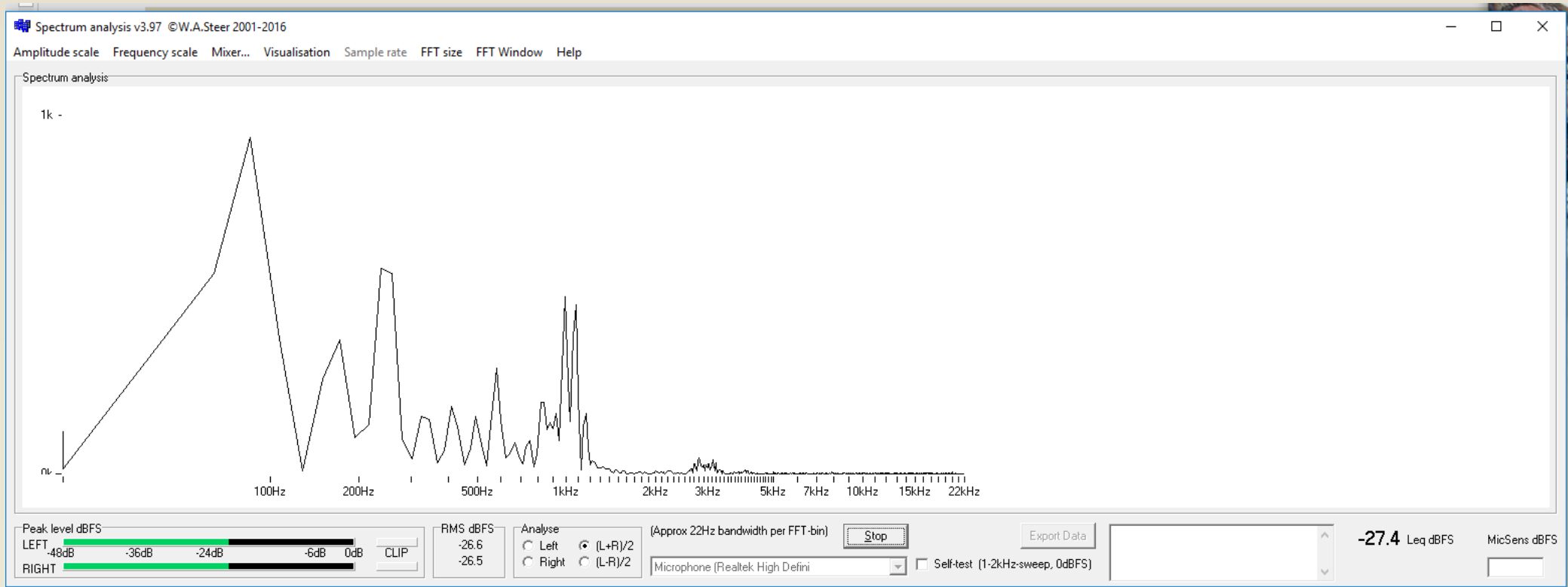




## *Exercises in Classroom*

- a. Speaking and Singing Differences*
- b. Speaking and Singing in Various Distances / Spaces*
- c. Singing Styles (Socio-political Conditions & Technology)*
- d. Hands Sound Modification*

# Formants and Vowels



<http://www.techmind.org/audio/specanalyzer.html>

use a suitable “Amplitude scale” (try to find one that doesn’t peak) – and a Logarithmic “Frequency scale”

