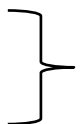


SUBJECTS OF PRACTICAL EXAMS IN BEACH VOLLEYBALL

1. **Passing:** 5 repetitions choosing one side of the court (evaluating the quality of the pass) *
2. **Setting (for attacking the ball):**
 - i. **Hand set** - 3 repetitions
 - ii. **Bump set** – 3 repetitions

Right and left side of the court *
3. **Attack:**
 - i. **Strong attack**
 - ii. **Shot**

3 repetitions guided at the half side of the court (predetermined)
4. **Service:** 5 repetitions (over hand) guided at the half side of the court (predetermined) *
5. **Blocking:** 3 jumps maintaining balance *
6. **Drop:** 3/ choosing one side of the court defending the ball *

* 2 out of 3 and 3 out of 5 tries must be successful in order to achieve the technical aspect