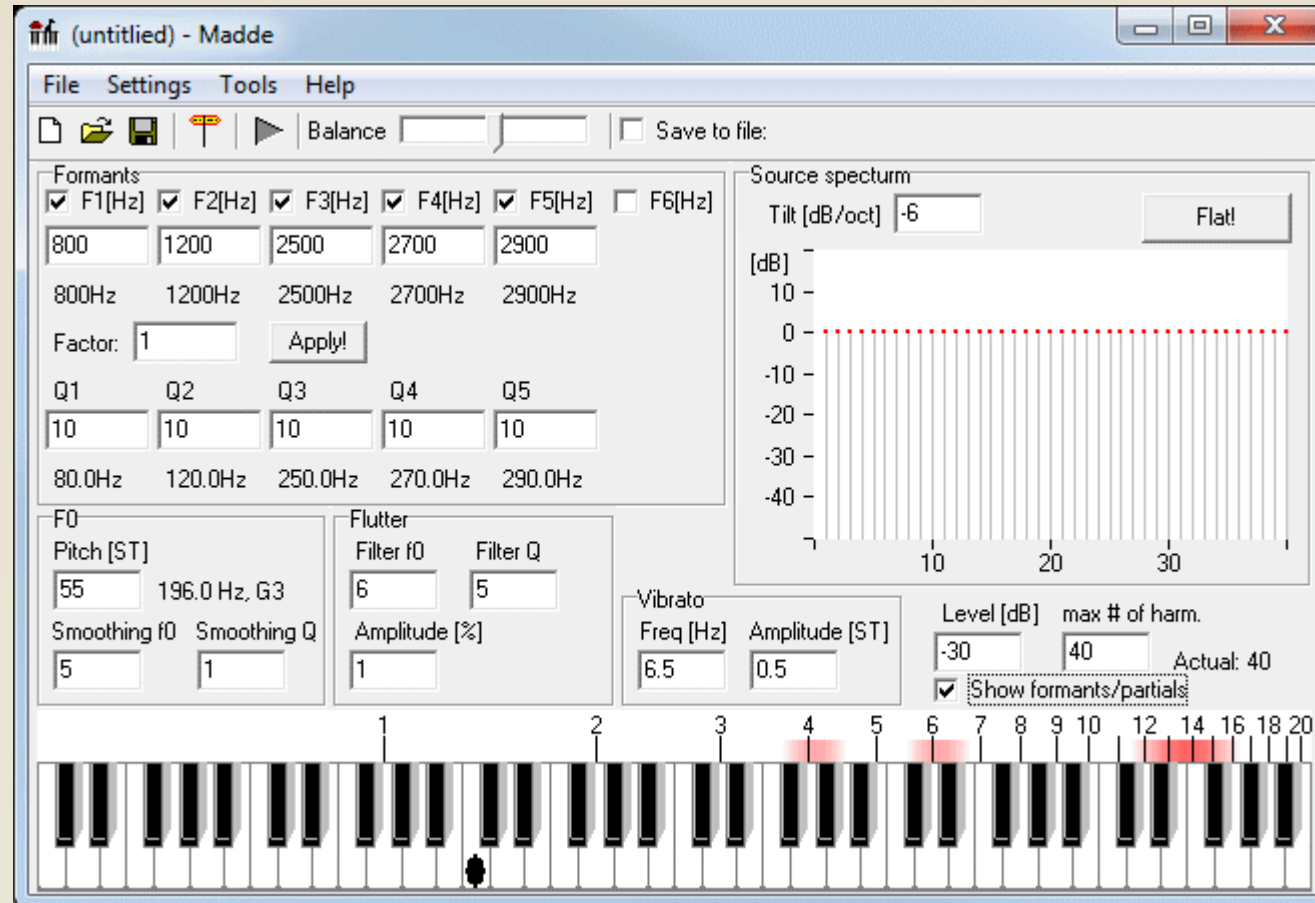
# Video Examples

<https://www.youtube.com/watch?v=QvzvFj0qEAc&t=19s>

<https://www.youtube.com/watch?v=wR41CRbljV4>



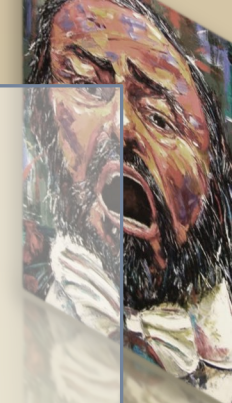


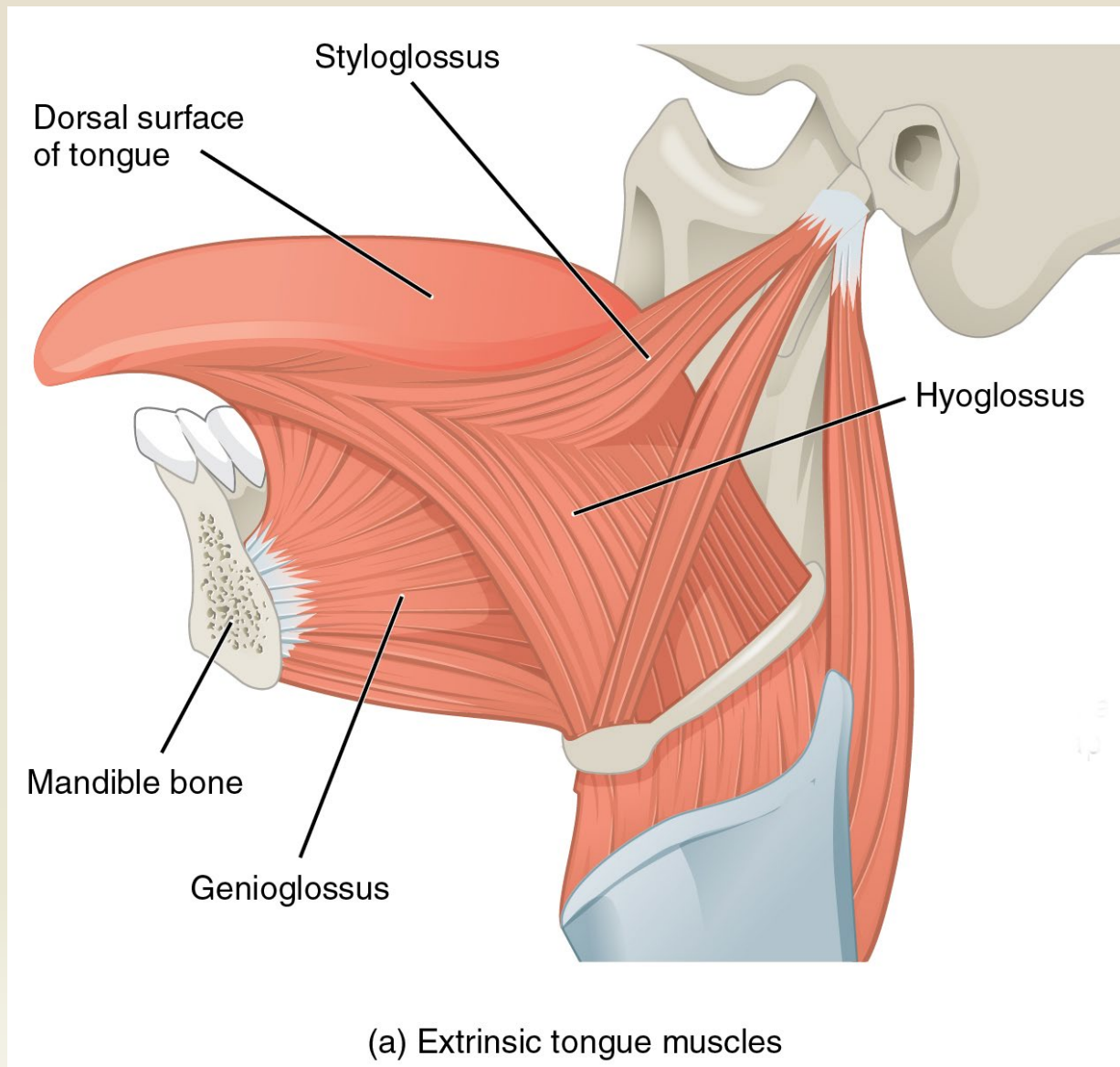


<http://www.tolvan.com/index.php?page=/madde/madde.php>

## Vowel Formants 1-3 Mean Frequencies

Vowel in	Men			Women			Children		
	F1	F2	F3	F1	F2	F3	F1	F2	F3
beat	270	2300	3000	300	2800	3300	370	3200	3700
bit	400	2000	2550	430	2500	3100	530	2750	3600
bet	530	1850	2500	600	2350	3000	700	2600	3550
bat	660	1700	2400	860	2050	2850	1000	2300	3300
part	730	1100	2450	850	1200	2800	1030	1350	3200
pot	570	850	2400	590	900	2700	680	1050	3200
boot	440	1000	2250	470	1150	2700	560	1400	3300
book	300	850	2250	370	950	2650	430	1150	3250
but	640	1200	2400	760	1400	2800	850	1600	3350
pert	490	1350	1700	500	1650	1950	560	1650	2150

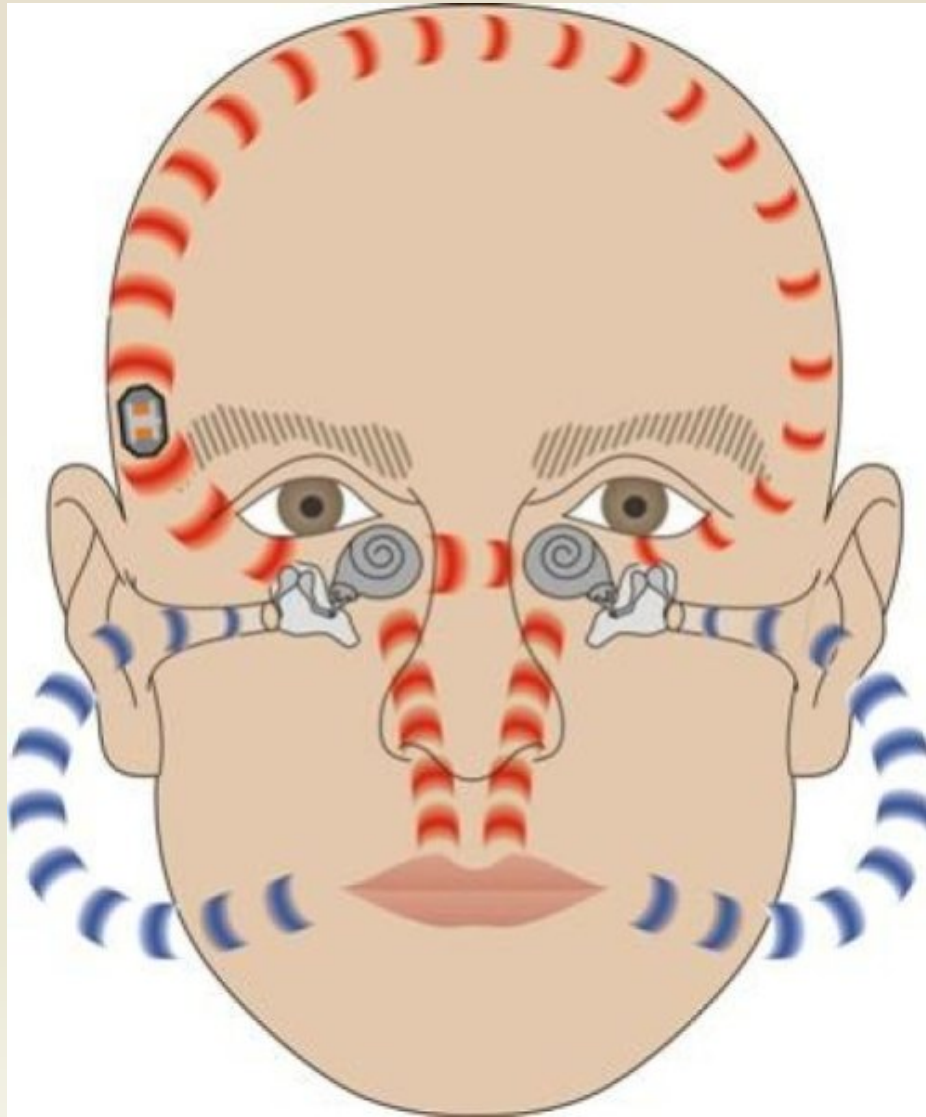




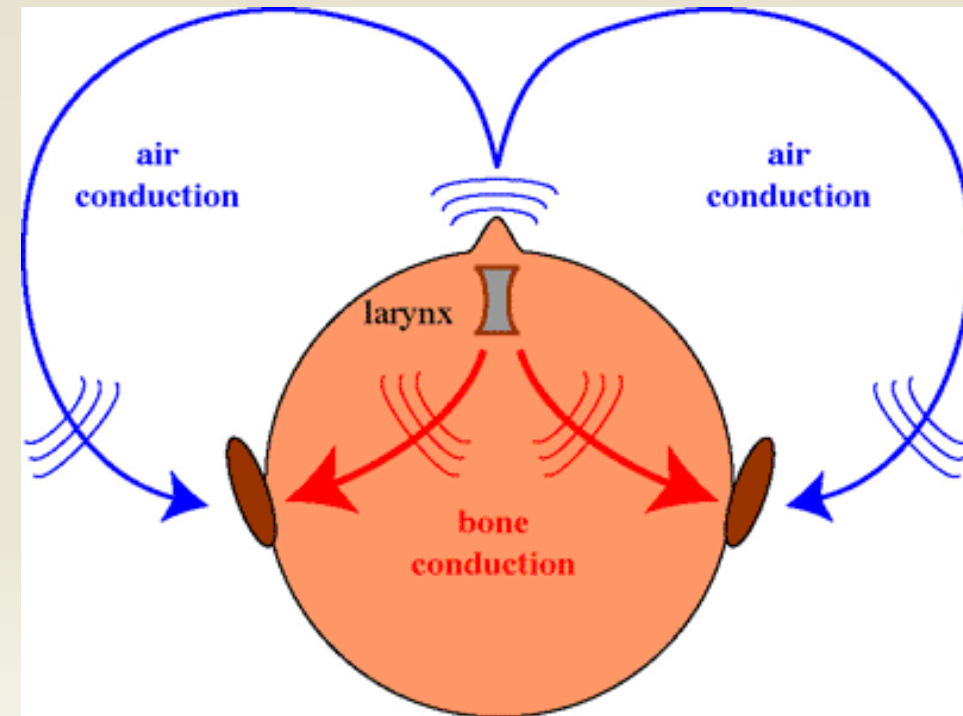


<https://www.youtube.com/watch?v=mB468Jh9aAY>





# Air conducted hearing and Bone conducted hearing



# Somatosensory Voice Control

## Successful professional operatic singers :

- have a particularly large **kinesthetic perception** of the "vocal instrument"

(Kleber , Veit , Birbaumer , Gruzelier , & Lotze , 2009)

- they gradually learn to **rely more on somatosensory**, rather than on the auditory feedback of the voice

(Kleber et al . , 2009; Kleber , Zeitouni , Friberg , & Zatorre , 2013; Zarate and Zatorre , 2008; Zarate , Wood, & Zatorre , 2010; Zarate , 2013) .

- the above increases **with experience and level of education**

(Zarate , 2013)



## Sensors for Voice Analysis:

### Acoustic analysis:

Various voice signal acoustical properties can be realized with data from such sensors, such as pitch estimation, formant analysis, singers' formant, spectral energy, sound pressure level (SPL) (Švec & Granqvist, 2018), harmonics-to-noise-ratio (HNR), jitter and shimmer (Teixeira et al., 2013). In all the above cases the sensor used is the microphone (Švec & Granqvist, 2010), while different types of microphones are used to better suit the conditions of each study (condenser and dynamic microphones, piezoelectric contact microphone). Accelerometers have also been used for some of these metrics, such as pitch estimation (Cortés et al., 2018), but also for metrics like SPL, cepstral peak prominence (CPP), and  $f_0$  (Cantor-Cutiva et al., 2025).

Voice acoustic analysis has found application in fields such as voice analysis for singers (Sangiorgi et al., 2005), children voice education (Wallace, 2020; Welch et al., 1989), clinical evaluation (Manfredi et al., 2017), and voice research (Manfredi et al., 2019).

**Motor functions (mostly respiratory):** accelerometers (Blanco-Almazán et al., 2019), electromyograph (Titze et al., 1989; A. H. D. Watson et al., 2012), mechanomyograph (Ramli et al., 2019), plethysmograph (Włodarczak, 2019), magnetometers (P. J. Watson & Hixon, 1985b), linear response transducer (Konno & Mead, 1967)., RespTrack System (Heldner et al., 2019), wearable surface electromyography collar (Reed et al., 2022).

A formant is a spectral peak of complex sound, including a range of frequencies. The maximum frequency within this range is the formant frequency.

Spectral energy, or spectral energy distribution of a vocal sound, is the distribution plot graph of energy, as a function of frequency, for all the different frequencies present in this vocal sound.

Sound pressure level (SPL) of a vocal sound is the level of pressure change to the ambient (usually atmospheric) pressure, caused by the wave of said sound. It can be measured through the movement it causes to a microphone membrane.

Shimmer and Jitter are deviations on the  $f_0$  between wave cycles. Shimmer is a disturbance in amplitude values and Jitter in frequency values.



## Sensors for Voice Analysis:

**Postural and kinetic analysis:** A special category of kinetic analysis systems is used for the estimation of body movement and skeleton tracking, which can be realized with the use of cameras with depth assessment capabilities, which utilize multiple 2D cameras, or specialized equipment with integrated time of flight, structured light and synchronized cameras technology (Cippitelli et al., 2015; Clark et al., 2019; Li et al., 2020; Ning, 2018; Xu et al., 2019).

**Respiratory air volume and speed:** spirometers (Ksinopoulou, H., Hatzoglou, C., Daniil, Z., Gourgoulidis, K., & Karetsi, 2016), pneumotachograph mask (Rothenberg, 1977), Accelerometers (Cortés et al., 2018).

**Air Pressure:** pressure sensors (D. Miller & Schutte, 1984).

**Articulators tracking:** electromagnetic articulograph (Dromey et al., 2018), imaging camera (Chawah et al., 2014; Yanagisawa et al., 1990), MRI (Nair et al., 2016), and ultrasound (Nair et al., 2016), electronic glossographer, X-ray tomography (Stulova, 2021).

**Vocal Tract / Tongue Contour:** ultrasound probe (Chawah et al., 2014).

**Blood/tissue oxygenation:** near infrared spectroscopy (NIRS), pulse oximetry (Kyriacou et al., 2018).

**Glottal Activity:** electroglottograph (EGG) (Herbst, 2020a), video-endoscope (Yanagisawa et al., 1990), kymography (Kumar & Švec, 2019), laryngoscope, oscilloscope, stroboscope (Stulova, 2021), accelerometers (Cortés et al., 2018).

**Brain activity:** functional magnetic resonance imaging – fMRI (Kleber et al., 2009, 2016; Zarate, 2013), electroencephalogram – EEG (Kleber et al., 2008).

**New generation of sensors:** During the last years there have been groundbreaking advancements in material science, allowing for the creation of new types of wearable sensors. These are usually made from newly-developed flexible and stretchable electronics and materials, and some even are nanomaterial-enabled (Yao et al., 2020). Such “Bio-integrated wearable systems can measure a broad range of biophysical, biochemical, and environmental signals to provide critical insights into overall health status and to quantify human performance” (Ray et al., 2019).





# Voice Aesthetic Foundations: Why 'Human' Matters



# Aesthetics and The “Human” Element in Opera

- *"Paradoxically enough, the public does not seem to want the 'perfect' voice, but rather, the ‘**human**’ voice." (Cooke, 1921, p. 10)*
- *Distinction between flawless technical execution and the emotive, 'human' quality in operatic performance*
  - *Public preference for individuality and **identity in a voice***
- *Maria Callas – known for a distinctive timbre yet considered one of the most influential opera singers.*
- *“**Una grande vociaccia**” (Tulio Serafin) Translation: A Great, Rough/Coarse Voice”*
- *Opera's **roots in Ancient Greek drama** and the emphasis on **catharsis** through dramatic representation.*



# Tragedy and Catharsis



*Tragedy is the imitation [mimesis] of an action that is heroic, complete, and of a certain size [...] accomplishing with pity and fear the **catharsis of these emotions.**"*

*(Aristotle, as translated by Pabst Battin, 1975, p. 294)*

# Technique as a Means to an End: “Empathy!”

- ❖ “drama *purifies the feelings of the audience*” (Huibin, 2017, p. 618)
- ❖ Role of *empathetic psychological phenomena, body resonance, and mirror neurons in connecting performers with the audience.*  
(Brown, 1996a; Mansouri & Madison, 2022; Blair, 2019)
- ❖ *Neuroscience* research supports the *engagement of the mirror neuron system during opera performances.* (Tanaka, 2021, p. 1)
- ❖ Opera singing techniques aim not just for aesthetic beauty but for *emotional resonance with the audience*





# Vocal Function and Immitation

- Mirror Neurons -> Neurons that are activated both when we do an action and when we observe a third party doing that action
- Auditory mirror neurons -> **Imitation of sound action**  
( Gazzola V, Aziz-Zadeh L, Keysers C (2006) *Empathy and the somatotopic auditory mirror system in humans* . Current Biology 16)
- Many linguists argue that **imitation of sounds** plays an important role in **learning to use language** ( Kymissis , E., & Poulson , CL (1990). The history of imitation in learning theory: The language acquisition process. Journal of the Experimental Analysis of Behavior , 54(2), 113-127
- Singing lessons ( **imitating a teacher** ) with subjective acoustic self-feedback
- But, “[...] if **imitation** should come to be the **sole resource** of lyric artists it would **disparage the art of singing**” Charles Battaille (1864): Pioneer in Vocal Science and the Teaching of Singing p.165
- Learning the different Music (and Vocal) Genre styles authentically through “Personal experience»



# Effects of Mastery and Simplicity in Technique

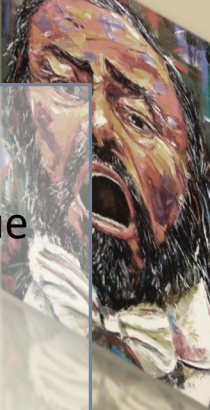
- ✓ *"When I hear **great singing**, it is as though I were listening to a **marvelous animal**. I believe this is why audiences are so **deeply moved** by great singing. At a subconscious level, **empathy** takes place when a singer shares his or her **primal sound**."* (Brown, 1996a, p. 4)
- ✓ *"Singing is such a stylized art form. Like ballet is to walking, [operatic] singing is to talking. In essence, it is **a cultivated scream**."* (LaBouff, 2008, p. vii)
- ✓ *"Singing is as demanding a performance art as any other. Simplicity is possible only when the **performance has become 'simplified'** through reliance **on well-programmed technical foundations**."* (Miller, 2011, p. 45)
- ✓ ***Great Opera artists'** singing "brings **tears** to our eyes or puts us on the **edge of our seats** in suspense. **We empathetically groan, moan, laugh, cringe, lament, rejoice, or become exhausted with despair**."* (Brown, 1996a, p. 5)





## ***Singing as a Balance:***

- ✓ *Discipline & Freedom*
  - ✓ *Conscious technique supports unconscious reflexes*
  - ✓ *Artist must feel free, not constrained by method*
- ✓ *Audience should not perceive difficulty → only expression*
- ✓ *True artistry = making the extraordinary seem simple*



## A Few Examples of voices with the **empathetic “Human” Element** of Freedom and Simplicity **Through** Technique From Various Genres

Callas (<https://www.ertecho.gr/radio/trito/category/trito-afieromata/ondemand/1161776/giati-i-kallas-me-ton-ari-xristofelli-02-12-2025/>)

Del Monaco (<https://youtu.be/EOk9AXRfe68?t=1158>)

Gigli (<https://www.youtube.com/watch?v=SiWa5S-1UrQ>)

Freddie Mercury (<https://www.youtube.com/watch?v=b0cBzrjw4zE>)

Sinatra (<https://www.youtube.com/watch?v=w019MzRosmk>)

Luis Armstrong and Dean Martin (<https://www.youtube.com/watch?v=4pTsWkCvACs>)

Celine Dion (<https://www.youtube.com/watch?v=epqYft12nV4>)

Κατίνα Παξινού (<https://www.youtube.com/watch?v=VJYSONVk7U0>)

Χρόνης Αηδονίδης (<https://www.youtube.com/watch?v=B7ovSoyQlfg>)

Ρόζα Εσκενάζυ (<https://www.youtube.com/watch?v=4Luxw7Lfqls>)



# ***Practical Experimentation in the Classroom***

- ✓ *Experiments with Software*
- ✓ *Experiments with Actual Singing*
- ✓ *Experiments with Sensors*

